



**HELP IS HERE.**

## Walk-In

### Crisis Care Center

We provide immediate, face-to-face support for anyone experiencing an emotional, mental health, family or relationship crisis in a safe, welcoming space.

Open 24 hours a day,  
7 days a week.

Location:  
340 Montevue Lane  
Frederick, MD 21702

Scan for more info



## How does Walk-In work?

Available 24/7 without an appointment and at no cost to you.

Anyone under the age of 16 must be accompanied by a guardian.

Complete a short intake form with basic demographic information.

Meet with a Crisis Specialist to discuss current concerns.

Work together to develop a follow-up plan which can include a referral to peer support services, evaluation for medication management, and connection with community support.

Schedule follow-up contact.

### For more information

Dial 211, Maryland  
301-662-2255 Frederick County Hotline  
988 Suicide and Crisis Lifeline