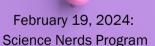


November 2023-March 2024 Volume 36, Issue 2

DATES TO REMEMBER:

November 4, 2023: Learning Day at Frederick Community College Registration CLOSED!



Two training sessions available in person in Frederick: More information to come!

Saturday April 20, 2024:

Early Childhood Connections Conference held in Garrett County Location: Wisp Resort

Topic: Outdoor Learning Look for registration in mid January

April 27, 2024: Frederick County Children's **Festival**

Committee meetings will begin in January, email childrensfestival@fcmha.org for more information







CONNECT WITH US



301-662-4549

Inclement Weather ext. 170



childcarechoices@fcmha.org



Mailing Address: 226 S Jefferson St. Frederick, MD 21701

Satellite Locations:
Carroll County
255 Clifton Blvd., Suite 319
Westminster, MD 21157

Washington County 138 W Washington St. Suite 212 Hagerstown, MD 21740

MEET OUR DIRECTOR



SARAH MARTIN ext. 117 smartin@fcmha.org

Location & Office Hours

Frederick County
Monday-Thursday 8:30am-4:30pm
Evening hours until 7:30pm on the 2nd
Wednesday of the month

Carroll County
Open by appointment only

Washington County
Open by appointment only

Offices will be closed on:
Thursday, November 23 & 24, 2023 (Thanksgiving)
Monday, December 25, 2023 (Christmas Day)
Monday, January 1, 2024 (New Year's Day)

Frederick County Child Care Market Study

CHILD CARE CHOICES invites Frederick County Providers to a series of conversations on rethinking the child care system in Frederick County with Jeanna Capito of Prenatal to Five Fiscal Strategies and the Frederick County Office for Children & Families which is currently conducting the Frederick County Child Care Market Study

Tuesdays: October 10, Nov 28, January 23 6:30 – 7:15 pm Register in advance. You'll receive a confirmation email with information on how to join

Contact Sarah Martin smartin@fcmha.org with any questions.

STAFF LISTING

Early Childhood Coaches

Melissa Brown; ext. 357 Early Childhood Manager mbrown@fcmha.org

Samantha Carter; ext. 327
Training Coordinator
scarter@fcmha.org

Terri Wilson; ext. 370
Training Assistant/Infant Toddler Specialist
twilson@fcmha.org

<u>Darlene Schmidt</u>; ext. 372 Early Childhood Coach dschmidt@fcmha.org

Kim Petty; ext. 175 Early Childhood Coach kpetty@fcmha.org

<u>Tara Younker</u>; ext. 112 Early Childhood Coach tyounker@fcmha.org

<u>Michele Stottlemyer</u>
Early Childhood Coach
mstottlemyer@fcmha.org

Family Resource Specialist

<u>Crystal Bowens</u>; ext. 371 Family Resource Specialist Manager cbowens@fcmha.org

> <u>Latoya Davis</u>; ext. 361 Idavis@fcmha.org

<u>Ula Slider</u>; ext. 368 uslider@fcmha.org

PERKS Coaches

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bcarter@fcmha.org

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PERKS Coach
gking@fcmha.org

Nomi Van Den Broeck; ext. 363
PERKS Coach
nvandenbroeck@fcmha.org

<u>Sade Spriggs</u>; ext. 130 PERKS Coach ssprggs@fcmha.org

Growing Opportunities for Family Child Care (GOFCC)

<u>Dawna Rodeheaver</u>; ext. 365 GOFCC Coordinator drodeheaver@fcmha.org

Alison Soldivieri; ext. 366 GOFCC Coach/Training Assistant asoldivieri@fcmha.org MD Medical Assistance
Program
800-456-8900
Project ACT
301-695-9505
410-828-7700
Information and Referral
Call 2-1-1
National Mental Health
Crisis and Suicide
Prevention Hotline
9-8-8
Poison Control
800-222-1222



Frederick County

MSDE Office of Child Care 301-696-9766

Child Care Food Program 301-600-6263
Child Protective Services 301-600-2464
Child Safety Seat Hotline 301-600-7328
Family Child Care Association of Frederick County: Maria Vionet,
President 240-409-4687 Northern Frederick Co. Early
Childhood Educators:
Heather Fitzgerald, President 301-748-8798
Child Care Subsidy Program 866-243-8796
Infants and Toddlers 301-600-1612
Child Find 301-644-5292
WIC 301-600-2507

Garrett County

MSDE Office of Child Care 301-334-3426
Child Protective Services 301-334-3005
Child Safety Seat Hotline 301-334-7730
Garrett County Early Childhood Professionals Association
Autumn Ramsey, President
301-895-5498
Child Care Subsidy Program 866-243-8796
WIC 301-334-7710
Infants and Toddlers/Child Find 301-533-0240

Allegany County

MSDE Office of Child Care 301-777-2385
Child Protective Services 301-784-7122
Child Safety Seat Hotline 240-727-4336
Allegany County Child Care Professionals Association
Tammy Courtney, President
301-689-9717
Child Care Subsidy Program 866-243-8796
WIC 301-759-5020

Carroll County

Infants and Toddlers/Child Find

301-759-2415

MSDE Office of Child Care 410-549-6489
Child Protective Services 410-386-3434
Child Safety Seat Hotline 410-876-4448
Family Child Care Association
Patti Jo Green, President 410-848-6686
Child Care Subsidy Program 866-243-8796
WIC 410-876-4898
Birth to Kindergarten 410-876-4437

Washington County

MSDE Office of Child Care 301-791-4585
Child Protective Services 240-420-2100
Child Safety Seat Hotline 301-790-8380
Washington Co. Child Care Provider's Association
Rocky Willis, President 301-524-4734
Professional Child Care Association of Washington County
Donna Tolland, President 301-432-4134
Child Care Subsidy Program 866-243-8796
WIC 240-313-3335
Birth to Kindergarten 301-766-2971



Overview of services



CHILD CARE CHOICES is a program of the Mental Health Association that provides early childhood services to programs, families, and partners.

WE OFFER:

TRAINING AND PROFESSIONAL DEVELOPMENT

- High-quality workshops at a low cost on topics such as discipline, observation, child development, curriculum, health & safety, special needs, and professionalism.
- Available for onsite workshops at child care centers
- NOW offering- family child care business series All Our Kin

FREE SERVICES

TECHNICAL ASSISTANCE AND SUPPORT

- Starting, expanding, and/or operating a child care center or family child care program.
- Assistance with MSDE Quality Initiatives such as Maryland EXCELS, the Maryland Child Care Credential and program accreditation
- Assistance with completing your CDA; including your portfolio & PD Specialist for your verification visit
- Practice Based one-on-one coaching and mentoring for your staff, assistance with room arrangement

PERKS-PARTNERSHIPS FOR EMOTIONALLY RESILIENT KIDS

- PERKS helps children, ages birth through five years old, with social, emotional or behavioral issues by:
 - Increasing child care provider and parent skills to deal with difficult behaviors
 - Developing partnerships between parents and early educators
 - Teaching children social and emotional skills
 - Offering technical assistance in person, by phone, or e-mail, as needed
 - Making appropriate referrals to outside resources

LOCATE CHILD CARE AND ASSISTANCE WITH CHILD CARE SCHOLARSHIP

We serve:

- LOCATE: Child Care help families identify high quality care
- Assistance for families to navigate the Child Care Scholarship process
- Link to family education opportunities
- Family Navigation services to help families access resources within their community

GROWING OPPORTUNITIES FOR FAMILY CHILD CARE (GOFCC)

 Provides intense and targeted training, coaching, and resources to support interested individuals in opening and operating a family child care business.

> For additional information please call 301-662-4549 or email childcarechoices@fcmha.org You can find us on the web: www.fcmha.org and on Facebook: Child Care Choices







Funding Available

Maryland Child Care Credential

3 Easy steps to get extra cash in your pocket!

Become credentialed with the help from an Early Childhood Coach.

- 1. Complete the MD Child Care Credential application
 - 2. Gather Training Certificates
- 3. Connect with Child Care Choices for ideas on how to earn
 Professional Activity Units (PAU's)
 GET PAID

A bonus check for MD credential levels 2 and up. Contact an Early Childhood Coach!

Going to ONE STOP PORTAL!

Also earns you training vouchers/reimbursement, up to \$400 a year for level 2 and higher! Call us to find out more!

Call us to have a coach come to you or your program!

CDA

Earning Your CDA is FREE* and Puts Money in Your Pocket! *A \$425.00 value!!

With the support of Kim, Melissa, and Darlene you can earn your CDA in record time.

The Maryland State Department of Education, Division of Early
Childhood will provide funding

to support child care providers with obtaining their Child Development Associate® (CDA)

Credential™ from the Council for Professional Recognition.

We can help you find a Professional Development Specialist (PDS) for your verification visit.

NEW MSDE is now funding your CDA training! Call us for more information

**Earning your CDA can help you achieve a level 4 in the MD Credential and earn college credit at participating community colleges!!

For more information, contact an Early Childhood Coach.

Call us if you need help scheduling a validation visit!

The Child Care Career and Professional Development Fund:

The MSDE CCCPDF grant pays for educators who are credentialed at level 2 or higher. An award under the Fund can be used toward the cost of tuition, college fees and textbooks. The funds can only be used toward completion of a two year or four year college degree in an approved field. Students "pay back" the grant by working in licensed child care for 2 years after the Associate degree or four years after a Bachelor's Degree. Please contact the coordinator for your county for more information.

NEW FUNDING NOW AVAILABLE FOR MASTER'S DEGREE

Allegany County/Garrett County — Frostburg University Stacey Park: 240-527-2733 / Slpark@frostburg.edu

Carroll County — Carroll Community College
Jess Sichel: 410-386-8383 / JSichel@carrollcc.edu

Frederick County — Frederick Community College Delaine Welch: 301-846-2559 / dwelch@frederick.edu

Washington County — Hagerstown Community College Alison Hess: 240-500-2615/ amhess@hagerstowncc.edu

Deadlines

First-time applications—due by March 1st Continuation applications—due by June 30th

If you are currently not in the program, reach out to the point of contact at the college you prefer to ensure you are ready for the next round!

Participation in the Maryland Child Care Credential is a critical first step! Contact Child Care Choices at Childcarechoices@fcmha.org to start that process now!

REGISTRATION policies

Four ways to register:

Call 301-662-4549 Monday through Thursday 8:30am-4:30pm

Online at https://training.fcmha.org/CVSFLis
tfull.aspx

Registrations may be mailed to: Child Care Choices 226 S. Jefferson Street Frederick, MD 21701

Fax registration to 301-695-4826

- Pre-registration and pre-payment are required for all trainings. Returned check fee is \$20.
- Registration fees are non-refundable unless a class is cancelled by Child Care Choices. You must notify us one business day in advance in order to substitute another person, transfer to another workshop or receive credit towards future workshops. After hours, leave a message on extension 170.
- A class may be cancelled if it does not have eight or more participants registered one week prior to the starting date.
- You must be present and active in the class for an entire workshop to receive a certificate for the credit hours. Participants signing in or arriving late will not receive a certificate, credit, or refund.
- Webinar participants must use a computer or a tablet, a phone is not acceptable.
- You will not receive credit hours if you have already taken a Child Care Choices training session of the same title or content with the same instructor.
- Workshops are designed for adults—children are not permitted during a
 webinar or in-person training. Please note if children are present, you
 may be asked to sign out/leave without a refund or credit.
- Professional conduct and participation are expected from all training participants.
- Certificates will be sent at the conclusion of each workshop. Training certificates will be mailed within five business days of the conclusion of the class (Monday-Thursday). All of our classes include an assessment component to allow participants to earn Core of Knowledge hours.
 Assessments must be turned in (via google form for webinars) to ensure that the attendee has met the class objectives and gained the knowledge necessary to receive a Core of Knowledge certificate. CCC will offer further assistance to participants who do not meet or exceed the outlined objectives.
- For inclement weather cancellation information or to leave a training related voice mail after hours, please call Child Care Choices at 301-662-4549 when the automated system answers, dial 170.

Child Care Choices training workshops provide MSDE Office of Child Care approved training credits for early education providers. Workshops are also open to parents, teachers, and others who share an interest in children's growth and development. MSDE Office of Child Care Approval Number CKO-156225, expires 01/01/2026.

Training Descriptions November 2023

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
So What Are PAU's and How Do I Get Them? Wed., November 15, 2023 6:30pm-8:30pm	Participation in activities that contribute to the professional growth and career development are important to maintain a high level of professionalism. In this workshop we will take a look at professional activities and how they can be applied to the MD Child Care Credentialing program.	2hrs Community CDA area 6 \$10 Webinar - ZOOM Christie Berkey
Toddler Patterns of Learning: Play Schemas Thurs., November 16, 2023 6:00pm-9:00pm	Young children exhibit repeated patterns in play called schemas that help them to formulate knowledge. In this workshop we will take a closer look at play schemas and how they can help inform planning to meet the needs of children.	3hrs Child Development CDA area 8 \$15 Webinar - ZOOM Michele Stottlemyer
Center Aide Orientation Tues., November 28, 2023 6:00pm-9:00pm	This workshop satisfies the regulatory requirement for child care center aides. Participants will review professionalism, the basic of supervisions, and interacting with families.	3hrs Professionalism CDA area 5 \$15 Webinar - ZOOM Aurora Sanchez

INFANT AND TODDLER SERVICES

Child Care Choices invites you to access our FREE Infant and Toddler Services. Our coaching services focus on providing developmentally appropriate and high-quality care for children birth to three years of age. Consultations can be reached through phone, email, in-person or virtual.

How we can help.....

Assist with ITERS
CDA and Credentialing Assistance
Classroom Environment Assessment
Classroom Environment Arrangement
Concerns about Behaviors and Delays
Curriculum Selection and Support
Daily Schedules
Environment
Expansion of Infant and Toddler Care
Lesson Planning
Material Selection
Training





Training Descriptions December 2023

Course & Date	Course Description	COK, Cost, Location & Traine
Cultural Competency in Early Childhood Education Thursday, December 7, 2023 6:00pm-9:00pm	Participants will explore different topics relating to culture and cultural competence in early childhood programs. By engaging in self-reflection and small group discussion, participants will create plans to enhance relationships and increase inclusive practices.	1.5hrs Professionalism & 1.5hrs Community CDA area 3 \$15 Webinar - ZOOM
EMS CPR and First Aid Combo Saturday, December 9, 2023 9:00am-12:00pm	This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.	\$80 Child Care Choices - Frederick County Crystal Curry
Basic Health & Safety Training with Supporting Breastfeeding in Child Care Tuesday, December 12, 2023 6:00pm-9:00pm	This workshop provides an overview of basic health and safety topics including the prevention and control of infectious diseases, SIDS, shaken baby syndrome and others. This workshop will satisfy the COMAR required training per federal CCDBG/CCDF guidelines as indicated by MSDE	3hrs Health, Safety and Nutrition CDA Area 1 \$20 Webinar - ZOOM
I Want my Baby to Read Thursday, December 14, 2023 6:00pm-9:00pm This workshop helps teachers understand important skills that children must possess for success in school and in life.		3hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Michele Stottlemyer
Medication Administration Saturday, December 16, 2023 9:00am-3:30pm	This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.	6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Carroll County
Big Anxiety, Small Child Tuesday, December 19, 2023 6:00pm-9:00pm	This training will introduce participants to anxiety and how this disorder impacts young children. Participants will learn what normal behavior is and what warrants a referral. Through cooperative learning experiences, a video clip and brainstorming activities participants will become knowledgeable on what are normal worries for young children and what is atypical. Classroom strategies and resources will be shared to ensure educators leave with a toolkit of ideas and strategies to assist preschool children who may have anxiety.	3hrs Special Needs CDA Area 8 \$15 Webinar - ZOOM Emily Tex

Training Descriptions December 2023

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
Community Collaboration and Learning Around Town Wed., December 20, 2023 6:00pm-9:00pm	When schools, families, and community groups work together to support learning, children tend to do better in school, stay in school longer, and like school more. In this workshop, participants will learn about how the community impacts children's learning, how family systems interact within the community and that collaborative partnerships benefit children.	3hrs Community CDA Area 4 \$15 Webinar - ZOOM Kathy Bish

Training Descriptions January 2024

To register, effect of the course title			
Course & Date Co	ourse Description	COK, Cost, Location & Trainer	
Success over Stress: Gain Control of Your Life Tuesday, January 9, 2024 6:00pm-9:00pm	Working full time, providing quality child care and managing your personal life can lead to large amounts of stress. Learn how to recognize and manage stress triggers and gain control of your life.	3hrs Health, Safety, and Nutrition CDA Area 6 \$15 Webinar - ZOOM Aurora Sanchez	
Including All Children and the Americans with Disabilities Act Thursday, January 11, 2024 6:00pm-9:00pm	Workshop will cover information, strategies and resources on how to develop and implement an early childhood environment that is inclusive all children and their families. The principles of the Americans with Disabilities Act will be covered using best practices standards to create policies and procedures that reflect the ADA and strategies for inclusion. This will meet the licensing requirement for the Including All Children and the ADA Training.	\$20 Webinar - ZOOM	
Medication Administration Saturday, January 13, 2024 9:00am-3:30pm	This MSDE OCC approved workshop teaches child care providers to safel administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.	6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Washington County Melanie Conway	
Working with Mixed Age Group Wednesday, January 17, 2024 6:00pm-9:00pm	Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategie to overcome challenges, create daily schedules and meet the needs of each child.	2hrs Child Development & 1hr Curriculum CDA Area 1 \$15 Webinar - ZOOM Christie Berkey	

Training Descriptions January 2024

Course & Date	Course Description	COK, Cost, Location & Traine
Chatting with Children: Interactions that Go Places Thursday, January 18, 2024 6:00pm-9:00pm	Chatting with children is a very basic way to share information as children go about their play. Sitting and talking about what is going on both teacher and child can learn. A teacher can make observations that lead to lesson planning; and the child can gain new vocabulary, synthesize information, and talk about their project which gives them new insight and leads to knowledge building.	
EMS CPR and First Aid Combo Saturday, January 20, 2024 9:00am-12:00pm	This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.	Carroll County
Reporting Child Abuse and Preventing Bullying Tuesday, January 23, 2024 6:00pm-9:00pm	Did you know that child care providers are mandated by law to report chil maltreatment? In this training you will develop a policy for preventing and reporting child abuse as well as the signs and symptoms of bullying behaviors and victims' behaviors	
Introduction to the Maryland Credential Wednesday, January 24, 2024 6:30pm-8:30pm	The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on the how to participate in the Maryland Child Care Credential this worksho is for you!	\$5 Webinar - ZOOM
Infants and Toddlers Developing a Sense of Self Thursday, January 25, 2024 6:00pm-9:00pm	As infant and toddler caregivers, our values and practices shape our responses to the children we care for and children quickly become sophisticated in interpreting our behaviors and responses. Infants take these adult responses to heart and incorporate them into their sense of self. It is our responsibility to respond in ways that keep infants rooted in their culture and firmly attached to their family. This interactive training will explore how children develop a sense of self though interaction with and how caregivers can support these interactions with specific "Caregiving Gifts" that help support a healthy social identity and sense of belonging.	1hr Child Development, 1hr Community & 1hr Professionalism CDA Area 8 \$15 Webinar - ZOOM Nicole Pierre

Training Descriptions February 2024

Course & Date	Course Description	COK, Cost, Location & Trainer
Medication Administration Saturday, February 3, 2024 9:00am-3:30pm	This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.	6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Frederick County Amanda Williams
Building Classroom Communities Wednesday, February 7, 2024 6:00pm-9:00pm	This training addresses the various components involved in creating a supportive classroom community. In such a classroom environment, teachers and children come to know and care about each other and develop mutual regard and concern for each other, so that everyone can learn and grow. The training explores the three major leadership styles and their impact on a classroom, and it demonstrates how to utilize essential skills for building positive relationships between all staff and children. Throughout the training, the elements of a caring classroom community are identified. It ends with practical strategies to create a personalized action plan for building a classroom community in your current classroom.	1.5hrs Community & 1.5hrs Curriculum CDA Area 5 \$15 Child Care Choices - Frederick County Bunny Egerton
New! <u>Learning Math with Dollar and</u> <u>Thrift Store Finds</u> Thursday, February 8, 2024 6:00pm-9:00pm	Young children love to think and figure things out – reasoning - they do it all day. Math is about thinking, figuring things out and reasoning. Math manipulatives do not have to cost a fortune, many materials can be found at the local dollar store or thrift shop that support mathematical thinking processes.	3hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Michele Stottlemyer
EMS CPR and First Aid Combo Saturday, February 10, 2024 9:00am-12:00pm	This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.	\$80 Child Care Choices - Washington County Crystal Curry
Understanding Attention Deficit Hyperactivity Disorder Tuesday, February 13, 2024 6:00pm-9:00pm	Participants will gain an understanding of ADHD/ADD behaviors, diagnosis procedures and strategies for overcoming challenging behaviors from children with ADHD/ADD.	3hrs Special Needs CDA Area 8 \$15 Webinar - ZOOM Emily Tex
Basic Health & Safety Training with Supporting Breastfeeding in Child Care Thursday, February 15, 2024 6:00pm-9:00pm	This workshop provides an overview of basic health and safety topics including the prevention and control of infectious diseases, SIDS, shaken baby syndrome and others. This workshop will satisfy the COMAR required training per federal CCDBG/CCDF guidelines as indicated by MSDE	3hrs Health, Safety and Nutrition CDA Area 1 \$20 Webinar - ZOOM Colleen Ford

Training Descriptions February 2024

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
More Than a Fence: Reimagining Outdoor Spaces for Young Children Wednesday, February 21, 2024 6:00pm-9:00pm	Often overlooked as a potential space for exploration, this workshop explores how a fence in the outdoor learning environment can be transformed. Learn ways to create a unique place of wonder and exploration accessible to all children – when a fence becomes a magical place for play.	3hrs Curriculum CDA Area 1 \$15 Webinar - ZOOM Kathy Bish
Rethinking the Environment to Spark Curiosity using Creative Containers Thursday, February 22, 2024 6:30pm-8:30pm	What if the primary job of a containers in the classroom was not to just hold the materials within, but to spark children's interests and engagement with their contents. This workshop focuses creating an engaging environment sparking children's interest through creative use of unconventional containers.	2hrs Curriculum CDA Area 1 \$10 Child Care Choices - Carroll County Jacelyn Swilling
Story Stretchers for Infants and Toddlers Tuesday, February 27, 2024 6:00pm-8:00pm	Infants and toddlers are naturally curious about the world around them, children's literature is a great tool to enhance this curiosity. In this workshop we will look at various children's books and extension activities to help our youngest learners gain a better understanding of the story.	2hrs Curriculum CDA Area 2 \$5 Garrett College 687 Mosser Rd., McHenry MD 21541 Darlene Schmidt
New! Everybody Plays, Everybody Wins: Strengthening Children's Lives with Successful Physical Activity Experiences Tuesday, February 27, 2024 6:00pm-9:00pm	Join us to learn non-competitive gross motor games and activities which build children's physical strength and abilities, release energy, develop language skills and focus, and support peer cooperation. Learn why physical, large body movement is an important key to children's overall health and development. We will identify what skills are developed through participation in gross motor activities in order to document children's progress.	3hrs Curriculum CDA Area 2 \$15 Child Care Choices - Frederick County Margie Powell

PENAS

PERKS is a free, voluntary, on-site prevention program and is most effective when challenging behaviors are addressed early. Early identification and support will help teachers feel more empowered to handle challenging behaviors, which in turn can reduce frustration and burnout. In addition to child-specific cases, PERKS consultants can provide coaching to help support teachers with classroom-wide concerns. Although PERKS does not provide therapy or one-on-one support for children, consultants will connect families to resources as necessary.



Early Childhood Connections
Wisp Resort
Saturday, April 20, 2024
More information to come via email and facebook in late January/early February

Training Descriptions March 2024

Course & Date	Course Description	COK, Cost, Location & Trainer
Engineering with Simple Machines in the Preschool Setting Tuesday, March 5, 2024 6:00pm-9:00pm	Science is so fascinating because it is literally all around us, and simple machines are the perfect examples! We use them daily, often without even realizing it. Young children are fascinated by machines they see in their daily lives and in the media. This workshop explores opportunities for young children to wonder and innovate using simple machines and to build scientific thinking skills along the way.	3hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Aurora Sanchez
R.E.S.P.E.C.T: What Infants and Toddlers Want Tuesday, March 5, 2024 5:30pm-7:30pm	Participants will enhance their relationships and interactions with infants and toddlers in their care by learning to engage in respectful exchanges with children; and to recognize each child as a unique individual.	2hrs Child Development CDA Area 8 \$5 LaVale Library 815 National Highway LaVale, MD 21502 Darlene Schmidt
Understanding Playground Safety Wednesday, March 6, 2024 6:00pm-9:00pm	This course is designed to assist child care providers in becoming more prepared for a fun and safe playground. Learn the role of the child care provider in supervising and implementing safety procedures, from age appropriate and accessible playground equipment to appropriate supervision, and safety checks.	3hrs Health, Safety, & Nutrition CDA Area 1 \$15 Child Care Choices - Frederick County Margie Powell
Transition Techniques Tuesday, March 12, 2024 6:00pm-9:00pm	How long can a child wait? How many transitions do you have during the day? A transition is any time a child shifts from one activity to another, some are planned and some are not. We will discuss development, social emotional skills, how long children can wait and then join forces to come up with CSEFEL based transition techniques that will be very effective in making those transitions easier and flow smoothly.	3hrs Child Development CDA Area 5 \$5 Child Care Choices - Washington County Tara Younker
Creating a Stress Reducing Environment for Children of All Ages Wednesday, March 13, 2024 6:00pm-9:00pm	Stressors in children, ages 2 through12; what the stressors are; how these stressors can be addressed. The purpose of this training is to look at the increasing level of stress found in children ages 2 through 12, and what can be done to help these children cope with their stress and anxiety. The areas that will be presented include: what causes stress, how young children exhibit stress, what techniques child-care providers can use to help lessen that stress, and how to establish collaboration between providers and parents to reduce the impact of stressors on young children.	1hr Child Development, 1hr Curriculum & 1hr Health, Safety and Nutrition CDA Area 3 \$15 Webinar - ZOOM Christie Berkey

Training Descriptions March 2023

Course & Date	Course Description	COK, Cost, Location & Trainer
Growing STEM Minds Thursday, March 14, 2024 6:00pm-9:00pm	The importance of STEM education in early childhood will be discussed. Participants will be provided with examples of activities and resources to use when incorporating science, technology, engineering, and mathematics thinking into their setting. Hands on STEM activities for mixed ages will also be utilized.	3hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Kathy Bish
EMS CPR and First Aid Combo Saturday, March 16, 2024 9:00am-12:00pm	This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.	\$80 Child Care Choices - Frederick County Crystal Curry
Understanding Linguistic and Cultural Diversity and Language Acquisition Tuesday, March 19, 2024 6:30pm-8:30pm	This training explores best practices for working with children who are English Language Learners to help them be successful participants in their preschool setting, while supporting their ability to learn English. Participants will learn the stages of second language acquisition and ways to help support children as they move through each phase. Participants will also learn a variety of strategies for supporting children in the classroom and working with families to create a successful learning environment.	1hr Child Development & 1hr Special Needs CDA Area 8 \$10 Webinar - ZOOM Nicole Pierre
Nurturing Amazing, Brainy Babies! Wednesday, March 20, 2024 6:00pm-9:00pm	This training provides an overview of some theoretical principals and foundational ideas, practices and strategies that can enable providers to enhance a young child's development. Knowledge and understanding of infant toddler growth, learning and development are key to building supportive relationships with children, and planning developmentally appropriate environments and experiences.	2hrs Child Development & 1hr Curriculum CDA Area 2 \$15 Child Care Choices - Carroll County Jacelyn Swilling
Including All Children and the Americans with Disabilities Act Thursday, March 21, 2024 6:00pm-9:00pm	Workshop will cover information, strategies and resources on how to develop and implement an early childhood environment that is inclusive to all children and their families. The principles of the Americans with Disabilities Act will be covered using best practices standards to create policies and procedures that reflect the ADA and strategies for inclusion. This will meet the licensing requirement for the Including All Children and the ADA Training.	3hrs Special Needs CDA Area 6 \$20 Webinar - ZOOM Michele Stottlemyer

Child Care Choices Workshop Registration

226 South Jefferson Street, Frederick, MD 21701 * 301-662-4549

Participant Name: _			
I am a : Center/F	Preschool Director Ce	nter/Preschool Educator	Register by phone 301-662-4549
Family C	hild Care Educator Po	tential Family Child Care	Educator Childcarechoices.in
 Other:			registration form
Home Address			
		Street	
City	State	Zip Code	County
Phone: Email:	home,	work or cell phone (circ	de one)
	Workshop	Policies	
signing below, you are ac	knowledging that you have	read and agree to abide by	all of our registration policies
	Signature		Date
Works	hop Title	Date(s)	Fee
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			t 3 digits on back of card
ayer Name			
	ent from above)		
	,		
Signature :			

(Credit card statements will indicate Frederick County Mental Health as the merchant.)



MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center).

If you are not satisfied with the way your concernis handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November,1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined: Less Serious Complaint – No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child. Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education(MSDE) regulations, and/or the Health Department

which do not pose a threat to the health, safety or welfare of a child. Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided. When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/ facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing. A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network. It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable.

Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care at 410-659-7701.