

SPRING 2023 NEWS & TRAINING

Buzz



March - June 2023
Volume 35, Issue 3

WELCOME TO OUR NEW LOOK!



We are presenting our new newsletter and training calendar to you! As you are browsing, help us come up with a new name by scanning the QR code to take our survey. You will then be entered for a chance to win some great prizes.



MARYLAND
FAMILY
NETWORK



Published by Child Care Choices, a Program of the Mental Health Association of Frederick County and a Member of the Maryland Child Care Resource Network

REGISTRATION

policies

Four ways to register:

Call 301-662-4549
Monday through Thursday
8:30am-4:30pm

Online at
<https://training.fcmha.org/CVSFListfull.aspx>

Registrations may be mailed to:
Child Care Choices
226 S. Jefferson Street
Frederick, MD 21701


Fax registration to 301-695-4826

Child Care Choices training workshops provide MSDE Office of Child Care approved training credits for early education providers. Workshops are also open to parents, teachers, and others who share an interest in children's growth and development. MSDE Office of Child Care Approval Number CKO-156225, expires 01/01/2026.

- Pre-registration and pre-payment are required for all trainings. Returned check fee is \$20.
- Registration fees are non-refundable unless a class is cancelled by Child Care Choices. You must notify us one business day in advance in order to substitute another person, transfer to another workshop or receive credit towards future workshops. After hours, leave a message on extension 170.
- A class may be cancelled if it does not have eight or more participants registered one week prior to the starting date.
- You must be present and active in the class for an entire workshop to receive a certificate for the credit hours. Participants signing in or arriving late will not receive a certificate, credit, or refund.
- Webinar participants must use a computer or a tablet, a phone is not acceptable.
- You will not receive credit hours if you have already taken a Child Care Choices training session of the same title or content with the same instructor.
- Workshops are designed for adults—children are not permitted during a webinar or in-person training. Please note if children are present, you may be asked to sign out/leave without a refund or credit.
- Professional conduct and participation are expected from all training participants.
- Certificates will be sent at the conclusion of each workshop. Training certificates will be mailed within five business days of the conclusion of the class (Monday-Thursday). All of our classes include an assessment component to allow participants to earn Core of Knowledge hours. Assessments must be turned in (via google form for webinars) to ensure that the attendee has met the class objectives and gained the knowledge necessary to receive a Core of Knowledge certificate. CCC will offer further assistance to participants who do not meet or exceed the outlined objectives.
- For inclement weather cancellation information or to leave a training related voice mail after hours, please call Child Care Choices at 301-662-4549 when the automated system answers, dial 170.

Training Descriptions March 2023

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
 <p><u>Once Upon a Storytime</u> Tuesday, March 14, 2023 5:45pm-7:45pm</p>	<p>Once Upon a Storytime teaches child care professionals best practices surrounding oral story telling. This training will provide ideas for storytelling, creating props and child engagement. Storytelling is a beneficial skill in children’s oral language development and lends itself to acquiring critical pre-reading skills.</p>	<p>2hrs Curriculum CDA Area 2 \$5 LaVale Library 815 National Highway LaVale, MD 21502 Darlene Schmidt</p>
<p><u>Make Time Happen: Time Management Tips</u> Thursday, March 16, 2023 6:00pm-9:00pm</p>	<p>This course is designed to teach child care providers how to make the most effective use of the time and how to help handle the time that they cannot control. Topics include how to manage time appropriately through work, rest and play.</p>	<p>3hrs Professionalism CDA Area 6 \$15 Webinar - ZOOM Christie Berkey</p>
<p><u>Introduction to the Maryland Credential</u> Tuesday, March 21, 2023 6:30pm-8:30 PM</p>	<p>The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on how to participate in the Maryland Child Care Credential this workshop is for you!</p>	<p>2hrs Professionalism CDA Area 6 \$10 Child Care Choices - Carroll County Kim Petty</p>
<p><u>Positive Words for Positive Actions</u> Tuesday, March 21, 2024 6:00pm-9:00pm</p>	<p>Learn how to make your child care environment more positive. Using positive language when talking to children gives them an understanding of the expectations we have. Learn how easy it is to reword your directions and other guidance techniques you can use in your child care.</p>	<p>3hrs Child Development CDA Area 3 \$15 Webinar - ZOOM Kathy Bish</p>
<p><u>Working with Mixed Age Groups</u> Wednesday, March 22, 2023 6:00pm-9:00pm</p>	<p>Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.</p>	<p>2hrs Child Development & 1hr Curriculum CDA Area 5 \$15 Webinar - ZOOM Aurora Sanchez</p>

Training Descriptions March 2023

To register, click on the course title

Course & Date

Course Description

COK, Cost, Location & Trainer



[Avoiding Burnout in a Demanding Occupation](#)

Thursday, March 23, 2023
6:00pm-9:00pm

Do you work in the early childhood education field? Are you stressed? Burnt out? This training is for early childhood educators who need strategies to boost their health and wellness. Participants will define burnout syndrome in current health and safety trends and identify what aspects of the workplace add to that built up stress. Participants will recognize and discuss occupational components that contribute to burnout. Participants will identify strategies to avoid burnout and participate in group discussions. Participants will be provided the support and resources to implement self-care opportunities in their own lives as well as those of others. Through activities and action plans, participants will gain the knowledge to build their strength and avoid burning out in their very important roles as early childhood educators.

2hrs Health, Safety and Nutrition & 1hr Professionalism
\$15
Webinar - ZOOM

Michele Stottlemyer

INFANT AND TODDLER SERVICES

Child Care Choices invites you to access our FREE Infant and Toddler Services. Our coaching services focus on providing developmentally appropriate and high-quality care for children birth to three years of age. Consultations can be through phone, email, in-person or virtual.

How we can help.....

Assist with ITERS
CDA and Credentialing Assistance
Classroom Environment Assessment
Classroom Environment Arrangement
Concerns about Behaviors and Delays
Curriculum Selection and Support
Daily Schedules
Environment
Expansion of Infant and Toddler Care
Lesson Planning
Material Selection
Training




Training Descriptions April 2023

To register, click on the course title

Course & Date




Course Description

COK, Cost, Location & Trainer

<p><u>Encouraging Imaginative Play</u> Tuesday, April 4, 2023 6:00pm-9:00pm</p>	<p>This training is designed to help participants understand the importance of imaginative play in children’s development and how providing recycled and open-ended materials opens the doors of imagination and promotes executive function and higher level thinking skills in young children. Through small and large group activities and discussions participants will identify relevant, responsive, and reflective strategies to spark creativity in the young child’s environment.</p>	<p>3hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Aurora Sanchez</p>
<p><u>Redesign Your Circle Time</u> Wednesday, April 5, 2023 6:00pm-9:00pm</p>	<p>Through engaging discussions, hands-on activities, and thoughtful self-reflection, participants will explore developmentally appropriate best practices regarding Circle Time. How can you shift your focus to social/emotional development? Do children have to sit criss-cross applesauce in order to learn? Do you have to do weather and calendar during Circle Time? Find out these answers and more!</p>	<p>2hrs Curriculum & 1hr Special Needs CDA Area 2 \$15 Child Care Choices - Carroll County Kim Petty</p>
<p> <u>Inclusion Strategies for School-Age Programs</u> Wednesday, April 5, 2023 6:00pm-9:00pm</p>	<p>School-age children with special needs often need additional supports to be successful in childcare. Participants will learn about child development theories and how this information can help them provide quality to children of all abilities. Participants will learn strategies to implement to create a more inclusive and accommodating environment, which addresses behavior management for all children (individual vs. group). Participants will examine IEPs and 504 Plans and how these impact school-age programs (the role of the provider, how to use the information contained within the plans, what to do when they aren’t included in plans). Participants will examine how physical settings and environmental considerations can impact a child’s success within their program.</p>	<p>3hrs Special Needs \$15 Child Care Choices - Frederick County Bunny Egerton</p>
<p><u>Making Families Welcome: Positive Partnerships with Families</u> Wednesday, April 5, 2023 6:00pm-9:00pm</p>	<p>This course provides child care providers with the tools for understanding positive partnerships with parents/guardians/family members. It is designed to help providers select a variety of ways for families to be represented in their classrooms so that the children feel comfortable and to stay connected to their families and community while they are in the child care setting.</p>	<p>3hrs Community CDA Area 4 \$15 Webinar - ZOOM Christie Berkey</p>
<p> <u>Multiple Intelligences: Discovering Gifts & Empowering Children</u> Wednesday, April 12, 2023 6:30pm-8:30pm</p>	<p>This training introduces participants to the theory of Multiple Intelligences and innovative teaching ideas which will assist in making their classroom an enhanced learning environment for children of all abilities. Participants will learn to identify the unique learning strengths of children and how to apply practical strategies to promote inclusive and empowering learning opportunities for all.</p>	<p>1hr Curriculum & 1hr Special Needs CDA Area 8 \$10 Child Care Choices - Frederick County Suellyn Giserman</p>



Training Descriptions April 2023

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
<p><u>Introduction to the Maryland Credential</u> Wednesday, April 12, 2023 6:30pm-8:30pm</p>	<p>The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on how to participate in the Maryland Child Care Credential this workshop is for you!</p>	<p>2hrs Professionalism CDA Area 6 \$5 Child Care Choices - Washington County Kim Petty & Tara Younker</p>
<p> <u>Respecting All Family Structures</u> Thursday, April 13, 2023 6:30pm-8:30pm</p>	<p>Family structures have moved away from the traditional nuclear family. You will explore how to identify different family structures that you may encounter in your program. Explore ways to make all children and their families welcome in your program.</p>	<p>2hrs Community CDA Area 4 \$10 Webinar - ZOOM Kathy Bish</p>
<p><u>Medication Administration</u> Saturday, April 15 ,2023 9:00am-3:30pm</p>	<p>This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.</p>	<p>6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Carroll County Amanda Williams</p>
<p> <u>Empowering Infant & Toddler Understanding through Discovery</u> Tuesday, April 18, 2023 6:30pm-8:30pm</p>	<p>When we empower infants and toddlers to explore through play, we are giving them the building blocks for critical thinking needed to succeed later in life. We are encouraging them as individuals to explore their world using their innate urge to play and acquire an individualized understanding of that world based on their experiences using a technique called Heuristic Play.</p>	<p>1hr Curriculum & 1hr Professionalism CDA Area 2 \$10 Webinar - ZOOM Aurora Sanchez</p>
<p> <u>Spread Kindness, Prevent Bullying</u> Wednesday, April 19, 2023 6:00pm-9:00pm</p>	<p>This training will provide participants with the foundation of instilling kindness in children as the starting point for preventing bullying. Participants will explore concepts and how to age appropriately introduce these to young children – caring, kindness, generosity, and community. Participations will learn how to develop a community between the children in order to spread kindness and prevent bullying.</p>	<p>1.5hrs Child Development & 1.5hrs Community CDA Area 3 \$15 Child Care Choices - Frederick County Colleen Ford</p>
<p><u>Including All Children and the Americans with Disabilities Act (ADA)</u> Wednesday, April 19, 2023 6:00pm-9:00pm</p>	<p>Workshop will cover information, strategies and resources on how to develop and implement an early childhood environment that is inclusive to all children and their families. The principles of the Americans with Disabilities Act will be covered using best practices standards to create policies and procedures that reflect the ADA and strategies for inclusion. This will meet the licensing requirement for the Including All Children and the ADA Training.</p>	<p>3hrs Special Needs CDA Area 7 \$20 Webinar - ZOOM Michele Stottlemyer</p>





Training Descriptions May 2023

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
 <p><u>Visual Communication Tools: Steps to Easier Learning</u> Wednesday, May 3, 2023 6:30pm-8:30 PM</p>	<p>Delve into the use of “visuals,” a universally used strategy proven to support children’s abilities to comprehend and process information more easily, follow (appropriate) directions with greater ease, and strengthen relationships. Help children shift to feel and be more competent, reduce challenging behavior, be more joyfully engaged, and develop self-regulation skills. Participants will learn the steps to design a visual for a child or group of children.</p>	<p>1hr Child Development & 1hr Special Needs CDA Area 3 \$10 Child Care Choices - Frederick County Margie Powell</p>
<p><u>EMS CPR and First Aid Combo Class</u> Saturday, May 6, 2023 9:00am-12:00pm</p>	<p>This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications</p>	<p>\$80 Child Care Choices - Carroll County Crystal Curry</p>
<p><u>Medication Administration</u> Saturday, May 6, 2023 9:00am-3:30pm</p>	<p>This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.</p>	<p>6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Frederick County Amanda Williams</p>
<p><u>Loveable Ones</u> Tuesday, May 9, 2023 6:00pm-9:00pm</p>	<p>Play based learning experiences for the “Loveable One” are based on developmentally appropriate practice and our knowledge of young toddler development across all the domains of learning. Providers will explore how to use what they know about child development to create meaningful fun learning experiences for these loveable and fun learners.</p>	<p>3hrs Child Development CDA Area 2 \$15 Webinar - ZOOM Michele Stottlemeyer</p>
 <p><u>Caring for Little Ones: Using Sign Language to Communicate</u> Wednesday, May 10, 2023 6:30pm-8:30pm</p>	<p>This training is designed to introduce infant and toddler teachers to using sign language with children to support communication. Through this highly interactive training, students will learn 8-10 signs for “needs meeting” words such as more, all done, mommy, daddy, stop, etc. Students will also walk away with created hand sign placards and pair them with the spoken words that match the signs.</p>	<p>2hrs Child Development CDA Area 2 \$5 Child Care Choices - Carroll County Samantha Carter</p>
<p><u>Character Development in Preschool</u> Wednesday, May 10, 2023 6:30pm-8:30pm</p>	<p>Find out who said, "Character is like a tree and reputation like its shadow." The shadow is what we think of it; the tree is the real thing. Explore effective practices and activities that help to develop positive character traits - honesty, empathy, citizenship - in preschool-aged children.</p>	<p>2hrs Child Development CDA Area 3 \$10 Webinar - ZOOM Aurora Sanchez</p>


Training Descriptions May 2023

To register, click on the course title

Course & Date	Course Description	- COK, Cost, Location & Trainer
 <p><u>Using Art to Heal Trauma</u> Tuesday, May 16, 2023 6:00pm-9:00pm</p>	<p>Giving children opportunities to express themselves through creative art activities enables them to process experiences that trouble them. Explore the impact of trauma on the developing brain and explore the benefits to children of open art centers and free expressive art.</p>	<p>3hrs Special Needs CDA Area 3 \$5 Child Care Choices - Washington County Melissa Brown</p>
<p><u>Basic Health & Safety Training with Supporting Breastfeeding in Child Care</u> Wednesday, May 17, 2023 6:00pm-9:00pm</p>	<p>This workshop provides an overview of basic health and safety topics including the prevention and control of infectious diseases, SIDS, shaken baby syndrome and others. This workshop will satisfy the COMAR required training per federal CCDBG/CCDF guidelines as indicated by MSDE</p>	<p>3hrs Health, Safety and Nutrition CDA Area 1 \$20 Webinar - ZOOM Colleen Ford</p>
 <p><u>Prioritizing Outdoor Play</u> Thursday, May 18, 2023 6:00pm-9:00pm</p>	<p>Prioritizing outdoor play has many benefits for children. We will identify these benefits, discuss challenges to outdoor learning, list strategies for implementing outdoor experiences and explore outdoor activities that span the domains in early childhood education.</p>	<p>3hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Kathy Bish</p>
 <p><u>Asthma, Allergy, and Anaphylaxis Prevention and Management Training</u> Saturday, May 20, 2023 9:00am-1:00pm</p>	<p>Become better prepared to assist children with asthma and allergies while in your care and provide a healthier program environment. Children with asthma and allergies are increasingly receiving care in licensed programs, and these children often require special care arrangements. This MSDE-approved course provides information and skill training appropriate for child care providers. MSDE Core of Knowledge: 4 clock-hours Special Needs. This class is taught only by a certified nurse.</p>	<p>4hrs Health, Safety and Nutrition CDA Area 1 \$30 Child Care Choices - Frederick County Amanda Williams</p>
 <p><u>Summer Science Activities for Preschool Children</u> Tuesday, May 23, 2023 5:45pm-7:45pm</p>	<p>Summer is an ideal time to explore many science concepts. Flowers are in bloom, bees are gathering nectar, and animals have awoken from their sleep. This workshops explores the importance of science in the preschool classroom and looks at science activities that are related to summer.</p>	<p>2hrs Curriculum CDA Area 2 \$5 LaVale Library 815 National Highway LaVale, MD 21502 Darlene Schmidt</p>



Training Descriptions May 2023

To register, click on the course title

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<p><u>Teaching Problem Solving Throughout the Day</u> Tuesday, May 23, 2023 6:00pm-9:00pm</p>	<p>During this interactive training, participants will learn through group activities and video vignettes, the importance of being intentional when teaching children how to problem solve. Participants will also study the effects of understanding how to problem solve on social and emotional development and the overall effects on academic success. This training will also build participants knowledge base on the process of the problem solving steps and how to teach these steps to children.</p>	<p>3hrs Child Development CDA Area 3 \$15 Webinar - ZOOM Samantha Carter & Katelyn Sanders</p>
<p><u>Taking Good Care of You</u> Wednesday, May 24, 2023 6:00pm-9:00pm</p>	<p>This workshop will increase awareness of the need for caregivers to take care of themselves. Without good self-care, there may come a point when we have nothing left to give. Participants will learn the signs of burnout, brainstorm ideas on how to avoid burnout, examine the importance of staying healthy, discover resources, discuss the need to not control everything in life, and become more aware that it is impossible to be perfect. Participants will create a personal action plan for self-care.</p>	<p>3hrs Health, Safety and Nutrition CDA Area 1 \$15 Child Care Choices - Frederick County Louisa Potts</p>
<p><u>Open Ended Art for the Preschool Child</u> Thursday, May 25, 2023 6:00pm-9:00pm</p>	<p>Art engages children's hands, minds, emotions and helps develop valuable cognitive, socio-emotional and multisensory skills. This course is designed for teachers to learn to identify the many developmental skills children can master through open-ended art activities, and how self-directed art fosters brain development, creativity and self-esteem-inclusive for all early art learners</p>	<p>3hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Michele Stottlemeyer</p>
<p> <u>You Can Do This! Accommodating All Children in Your Program</u> Wednesday, May 31, 2023 6:00pm-9:00pm</p>	<p>This workshop session provides an overview of the characteristics of inclusive child care and ways caregivers can support different needs for different children. Participants will discuss and develop ideas for identifying program modifications and accommodations for children who have special needs or disabilities. This workshop does not satisfy any training required by OCC regulations.</p>	<p>3hrs Special Needs CDA Area 7 \$15 Child Care Choices - Frederick County Suellyn Giserman</p>

Training Descriptions June 2023




To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
<p><u>EMS CPR and First Aid Combo Class</u> Saturday, June 3, 2023 9:00am-12:00pm</p>	<p>This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications</p>	<p>\$80 Child Care Choices - Frederick County Crystal Curry</p>
<p><u>Medication Administration</u> Saturday, June 3, 2023 9:00am-3:30pm</p>	<p>This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.</p>	<p>6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Washington County Melanie Conway</p>
<p> <u>Outdoor Environment Design for Infants and Toddlers</u> Tuesday, June 6, 2023 6:00pm-9:00pm</p>	<p>Infants & Toddlers are natural investigators. Fueled by their curiosity, they use their senses to learn about the world. Oftentimes the outdoor environment is overlooked as an environment that can stimulate curiosity and learning in infants & toddlers. This workshop focuses on how to create an outdoor learning environment for infants and toddlers to grow and learn based on their developmental needs and abilities.</p>	<p>1hr Child Development & 2hrs Curriculum CDA Area 2 \$15 Webinar - ZOOM Michele Stottlemyer</p>
<p> <u>Developing a Community Resource File</u> Wednesday, June 7, 2023 6:00pm-9:00pm</p>	<p>Child care is much more than caring for children. Families come with expectations of services to meet their individual needs. Helping families to help themselves is the most valuable help you can give. In this workshop you will learn about the importance of keeping a community resource file to help your families in times of need.</p>	<p>3hrs Community CDA Area 5 \$15 Child Care Choices - Carroll County Christie Berkey</p>
<p><u>Introduction to the Maryland Credential</u> Wednesday, June 7, 2023 6:30pm-8:30pm</p>	<p>The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on how to participate in the Maryland Child Care Credential this workshop is for you!</p>	<p>2hrs Professionalism CDA Area 6 \$10 Child Care Choices - Frederick County Kim Petty</p>

Training Descriptions June 2023

To register, click on the course title

Course & Date Course Description COK, Cost, Location & Trainer

<p><u>SIDS, SUID and Other Sleep-Related Infant Deaths</u> Thursday, June 8, 2023 6:30pm-8:30pm</p>	<p>As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe.</p>	<p>2hrs Health, Safety and Nutrition CDA Area 1 \$15 Webinar - ZOOM Aurora Sanchez</p>
<p> <u>Story Stretchers for Infants and Toddlers</u> Tuesday, June 13, 2023 6:30pm-8:30pm</p>	<p>Infants and toddlers are naturally curious about the world around them, children's literature is a great tool to enhance this curiosity. In this workshop we will look at various children's books and extension activities to help our youngest learners gain a better understanding of the story.</p>	<p>2hrs Curriculum CDA Area 2 \$5 Garrett College 687 Mosser Rd., McHenry MD 21541 Darlene Schmidt</p>
<p><u>Healthy Children Through Nutrition and Physical Activity</u> Wednesday, June 14, 2023 6:00pm-9:00pm</p>	<p>Our nations' children are at risk for being the first generation that may have a shorter life span than their parents due to poor nutrition and lack of physical activity. This training will help the child care teachers be better informed about the food choices, how to prepare a balanced, healthy menu, and creative movement activities to do throughout the day to increase the physical fitness levels of children in their care. Appropriate for preschool and school age programs.</p>	<p>3hrs Health, Safety and Nutrition CDA Area 1 \$15 Child Care Choices - Frederick County Colleen Ford</p>
<p><u>The Child Care Provider as a Professional</u> Thursday, June 15, 2023 6:00pm-9:00pm</p>	<p>Gain a greater understanding of child care initiatives, resources, and professional organizations which can assist you in your business. Discuss what it means to be a professional in child care. Plus, examine the NAEYC child care code of ethics and discuss how it can assist you with your program.</p>	<p>3hrs Professionalism CDA Area 6 \$15 Webinar - ZOOM Christie Berkey</p>
<p> <u>Summer Activities for Preschool Children</u> Tuesday, June 20, 2023 6:30pm-8:30pm</p>	<p>Summer is an ideal time to explore many science concepts. Flowers are in bloom, bees are gathering nectar, and animals have awoken from their sleep. This workshops explores the importance of science in the preschool classroom and looks at science activities that are related to summer.</p>	<p>2hrs Curriculum CDA Area 2 \$5 Child Care Choices - Washington County Melissa Brown</p>
<p> <u>Who's Coming to Your Program?</u> Wednesday, June 21, 2023 6:00pm-9:00pm</p>	<p>Communities are increasingly more diverse and the needs of the families representing that diversity must be recognized and supported. This training will define diversity and identify program planning considerations and family engagement strategies to help child care providers offer well-rounded and responsive care and education. Children experience optimal growth, learning and development when their child care providers are responsive and supportive of their backgrounds and families' values.</p>	<p>3hrs Community CDA Area 4 \$15 Webinar \$15 Nicole Pierre</p>

Training Descriptions June 2023

To register, click on the course title

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<u>Behavior Guidance for Infants and Toddlers</u> Thursday, June 22, 2023 6:00pm-9:00pm	This training will outline the developmentally appropriate, yet sometimes challenging, behaviors of children, birth through age 3. Through the review of developmentally appropriate behaviors and strategies to prevent or redirect sometimes challenging experiences, providers will complete the training with new strategies to implement with children in their programs. Participants will begin to develop the knowledge and strategies necessary to properly redirect children's negative or challenging behaviors into positive and appropriate behaviors.	3hrs Child Development CDA Area 8 \$15 Webinar - ZOOM Aurora Sanchez

NEW STAFF HIGHLIGHT



**ALISON
SOLDIVIERI**

I am blessed to join the Child Care Choices team as a GOFCC Coach/Training Assistant. I am a resident of Washington County, a wife, and mother to 1 girl and 1 boy. By trade I am a Registered Medical Assistant with a BS in Healthcare Management. I also, teach pre-school swim lessons at the Hagerstown YMCA, and I sub when needed in early childhood at Grace Academy. I also work with infants and toddlers every Sunday at church.

I am excited to be a part of this team and work with the GOFCC participants who are getting their Family Child Care business up and running. Being able to help and guide them through the process is a very rewarding experience. Connecting with participants and building those lasting relationships are what I strive for.

When I am not working I am spending time with my family, 2 Great Danes, or getting lost in a good book.



TARA YOUNKER

I am thankful to be a part of the Child Care Choices team as an Early Childhood Coach. For years I lived in upstate New York as I earned my master's degree in Special Education. After being a preschool teacher for 5 years, I decided to move to Maryland where I could be closer to my family. Shortly after the move I met my husband.

I have 15 years of experience working with various age groups in early childhood. As I worked mostly as a Junior Kindergarten teacher, I also had the opportunity to help train new staff members, become a safety captain, and be a mentor for all educators. Helping children, families, and educators achieve their goals is my passion. I am grateful that I have the opportunity to continue learning about child development and to grow with an amazing team.

I'm my spare time, I enjoy putting together puzzles, journaling, and spending time with my family.

NEWS



Garrett County Conference

Saturday, April 29, 2023

Garrett College

8:00 am - 4:00 pm

Featuring: Peggy Campbell-Rush, Author and Educator
Peggy's passion for education is inspiring, her humor is contagious and her workshops will fill you with creative ideas to use immediately. Contact ChildCareChoices@fcmha.org if you have not received the registration form.



Children's Festival
Saturday April 29th

10am-3pm

Baker Park

Frederick



Funding Available

Maryland Child Care Credential

3 Easy steps to get extra cash in your pocket!

Become credentialed with the help from an Early Childhood Coach.

1. Complete the MD Child Care Credential application
2. Gather Training Certificates
3. Connect with Child Care Choices for ideas on how to earn Professional Activity Units (PAU's)

GET PAID

A bonus check for MD credential levels 2 and up.
Contact an Early Childhood Coach!

Earning Your CDA is FREE* and Puts Money in Your Pocket!

*A \$425.00 value!!

With the support of Kim, Melissa, and Darlene you can earn your CDA in record time.

The Maryland State Department of Education, Division of Early Childhood will provide funding to support child care providers with obtaining their Child Development Associate® (CDA) Credential™ from the Council for Professional Recognition.

We can help you find a Professional Development Specialist (PDS) for your verification visit.

**Earning your CDA can help you achieve a level 4 in the MD Credential and earn college credit at participating community colleges!!
For more information, contact an Early Childhood Coach.

The Child Care Career and Professional Development Fund:

The MSDE CCCPDF grant pays for educators who are credentialed at level 2 or higher. An award under the Fund can be used toward the cost of tuition, college fees and textbooks. The funds can only be used toward completion of a two year or four year college degree in an approved field. Students "pay back" the grant by working in licensed child care for 2 years after the Associate degree or four years after a Bachelor's Degree. Please contact the coordinator for your county for more information.

NEW FUNDING NOW AVAILABLE FOR MASTER'S DEGREE

Allegany County/Garrett County – Frostburg University
Stacey Park : 240-527-2733 / Spark@frostburg.edu

Carroll County – Carroll Community College
Jess Sichel : 410-386-8383 / JSichel@carrollcc.edu

Frederick County – Frederick Community College
Delaine Welch : 301-846-2559 / dwelch@frederick.edu

Washington County – Hagerstown Community College
Alison Hess : 240-500-2615/ amhess@hagerstowncc.edu

Deadlines

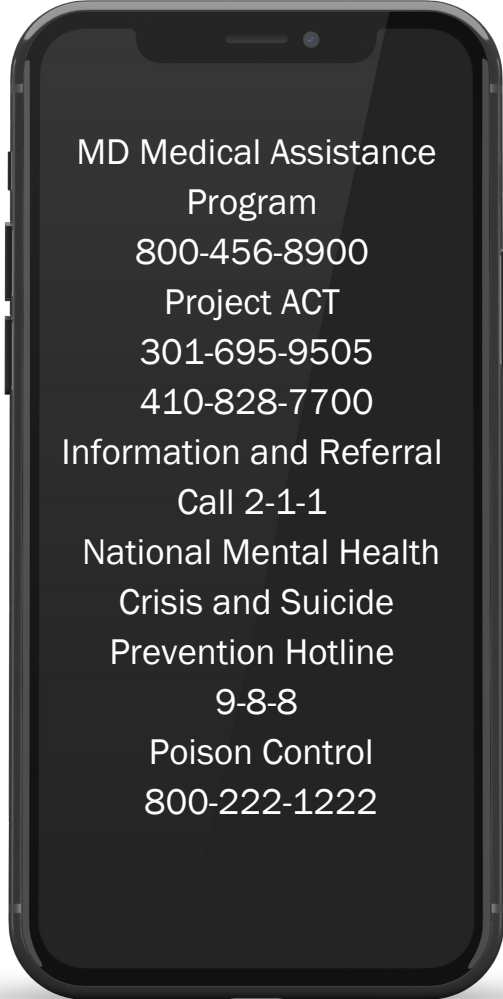
First-time applications—due by March 1st

Continuation applications— due by June 30th

If you are currently not in the program, reach out to the point of contact at the college you prefer to ensure you are ready for the next round!

Participation in the Maryland Child Care Credential is a critical first step! Contact Child Care Choices at Childcarechoices@fcmha.org to start that process now!

RESOURCES



MD Medical Assistance
Program

800-456-8900

Project ACT

301-695-9505

410-828-7700

Information and Referral

Call 2-1-1

National Mental Health

Crisis and Suicide

Prevention Hotline

9-8-8

Poison Control

800-222-1222

Allegany County

MSDE Office of Child Care 301-777-2385

Child Protective Services 301-784-7122

Child Safety Seat Hotline 240-727-4336

Allegany County Child Care Professionals Association

Tammy Courtney, President

301-689-9717

Child Care Subsidy Program 866-243-8796

WIC 301-759-5020

Infants and Toddlers/Child Find

301-759-2415

Carroll County

MSDE Office of Child Care 410-549-6489

Child Protective Services 410-386-3434

Child Safety Seat Hotline 410-876-4448

Family Child Care Association

Patti Jo Green, President 410-848-6686

Child Care Subsidy Program 866-243-8796

WIC 410-876-4898

Birth to Kindergarten 410-876-4437

Frederick County

MSDE Office of Child Care 301-696-9766

Child Care Food Program 301-600-6263

Child Protective Services 301-600-2464

Child Safety Seat Hotline 301-600-7328

Family Child Care Association of Frederick County: Maria Vionet,

President 240-409-4687 Northern Frederick Co. Early

Childhood Educators:

Heather Fitzgerald, President 301-748-8798

Child Care Subsidy Program 866-243-8796

Infants and Toddlers 301-600-1612

Child Find 301-644-5292

WIC 301-600-2507

Garrett County

MSDE Office of Child Care 301-334-3426

Child Protective Services 301-334-3005

Child Safety Seat Hotline 301-334-7730

Garrett County Early Childhood Professionals Association

Autumn Ramsey, President

301-895-5498

Child Care Subsidy Program 866-243-8796

WIC 301-334-7710

Infants and Toddlers/Child Find 301-533-0240

Washington County

MSDE Office of Child Care 301-791-4585

Child Protective Services 240-420-2100

Child Safety Seat Hotline 301-790-8380

Washington Co. Child Care Provider's Association

Chris Luipersbeck, President 301-797-3422

Professional Child Care Association of Washington County Donna

Tolland, President 301-432-4134

Child Care Subsidy Program 866-243-8796

WIC 240-313-3335

Birth to Kindergarten 301-766-2971

CONNECT WITH US



301-662-4549

Inclement Weather
ext. 170



childcarechoices@fcmha.org



Mailing Address:
226 S Jefferson St.
Frederick, MD 21701

Satellite Locations:
Carroll County
255 Clifton Blvd., Suite 319
Westminster, MD

Washington County
138 W Washington St. Suite 212
Hagerstown, MD 21740

MEET OUR DIRECTOR



PATTY MORISON

ext. 111
pmorison@fcmha.org

Location & Office Hours

Frederick County
Monday-Thursday 8:30am-4:30pm
Evening hours until 7:30pm on the 2nd and
4th Wednesday of the month

Carroll County
Monday-Thursday 9:00am- 3:30pm
Hours on the 2nd and 4th Monday of the
month from 12:00pm-7:30pm

Washington County
Tuesday-Thursday 9:00am- 4:00pm

Office locations and resource centers
are closed on the following days:

Monday, May 29, 2023

301-662-4549



SAMANTHA CARTER

Training Coordinator
ext. 327
scarter@fcmha.org



TERRI WILSON

Infant Toddler Specialist/
Training Assistant
ext. 370
twilson@fcmha.org



NANCY BARRY

Carroll County Coordinator
ext. 165
nbarry@fcmha.org

TRAINING & PROFESSIONAL DEVELOPMENT

- We offer high-quality workshops at a low cost on topics such as discipline, observation, child development, curriculum, health & safety, special needs, and professionalism.
- On-site or virtual professional development training days are available to centers.
- Professional development workshops available to family child care associations.
- Early childhood conferences held annually.

Child Care Choices training workshops provide MSDE Office of Child Care approved training credits for early education providers.

Workshops are also open to parents, teachers, and others who share an interest in children's growth and development. MSDE Office of Child Care Approval Number CKO-156225, expires 01/01/2026.

301-662-4549



MELISSA BROWN, M.S.

Early Childhood Manager
ext.357
mbrown@fcmha.org



KIM PETTY

Early Childhood Coach
ext. 175
kpetty@fcmha.org



DARLENE SCHMIDT

Early Childhood Coach
ext. 372
dschmidt@fcmha.org



TARA YOUNKER

Early Childhood Coach
ext. 112
tyounker@fcmha.org

COACHING & MENTORING

Our team can help with:

- Starting, expanding, and/or operating a child care program
- Maryland EXCELS, the Maryland Child Care Credential and program accreditation
- CDA; assistance with the whole process; help getting funding vouchers, setting up and account, choosing trainings portfolios, and verification visits
- One-on-one practice based coaching and mentoring
- Room arrangement and classroom management techniques

THESE SERVICES ARE FREE.

301-662-4549



SARAH MARTIN
PERKS/IECMH Manager
ext. 117
smartin@fcmha.org



KATELYN SANDERS
PERKS Coach
ext. 358
ksanders@fcmha.org



BRIANNA CARTER
PERKS Coach
ext. 369
bcarter@fcmha.org



NOMI VAN DEN BROECK
PERKS Coach
ext. 363
nvandenbroeck@fcmha.org



SADE SPRIGGS
PERKS Coach
ext. 130
sspriggs@fcmha.org



GABRIELLE KING
PERKS Coach
ext. 360
gking@fcmha.org

PARTNERSHIP FOR EMOTIONALLY RESILIENT KIDS (PERKS)

PERKS helps children, ages birth through five years old, with social, emotional or behavioral issues by:

- Increasing child care provider and parent skills to deal with difficult behaviors
- Developing the partnership between educator and parents
- Teaching children social and emotional skills
- Offering technical assistance in person, by phone, or e-mail, as needed
- Making appropriate referrals to outside resources

THESE SERVICES ARE FREE.

301-662-4549



CRYSTAL BOWENS

ext. 371
cbowens@fcmha.org



ULA SLIDER

ext. 368
uslider@fcmha.org



LATOYA DAVIS

ext. 361
ldavis@fcmha.org

FAMILY RESOURCE SPECIALISTS

- LOCATE: Child Care- help families identify high quality care
- Assistance for families to navigate the Child Care Scholarship process
- Link to family education opportunities
- Family Navigation services to help families access resources within their community

THESE SERVICES ARE FREE.

Need to update your fees or vacancy information in LOCATE? Promote your business through LOCATE: Child Care by making sure that your information is complete and accurate. Complete a questionnaire online at www.marylandfamilynetwork.org or Leave a message at 1-866-752-1614

301-662-4549



DAWNA RODEHEAVER
GOFCC Program Manager
ext. 365
drodeheaver@fcmha.org



ALISON SOLDIVIERI
GOFCC Coach/Training
Assistant
ext. 366
asoldivieri@fcmha.org



GROWING OPPORTUNITIES FOR FAMILY CHILD CARE (GOFCC)

Do you know anyone interested in caring for and educating Maryland's children? Have they ever wanted to be their own boss and business owner? Then tell them to consider a career in early care and education as a family child care provider.

Growing Opportunities for Family Child Care (GOFCC) is a unique program started in Montgomery County, Maryland which provides targeted training, coaching, and resources to support interested individuals in opening a family child care business. GOFCC guides you through the licensing process while supporting you in building a strong business foundation and high quality child care program. Participation is free and includes all of the required training, access to knowledgeable coaches, and a variety of resources which will support you in opening and operating your child care business.

GOFCC is available in all the counties that we serve thanks to an investment by the State of Maryland legislature as the MSDE Office of Child Care. If you are interested in participating, please connect with the GOFCC Team.

Policies



MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>).

If you are not satisfied with the way your concerns are handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined: Less Serious Complaint – No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child. Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department

which do not pose a threat to the health, safety or welfare of a child. Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided. When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the “hold” on the provider/facility until the agency’s disposition of the complaint is known. Should the investigation result in no action, the “hold” status is removed from that provider’s/ facility’s records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE’s actions in writing. A provider may appeal the LOCATE Director’s decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network. It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable.

Safeguards and due process are afforded to the care givers in the files, and parents’ and children’s rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care at 410-659-7701.

Child Care Choices Workshop Registration

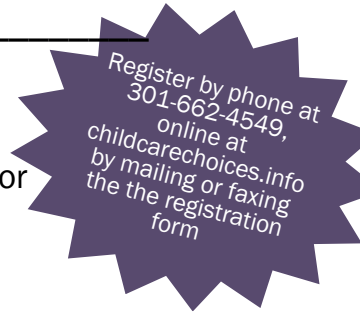
226 South Jefferson Street, Frederick, MD 21701 * 301-662-4549

Participant Name: _____

I am a : Center/Preschool Director Center/Preschool Educator
 Family Child Care Educator Potential Family Child Care Educator

(please print)

Other: _____



Home Address _____

Street

City

State

Zip Code

County

Phone: _____ home, work or cell phone (circle one)

Workshop Policies

By signing below, you are acknowledging that you have read and agree to abide by all of our registration policies

Signature

Date

Workshop Title	Date(s)	Fee

Payment By Check/Money Order (checks made payable to Child Care Choices/MHA

Credit Card (Visa or Master Card ONLY) _____ - _____ - _____ - _____

Exp. date: ____/____/____ Card Identification Number _____ (Last 3 digits on back of card)

Payer Name _____

Billing Address (if different from above) _____

Signature : _____

(Credit card statements will indicate Frederick County Mental Health as the merchant.)