

Child Care Choices Chronicle



Summer and Fall 2023
NEWS & TRAINING



July-October 2023
Volume 36, Issue 1

NEW ADVENTURES, NEW LEADERSHIP



This past year has been an exciting one filled with expansion, new relationships, and many opportunities for staff and early educators alike. As we wind down FY 23 and begin our new year it is with mixed feelings that I announce my retirement from Child Care Choices after 22 wonderful years. As Winnie the Pooh said, “How lucky I am to have something that makes saying goodbye so hard.” While I am thrilled for my next phase in life I will truly miss the day to day work that we have done, and CCC will continue to do, on behalf of the early childhood community throughout our region. I am pleased to announce that Sarah Martin has been promoted to Program Director in what promises to be a seamless transition. You will know Sarah from her role the past 8 years as a PERKS Consultant, and most recently as the PERKS Program Supervisor. Sarah brings the history of CCC as well as fresh new ideas and I am confident she will serve you well. While my new adventures include travel and more time with my grandchildren I also plan to consult with CCC as well as teach workshops, so this is not goodbye but see you later. In the words of Garrison Keillor, “Be well, do good work and keep in touch”.

~ Patty Morison



Published by Child Care Choices, a Program of the Mental Health Association of Frederick County and a Member of the Maryland Child Care Resource Network

CONNECT WITH US



301-662-4549

Inclement Weather
ext. 170



childcarechoices@fcmha.org



Mailing Address:
226 S Jefferson St.
Frederick, MD 21701

Satellite Locations:
Carroll County
255 Clifton Blvd., Suite 319
Westminster, MD 21157

Washington County
138 W Washington St. Suite 212
Hagerstown, MD 21740

MEET OUR DIRECTOR



SARAH MARTIN

ext. 111
smartin@fcmha.org

I am excited to begin the chapter of leading Child Care Choices as the Director. I have been part of the Child Care Choices Team for 8 years. I initially joined the team as a PERKS Consultant in 2015, and have been the PERKS Manager for the last 2 years.

I graduated from Shippensburg University with a Bachelor's Degree in Elementary Education and Early Childhood Education. After college I began working as a Therapeutic Support Staff person with Adams-Hanover Counseling Services with children diagnosed with Autism to help them in the classroom and home setting meet goals and interact with peers and adults. I later became a teacher at Head Start implementing daily activities and interacting with parents. I was then the director of a local child care center for four years before joining the Child Care Choices Team.

I currently live in Frederick with my husband, Tim, and my 2 sons, Avery and Easton. We enjoy spending time outside!

I look forward to working with our Early Education Community in this new role!

Location & Office Hours

Frederick County
Monday-Thursday 8:30am-4:30pm
Evening hours until 7:30pm on the 2nd
Wednesday of the month

Carroll County
Temporarily open by appointment only

Washington County
Tuesday-Thursday 9:00am- 4:00pm

Offices will be closed on :

Tuesday, July 4, 2023 (4th of July)
Monday, September 4, 2023 (Labor Day)

STAFF LISTING

Early Childhood Coaches

Melissa Brown ; ext. 357
Early Childhood Manager
mbrown@fcmha.org

Samantha Carter ; ext. 327
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scarter@fcmha.org

Terri Wilson ; ext. 370
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kpetty@fcmha.org

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Nomi Van Den Broeck ; ext. 363
PERKS Coach
nvandenbroeck@fcmha.org

Sade Spriggs ; ext. 130
PERKS Coach
sspriggs@fcmha.org

Family Resource Specialist

Crystal Bowens ; ext. 371
cbowens@fcmha.org

Latoya Davis ; ext. 361
ldavis@fcmha.org

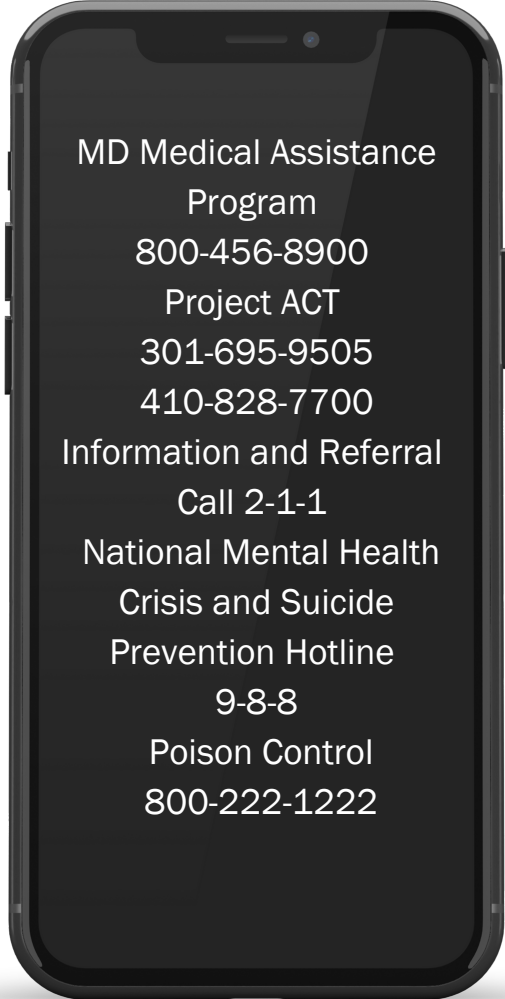
Ula Slider ; ext. 368
uslider@fcmha.org

Growing Opportunities for Family Child Care (GOFCC)

Dawna Rodeheaver ; ext. 365
GOFCC Program Manager
drodeheaver@fcmha.org

Alison Soldivieri ; ext. 366
GOFCC Coach/Training Assistant
asoldivieri@fcmha.org

RESOURCES



MD Medical Assistance
Program

800-456-8900

Project ACT

301-695-9505

410-828-7700

Information and Referral

Call 2-1-1

National Mental Health

Crisis and Suicide

Prevention Hotline

9-8-8

Poison Control

800-222-1222

Allegany County

MSDE Office of Child Care 301-777-2385

Child Protective Services 301-784-7122

Child Safety Seat Hotline 240-727-4336

Allegany County Child Care Professionals Association

Tammy Courtney, President

301-689-9717

Child Care Subsidy Program 866-243-8796

WIC 301-759-5020

Infants and Toddlers/Child Find

301-759-2415

Carroll County

MSDE Office of Child Care 410-549-6489

Child Protective Services 410-386-3434

Child Safety Seat Hotline 410-876-4448

Family Child Care Association

Patti Jo Green, President 410-848-6686

Child Care Subsidy Program 866-243-8796

WIC 410-876-4898

Birth to Kindergarten 410-876-4437

Frederick County

MSDE Office of Child Care 301-696-9766

Child Care Food Program 301-600-6263

Child Protective Services 301-600-2464

Child Safety Seat Hotline 301-600-7328

Family Child Care Association of Frederick County: Maria Vionet,

President 240-409-4687 Northern Frederick Co. Early

Childhood Educators:

Heather Fitzgerald, President 301-748-8798

Child Care Subsidy Program 866-243-8796

Infants and Toddlers 301-600-1612

Child Find 301-644-5292

WIC 301-600-2507

Garrett County

MSDE Office of Child Care 301-334-3426

Child Protective Services 301-334-3005

Child Safety Seat Hotline 301-334-7730

Garrett County Early Childhood Professionals Association

Autumn Ramsey, President

301-895-5498

Child Care Subsidy Program 866-243-8796

WIC 301-334-7710

Infants and Toddlers/Child Find 301-533-0240

Washington County

MSDE Office of Child Care 301-791-4585

Child Protective Services 240-420-2100

Child Safety Seat Hotline 301-790-8380

Washington Co. Child Care Provider's Association

Chris Luipersbeck, President 301-797-3422

Professional Child Care Association of Washington County Donna

Tolland, President 301-432-4134

Child Care Subsidy Program 866-243-8796

WIC 240-313-3335

Birth to Kindergarten 301-766-2971



Overview of services



CHILD CARE CHOICES is a program of the Mental Health Association that provides early childhood services to programs, families, and partners.

WE OFFER:

TRAINING AND PROFESSIONAL DEVELOPMENT

- High-quality workshops at a low cost on topics such as discipline, observation, child development, curriculum, health & safety, special needs, and professionalism.
- Available for onsite workshops at child care centers
- NOW offering- family child care business series All Our Kin

FREE SERVICES

TECHNICAL ASSISTANCE AND SUPPORT

- Starting, expanding, and/or operating a child care center or family child care program.
- Assistance with MSDE Quality Initiatives such as Maryland EXCELS, the Maryland Child Care Credential and program accreditation
- Assistance with completing your CDA; including your portfolio & PD Specialist for your verification visit
- Practice Based one-on-one coaching and mentoring for your staff, assistance with room arrangement

PERKS-PARTNERSHIPS FOR EMOTIONALLY RESILIENT KIDS

- PERKS helps children, ages birth through five years old, with social, emotional or behavioral issues by:
- Increasing child care provider and parent skills to deal with difficult behaviors
- Developing partnerships between parents and early educators
- Teaching children social and emotional skills
- Offering technical assistance in person, by phone, or e-mail, as needed
- Making appropriate referrals to outside resources

LOCATE CHILD CARE AND ASSISTANCE WITH CHILD CARE SCHOLARSHIP

We serve:

- Existing and potential providers (family child care and center-based)
- Head Start programs
- Pre-schools, community and non-profit organizations, parents/caregivers, employers, and public agencies committed to expanding child care resources.

GROWING OPPORTUNITIES FOR FAMILY CHILD CARE (GOFCC)

- Provides intense and targeted training, coaching, and resources to support interested individuals in opening and operating a family child care business.

**For additional information please call 301-662-4549 or email childcarechoices@fcmha.org
You can find us on the web: www.fcmha.org and on Facebook: **Child Care Choices****



MARYLAND CHILD CARE
RESOURCE NETWORK



MARYLAND
FAMILY
NETWORK



The Child Care Choices, a program of the Mental Health Association, is a member of the Maryland Child Care Resource Network with funding from the Maryland State Department of Education through Maryland Family Network.

Funding Available

Maryland Child Care Credential

3 Easy steps to get extra
cash in your pocket!

Become credentialed with the help from an Early Childhood Coach.

1. Complete the MD Child Care Credential application
2. Gather Training Certificates
3. Connect with Child Care Choices for ideas on how to earn Professional Activity Units (PAU's)

GET PAID

A bonus check for MD credential levels 2 and up.
Contact an Early Childhood Coach!

Going to ONE STOP PORTAL starting July 1st!

Also earns you training vouchers/reimbursement, up to \$400 a year for level 2 and higher! Call us to find out more!

CDA

Earning Your CDA is FREE* and Puts Money in Your Pocket!
*A \$425.00 value!!

With the support of Kim, Melissa, and Darlene you can earn your CDA in record time.

The Maryland State Department of Education, Division of Early Childhood will provide funding to support child care providers with obtaining their Child Development Associate® (CDA) Credential™ from the Council for Professional Recognition.

We can help you find a Professional Development Specialist (PDS) for your verification visit.

****NEW**** MSDE is now funding your CDA training! Call us for more information

****Earning your CDA can help you achieve a level 4 in the MD Credential and earn college credit at participating community colleges!!**

For more information, contact an Early Childhood Coach.

The Child Care Career and Professional Development Fund:

The MSDE CCCPDF grant pays for educators who are credentialed at level 2 or higher. An award under the Fund can be used toward the cost of tuition, college fees and textbooks. The funds can only be used toward completion of a two year or four year college degree in an approved field. Students "pay back" the grant by working in licensed child care for 2 years after the Associate degree or four years after a Bachelor's Degree. Please contact the coordinator for your county for more information.

*****NEW*** FUNDING NOW AVAILABLE FOR MASTER'S DEGREE**

Allegheny County/Garrett County – Frostburg University
Stacey Park : 240-527-2733 / Spark@frostburg.edu

Carroll County – Carroll Community College
Jess Sichel : 410-386-8383 / JSichel@carrollcc.edu

Frederick County – Frederick Community College
Delaine Welch : 301-846-2559 / dwelch@frederick.edu

Washington County – Hagerstown Community College
Alison Hess : 240-500-2615/ amhess@hagerstowncc.edu

Deadlines

First-time applications—due by March 1st

Continuation applications— due by June 30th

If you are currently not in the program, reach out to the point of contact at the college you prefer to ensure you are ready for the next round!

Participation in the Maryland Child Care Credential is a critical first step! Contact Child Care Choices at Childcarechoices@fcmha.org to start that process now!

REGISTRATION *policies*

Four ways to register:

Call 301-662-4549
Monday through Thursday
8:30am-4:30pm

Online at
<https://training.fcmha.org/CVSFListfull.aspx>

Registrations may be mailed to:
Child Care Choices
226 S. Jefferson Street
Frederick, MD 21701


Fax registration to 301-695-4826

Child Care Choices training workshops provide MSDE Office of Child Care approved training credits for early education providers. Workshops are also open to parents, teachers, and others who share an interest in children's growth and development. MSDE Office of Child Care Approval Number CKO-156225, expires 01/01/2026.

- Pre-registration and pre-payment are required for all trainings. Returned check fee is \$20.
- Registration fees are non-refundable unless a class is cancelled by Child Care Choices. You must notify us one business day in advance in order to substitute another person, transfer to another workshop or receive credit towards future workshops. After hours, leave a message on extension 170.
- A class may be cancelled if it does not have eight or more participants registered one week prior to the starting date.
- You must be present and active in the class for an entire workshop to receive a certificate for the credit hours. Participants signing in or arriving late will not receive a certificate, credit, or refund.
- Webinar participants must use a computer or a tablet, a phone is not acceptable.
- You will not receive credit hours if you have already taken a Child Care Choices training session of the same title or content with the same instructor.
- Workshops are designed for adults—children are not permitted during a webinar or in-person training. Please note if children are present, you may be asked to sign out/leave without a refund or credit.
- Professional conduct and participation are expected from all training participants.
- Certificates will be sent at the conclusion of each workshop. Training certificates will be mailed within five business days of the conclusion of the class (Monday-Thursday). All of our classes include an assessment component to allow participants to earn Core of Knowledge hours. Assessments must be turned in (via google form for webinars) to ensure that the attendee has met the class objectives and gained the knowledge necessary to receive a Core of Knowledge certificate. CCC will offer further assistance to participants who do not meet or exceed the outlined objectives.
- For inclement weather cancellation information or to leave a training related voice mail after hours, please call Child Care Choices at 301-662-4549 when the automated system answers, dial 170.

Training Descriptions July 2023

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
<u>EMS CPR and First Aid Combo</u> Saturday, July 15, 2023 9:00am-12:00pm	This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.	\$80 Child Care Choices - Washington County Crystal Curry
<u>Creating a Writing Center from Dollar & Thrift Store Finds</u> Wednesday, July 19, 2023 6:00pm-9:00pm	A writing center in the classroom supports children in their ability to express themselves through creative writing and drawing. In this workshop we will explore dollar store and thrift store finds that can be combined to create a writing center which spurs children's imaginative writing skills.	3hrs Community CDA Area 2 \$15 Webinar - Zoom Michele Stottlemeyer
<u>Working Together: The Importance of Community Helpers in our Daily Lives</u> Wednesday, July 26, 2023 6:30pm-8:30pm	This training explores the importance of community helpers in the lives of young children and how recognizing these people helps to build a community of caring.	2hrs Curriculum CDA Area 2 \$10 Webinar - Zoom Christie Berkey
 <u>Healthy Bodies Inside and Out</u> Thursday, July 27, 2023 6:30pm-8:30pm	As young children become aware of their body parts and start to understand how the parts work individually and together, they can begin to appreciate and accept responsibility for their bodies and their health. In this training participants will learn activities to use in their program to promote healthy practices.	1hr Curriculum & 1hr Health, Safety and Nutrition CDA Area 2 \$10 Webinar - Zoom Colleen Ford

ONSITE TRAINING

Are you interested in preservice training or a training day for your center? Contact us now! We fill up quick and request 6 weeks notice to set up a training for your center!

MD CREDENTIAL

Our team of Early Childhood Coaches love helping people earn the MD credential! Want someone to come sit down with you or your staff or come to your home while the kids nap? Give us a call.

Find us on 



Training Descriptions August 2023

To register, click on the course title

Course & Date




Course Description

COK, Cost, Location & Trainer

<p><u>Medication Administration</u> Saturday, August 5, 2023 9:00am-3:30pm</p>	<p>This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.</p>	<p>6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Frederick County Amanda Williams</p>
<p> <u>Big Anxiety, Small Child</u> Wednesday, August 9, 2023 5:00pm-8:00pm</p>	<p>This training will introduce participants to anxiety and how this disorder impacts young children. Participants will learn what behavior is and what warrants a referral. Through cooperative learning experiences, a video clip and brainstorming activities participants will become knowledgeable on what are normal worries for young children and what is atypical. Classroom strategies and resources will be shared to ensure educators leave with a toolkit of ideas and strategies to assist preschool children who may have anxiety.</p>	<p>3hrs Special Needs CDA Area 3 \$5 LaVale Library 815 National Highway LaVale, MD 21502 Darlene Schmidt</p>
<p><u>A Sense of Place</u> Wednesday, August 9, 2023 6:30pm-8:30pm</p>	<p>Developing a sense of place through geographic experiences helps build the social and emotional foundation children need and will one day use as adults.</p>	<p>2hrs Curriculum CDA Area 3 \$10 Webinar - Zoom Aurora Sanchez</p>
<p> <u>Including All Children and the Americans with Disabilities Act</u> Thursday, August 10, 2023 6:00pm-9:00pm</p>	<p>Workshop will cover information, strategies and resources on how to develop and implement an early childhood environment that is inclusive to all children and their families. The principles of the Americans with Disabilities Act will be covered using best practices standards to create policies and procedures that reflect the ADA and strategies for inclusion. This will meet the licensing requirement for the Including All Children and the ADA Training.</p>	<p>3hrs Special Needs CDA Area 6 \$20 Webinar - ZOOM Michele Stottlemyer</p>
<p><u>Redesign Your Circle Time</u> Tuesday, August 15, 2023 6:00pm-9:00pm</p>	<p>Through engaging discussions, hands-on activities, and thoughtful self-reflection, participants will explore developmentally appropriate best practices regarding Circle Time. How can you shift your focus to social/emotional development? Do children have to sit criss-cross applesauce in order to learn? Do you have to do weather and calendar during Circle Time? Find out these answers and more!</p>	<p>2hrs Curriculum & 1hr Special Needs CDA Area 2 \$15 Webinar - ZOOM Kathy Bish</p>

Training Descriptions August 2023

To register, click on the course title

Course & Date	Course Description	COK, Cost, Location & Trainer
<p><u>Successful Relationships Begin with You</u> Wednesday, August 16, 2023 6:00pm-9:00pm</p>	<p>Why are relationships so important? Think about how often you are able to give one on one attention to a child and what that means to them. In this class you will learn how to embed social interactions for children into their day. Discover strategies to teach social skills and how to develop safe secure relationships with the children in your care.</p>	<p>3hrs Professionalism CDA Area 6 \$15 Child Care Choices - Frederick County Bunny Egerton</p>
<p> <u>Educational Equity: Culturally Responsive Teaching</u> Thursday, August 17, 2023 6:00pm-9:00pm</p>	<p>In this training, participants will define equity, equality, and the differences between the two. Participants will be able to implement practices into their classroom to support educational equity.</p>	<p>2hrs Professionalism & 1hr Child Development CDA Area 2 \$15 Webinar - ZOOM Nicole Pierre</p>
<p><u>EMS CPR and First Aid Combo</u> Saturday, August 19, 2023 9:00am-12:00pm</p>	<p>This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.</p>	<p>\$80 Child Care Choices - Carroll County Crystal Curry</p>
<p><u>Story Stretchers for Infants and Toddlers</u> Wednesday, August 23, 2023 6:30pm-8:30pm</p>	<p>Infants and toddlers are naturally curious about the world around them, children's literature is a great tool to enhance this curiosity. In this workshop we will look at various children's books and extension activities to help our youngest learners gain a better understanding of the story.</p>	<p>2hrs Curriculum CDA Area 2 \$5 Garrett College 687 Mosser Rd., McHenry MD 21541 Darlene Schmidt</p>
<p> <u>Beyond Mr. Yuk: Poison Safety and Prevention</u> Thursday, August 24, 2023 6:30pm-8:30pm</p>	<p>Learn how Poison Control Center can support you and offer you help in times of need. Understand how to keep potentially hazardous materials out of reach from children. Notice importance of universal precautions and labels.</p>	<p>2hrs Health, Safety, and Nutrition CDA Area 1 \$10 Webinar - ZOOM Colleen Ford</p>
<p> <u>Switch On - Switch Off: Babies and Technology</u> Wednesday, August 30, 2023 6:30pm-8:30pm</p>	<p>Studies have shown that media exposure for children under the age of three can have long lasting negative impacts on child development, specifically brain development. This workshop explores some of the negative impacts and alternative strategies to screen time for our youngest learners to support healthy child development.</p>	<p>1hr Child Development & 1hr Curriculum CDA Area 2 \$10 Webinar - ZOOM Michele Stottlemyer</p>




Training Descriptions September 2023

To register, click on the course title

Course & Date

Course Description

COK, Cost, Location & Trainer

<p><u>Managing Stress at Any Age</u> Thursday, September 7, 2023 6:00pm-9:00pm</p>	<p>This training is designed to increase participants' knowledge of stress and how to manage its symptoms. This training introduces participants to "good" and "bad" stress as well as other types of stress such as acute stress and post traumatic stress disorder, and participants will learn initial signs and symptoms of each type of stress. The participants will also be able to examine the similarities and differences of stress in infants, toddlers, preschool children, school-aged children, adolescents and adults.</p>	<p>2hrs Health, Safety, and Nutrition & 1hr Professionalism CDA Area 1 \$15 Webinar - ZOOM Aurora Sanchez</p>
<p><u>Medication Administration</u> Saturday, September 9, 2023 9:00am-3:30pm</p>	<p>This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.</p>	<p>6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Carroll County Amanda Williams</p>
<p> <u>Introduction to the Maryland Credential</u> Tuesday September 12, 2023 6:30pm-8:30pm</p>	<p>The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on the how to participate in the Maryland Child Care Credential this workshop is for you!</p>	<p>2hrs Professionalism CDA Area 6 \$5 Child Care Choices - Frederick County Kim Petty</p>
<p> <u>Successfully Managing Children's Behavior: Connecting in Meaningful Ways</u> Tuesday September 12, 2023 6:00pm-9:00pm</p>	<p>A positive social/emotional environment is one in which children are eager to participate. In this training, participants will recognize the importance of providing a stable and predictable environment for the children they care for, and will gain insight into how to create the sort of classroom that encourages learning and meaningful interactions while also allowing children to gain control of their behaviors.</p>	<p>3hrs Child Development CDA Area 3 \$5 Child Care Choices - Washington County Tara Younker</p>
<p> <u>Helping Boys Blossom</u> Wednesday, Sept., 13, 2023 5:00pm-8:00pm</p>	<p>Despite current research showing that there are not many differences between boys and girls, the statistics show that boys are still facing many challenges. In this training, participants will clarify their role in supporting boys' growth, barriers that are created, and strength-based approaches to help boys blossom.</p>	<p>1hr Child Development, 1hr Curriculum and 1hr Special Needs CDA Area 8 \$5 LaVale Library 815 National Highway LaVale, MD 21502 Darlene Schmidt</p>

Training Descriptions September 2023

To register, click on the course title

Course & Date

Course Description

COK, Cost, Location & Trainer

<p><u>Basic Health & Safety Training with Supporting Breastfeeding in Child Care</u> Wednesday, Sept. 13, 2023 6:00pm-9:00pm</p>	<p>This workshop provides an overview of basic health and safety topics including the prevention and control of infectious diseases, SIDS, shaken baby syndrome and others. This workshop will satisfy the COMAR required training per federal CCDBG/CCDF guidelines as indicated by MSDE</p>	<p>3hrs Health, Safety and Nutrition CDA Area 1 \$20 Webinar - ZOOM Colleen Ford</p>
<p><u>Kids in Motion: Music and Movement Activities for the Whole Child</u> Thursday, September 14, 2023 6:00pm-9:00pm</p>	<p>This highly interactive training incorporates current research and theory on the benefits of music and movement for the "whole child," including, a child's physical development as well as their social-emotional development and cognitive growth. Participants will explore how music and movement is experienced by young children of other cultures and will, through hands-on activities, explore fun, practical ways to utilize music and movement every day, throughout the day.</p>	<p>1hr Child Development, 1hr Curriculum and 1hr Special Needs CDA Area 2 \$15 Child Care Choices - Carroll County Jacelyn Swilling</p>
<p><u>Emotions Matter</u> Thursday, September 14, 2023 6:00pm-9:00pm</p>	<p>Children experience many emotions throughout the day. Learn why these emotions, positive and negative, have an impact on their development and learn why it is important to teach children how to handle those emotions.</p>	<p>3hrs Child Development CDA Area 3 \$15 Webinar - ZOOM Michele Stottlemeyer</p>
<p><u>EMS CPR and First Aid Combo</u> Saturday, September 16, 2023 9:00am-12:00pm</p>	<p>This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.</p>	<p>\$80 Child Care Choices - Frederick County Crystal Curry</p>
<p><u>Combining Living and Learning</u> Wednesday, Sept. 20, 2023 6:00pm-9:00pm</p>	<p>Participants will learn ways to create a quality child care environment in their home. The mixed aged group workshop will include space planning, organizational ideas, and ways to encourage independent hands on learning using everyday materials and activities. Providers are encouraged to bring photos of their child care environment to the training.</p>	<p>3hrs Curriculum CDA Area 1 \$15 Webinar - ZOOM Christie Berkey</p>
<p><u>Developmentally Appropriate Supervision</u> Thursday, September 21, 2023 6:00pm-9:00pm</p>	<p>Gain greater understanding of how to appropriately and effectively supervise children of all ages. Explore techniques for indoor and outdoor supervision. Ensure children's safety through active monitoring to enable children to maximize their learning opportunities. This workshop can be used for licensing compliance requests.</p>	<p>3hrs Child Development CDA Area 1 \$15 Webinar - ZOOM Michele Stottlemeyer</p>

Training Descriptions September 2023

To register, click on the course title

Course & Date

Course Description

COK, Cost, Location & Trainer

<p>New!</p> <p><u>Using Storytelling to Enhance Children's Development</u> Tuesday, September 26, 2023 6:00pm-9:00pm</p>	<p>Storytelling is an integral part of our lives. We can enhance communication and encourage language development and social competence by expanding our capacity to tell stories.</p>	<p>3hrs Child Development CDA Area 2 \$15 Webinar - ZOOM Kathy Bish</p>
<p>Updated</p> <p><u>Introduction to the Maryland Credential</u> Wednesday, Sept., 27, 2023 6:30pm-8:30pm</p>	<p>The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on the how to participate in the Maryland Child Care Credential this workshop is for you!</p>	<p>2hrs Professionalism CDA Area 6 \$5 Garrett College 687 Mosser Rd., McHenry MD 21541 Darlene Schmidt</p>
<p><u>All Children are Gifted</u> Wednesday, Sept., 27, 2023 6:30pm-8:30pm</p>	<p>Understanding the special needs of children prepares child development professionals to create environments and programs for the children in their care.</p>	<p>2hrs Special Needs CDA Area 8 \$10 Child Care Choices - Frederick County Suellyn Giserman</p>
<p><u>Medication Administration</u> Saturday, September 30, 2023 9:00am-3:30pm</p>	<p>This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. Please bring a bag lunch.</p>	<p>6hrs Health, Safety and Nutrition CDA Area 1 \$60 Child Care Choices - Washington County Melanie Conway</p>

PERKS

PERKS is a free, voluntary, on-site prevention program and is most effective when challenging behaviors are addressed early.

Early identification and support will help teachers feel more empowered to handle challenging behaviors, which in turn can reduce frustration and burnout. In addition to child-specific cases, PERKS consultants can provide coaching to help support teachers with classroom-wide concerns. Although PERKS does not provide therapy or one-on-one support for children, consultants will connect families to resources as necessary.



Learning Day

Frederick Community College

Saturday, November 4, 2023

More information to come via email and facebook in September



Training Descriptions October 2023

To register, click on the course title

Course & Date

Course Description

COK, Cost, Location & Trainer

<p><u>Autism Spectrum Disorder: A Child's Perspective</u> Tuesday, October 10, 2023 6:00pm-9:00pm</p>	<p>This workshop will explore the world of autism as seen through the eyes of a child with a focus on the range and variance of symptoms as a spectrum disorder</p>	<p>3hrs Special Needs CDA Area 8 \$15 Webinar - ZOOM Nicole Pierre</p>
<p><u>Why Risk It?: Managing Risk in Child Care</u> Wednesday, October 11, 2023 6:00pm-9:00pm</p>	<p>Learn ways to reduce the risks associated with owning your own family child care business. We will learn the different categories of risks, how to prepare for risks, and how to diminish the effect these risks have on the family child care home.</p>	<p>3hrs Professionalism CDA Area 6 \$15 Webinar - ZOOM Christie Berkey</p>
<p> <u>Sensory Play for Infants and Toddlers</u> Wednesday, October 11, 2023 6:30pm-8:30pm</p>	<p>Sensory play enables infants and toddlers to scaffold learning, building on prior experiences. Providers will learn how to use non-traditional everyday sensory items to create discovery baskets to scaffold memory and enhance brain development in Infants and Toddlers.</p>	<p>2hrs Curriculum CDA Area 2 \$5 Garrett College 687 Mosser Rd., McHenry MD 21541 Darlene Schmidt</p>
<p> <u>Conflicts Arise; Proven Strategies Resolve</u> Wednesday, October 11, 2023 6:00pm-9:00pm</p>	<p>What situations arise among preschool children about how to play with toys, how to use materials, who participates, and when to take turns? Join us to learn the six proven strategies to guide children on all sides of these situations to articulate feelings and needs, hear and respond to each other, and have win/win results. Facilitator and professionals from DVD (25 min.) provide numerous examples and success stories, applicable to children in your care.</p>	<p>3hrs Child Development CDA Area 2 \$15 Child Care Choices - Frederick County Margie Powell</p>
<p> <u>Baby Picasso: Process Art Experiences for Infants and Toddlers</u> Thursday, October 12, 2023 6:00pm-9:00pm</p>	<p>Art is more than just a fun activity for infants and toddlers. When little ones engage in process art, they are strengthening many developmental skills. This workshop looks at the differences between Process Art and Arts & Crafts Projects. It focuses on the importance of letting little one's experience process and how this art form can support all domains of learning.</p>	<p>3hrs Curriculum CDA Area 2 \$15 Child Care Choices - Carroll County Jacelyn Swilling</p>
<p> <u>Including All Children and the Americans with Disabilities Act</u> Thursday, October 12, 2023 6:00pm-9:00pm</p>	<p>Workshop will cover information, strategies and resources on how to develop and implement an early childhood environment that is inclusive to all children and their families. The principles of the Americans with Disabilities Act will be covered using best practices standards to create policies and procedures that reflect the ADA and strategies for inclusion. This will meet the licensing requirement for the Including All Children and the ADA Training.</p>	<p>3hrs Special Needs CDA Area 6 \$20 Webinar - ZOOM Michele Stottlemeyer</p>



Training Descriptions October 2023

To register, click on the course title

Course & Date

Course Description

COK, Cost, Location & Trainer

Course & Date	Course Description	COK, Cost, Location & Trainer
<u>EMS CPR and First Aid Combo</u> Saturday, October 14, 2023 9:00am-12:00pm	<p>This program includes Adult, Infant, Child CPR, and choking procedures. The class is also appropriate for all child care providers who need to learn or review basic first aid. This course satisfies all state requirements and course completion cards will be emailed within 48 hours. This is a combo CPR and First Aid class that will result in both certifications.</p>	\$80 Child Care Choices - Washington County Crystal Curry
 <u>Introduction to the Maryland Credential</u> Tuesday October 17, 2023 6:30pm-8:30pm	<p>The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on the how to participate in the Maryland Child Care Credential this workshop is for you!</p>	2hrs Professionalism CDA Area 6 \$5 Child Care Choices - Washington County Tara Younker
<u>SIDS, SUID and Other Sleep-Related Infant Deaths</u> Wednesday, October 18, 2023 6:30pm-8:30pm	<p>As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe.</p>	2hrs Health, Safety and Nutrition CDA Area 1 \$15 Webinar - ZOOM Aurora Sanchez
<u>Making Meaningful Connections: Building the Foundation of the Young Brain</u> Wednesday, October 18, 2023 6:00pm-9:00pm	<p>This interactive training will build participants' knowledge around how a young child's brain develops between the ages of birth through five. Participants will actively engage in "building a brain", explore the importance of developing their own capacity, and learn specific strategies and interactions that grow healthy brains. After engaging with the content of this training, participants will have a better understanding of the core components used to support the growth of all learners.</p>	1hr Child Development, 1hr Professionalism & 1hr Special Needs CDA Area 8 \$15 Child Care Choices - Frederick County Suellyn Giserman
 <u>Growing Vegetable Soup: Connecting Children to Healthy Foods</u> Thursday, October 19, 2023 6:30pm-8:30pm	<p>Many young children do not know where the food they eat comes from - this workshop explores ways to connect children to healthy foods, discovering where their food comes from and ways in which they can interact with food in the classroom and outdoor spaces as well as beyond the childcare.</p>	2hrs Health, Safety and Nutrition CDA Area 1 \$10 Webinar - ZOOM Colleen Ford

Training Descriptions October 2023

To register, click on the course title

Course & Date

Course Description

COK, Cost, Location & Trainer

<p>Updated</p> <p><u>Introduction to the Maryland Credential</u> Tuesday, October 24, 2023 6:00pm-8:00pm</p>	<p>The Maryland Child Care Credential Program recognizes individual childcare providers who increase their qualifications beyond the requirements of state licensing and registration regulations. The Program is voluntary. Registered family childcare providers and childcare center staff are encouraged to participate. If you would like more information on the how to participate in the Maryland Child Care Credential this workshop is for you!</p>	<p>2hrs Professionalism CDA Area 6 \$5 LaVale Library 815 National Highway LaVale, MD 21502 Darlene Schmidt</p>
<p><u>Discoveries of Infancy: The What and How of Learning</u> Tuesday, October 24, 2023 6:30pm-8:30pm</p>	<p>Studies consistently show that babies learn the most and will likely remember what they learn when they can control what's happening. It's all about the experiences they choose (not necessarily those chosen for them) that help them learn fastest and most completely. This workshop explores the discovery of understanding that occurs in six main areas called the "Discovery of Infancy" theory.</p>	<p>2hrs Professionalism CDA Area 2 \$10 Webinar - ZOOM Michele Stottlemeyer</p>
<p>New!</p> <p><u>Creating Culturally Rich Environment with Loose Parts</u> Thursday, October 26, 2023 6:00pm-9:00pm</p>	<p>Young children are naturally curious about the people and places in their world, beginning with their family and local community. Creating an environment filled with loose parts that encourages exploration of their local culture and its people is an important component of early education.</p>	<p>3hrs Community CDA Area 3 \$15 Webinar - ZOOM Aurora Sanchez</p>

INFANT AND TODDLER SERVICES

Child Care Choices invites you to access our FREE Infant and Toddler Services. Our coaching services focus on providing developmentally appropriate and high-quality care for children birth to three years of age. Consultations can be reached through phone, email, in-person or virtual.

How we can help.....

- Assist with ITERS
- CDA and Credentialing Assistance
- Classroom Environment Assessment
- Classroom Environment Arrangement
- Concerns about Behaviors and Delays
- Curriculum Selection and Support
- Daily Schedules
- Environment
- Expansion of Infant and Toddler Care
- Lesson Planning
- Material Selection
- Training



Child Care Choices Workshop Registration

226 South Jefferson Street, Frederick, MD 21701 * 301-662-4549

Participant Name: _____

I am a : Center/Preschool Director Center/Preschool Educator
 Family Child Care Educator Potential Family Child Care Educator

(please print)

Other: _____



Home Address _____

Street

City

State

Zip Code

County

Phone: _____ home, work or cell phone (circle one)

Workshop Policies

By signing below, you are acknowledging that you have read and agree to abide by all of our registration policies

Signature

Date

Workshop Title	Date(s)	Fee

Payment By Check/Money Order (checks made payable to Child Care Choices/MHA

Credit Card (Visa or Master Card ONLY) _____ - _____ - _____ - _____

Exp. date: ____/____/____ Card Identification Number _____ (Last 3 digits on back of card)

Payer Name _____

Billing Address (if different from above) _____

Signature : _____

(Credit card statements will indicate Frederick County Mental Health as the merchant.)

Policies



MARYLAND CHILD CARE RESOURCE NETWORK COMPLAINT POLICY

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals can be found here (<https://marylandfamilynetwork.org/for-providers/find-your-child-care-resource-center>).

If you are not satisfied with the way your concerns are handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or at MCCRNinfo@marylandfamilynetwork.org. As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

LOCATE COMPLAINT POLICY

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined: Less Serious Complaint – No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child. Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department

which do not pose a threat to the health, safety or welfare of a child. Serious Complaint: any threat to the immediate health, safety, or welfare of a child. When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided. When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the “hold” on the provider/facility until the agency’s disposition of the complaint is known. Should the investigation result in no action, the “hold” status is removed from that provider’s/ facility’s records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE’s actions in writing. A provider may appeal the LOCATE Director’s decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network. It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable.

Safeguards and due process are afforded to the care givers in the files, and parents’ and children’s rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, Director, LOCATE: Child Care at 410-659-7701.