

Mental Health
ASSOCIATION

Annual Report 2014

mental health *matters*



Dear Friends and Supporters of MHA,

Fifteen years ago, my first newsletter column as MHA's CEO began with the following: "As I assume the 'awesome' role of Chief Executive Officer of the Mental Health Association, I am so impressed with the incredible breadth and the quality of activities that MHA carries out. I am impressed as well with the amazing range of issues and other organizations with which we deal. These remind me daily of how integral mental health, good mental health, is to everything we do and are as human beings!" I went on to say that I believed that the most difficult mental health issue we faced in Frederick was "the age-old problem of the stigma that is still associated with mental illness".

In some ways, absolutely nothing has changed since then. I still believe my position is an awesome one, I am still so impressed with breadth and quality of services that MHA offers, and I fear that stigma is still a major mental health issue.

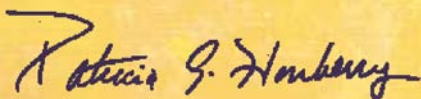
On the other hand, so much has changed. Mental health services have become so much more accessible with the advent of mobile crisis services for adults and children offered by the Way Station and the newest addition, the behavioral health walk-in program offered by MHA. Speaking of accessibility, not long after I began this position, MHA became the Western Maryland provider of 2-1-1 services, offering 24-hour telephone access to information and referral to all health and human services in Maryland, in addition to the crisis services we have always offered.

The most obvious difference internally is that, with the completion of our lovely new building, the staff are no longer crammed into a rabbit warren of offices in two long and narrow, albeit very charming, townhouses. Program participants no longer have to try to remember in which church or other building their activity is going to take place or to search for a place to park when coming to MHA, and they have a welcoming and comfortable place to receive services.

What makes me proudest about our beautiful and spacious building, however, is that it stands on a visible corner on a main corridor into Frederick City, with the words "Mental Health" detectable from all directions, demonstrating to all that everyone has a place where they can seek help, and that mental health and mental illness are out in the open, visibly and without shame.

Of late, on hearing of my retirement, folks have congratulated me on the work I've done while at MHA. While I appreciate the compliments, I am simply the face of this organization. Our quality and caring direct services are provided by the most amazing team of compassionate professionals, supported by incredibly dedicated and skilled financial and administrative staff. And every board with whom I have worked has been knowledgeable and supportive and has had the agency's back every step of the way. It has taken all of these people to make MHA the highly competent and responsive organization it is today.

This is the best position I have held in my career, bar none. It has been my pleasure to serve as the CEO of MHA and to serve the people of Frederick, helping them on their path to health and wholeness, thereby strengthening our whole community. There is no question that I will miss MHA's staff and board and the ongoing relationships I enjoy with my professional colleagues, sponsors and donors. I will, however, remain in Frederick and look forward to continuing my involvement in this wonderful community.



Patricia G. Hanberry
CEO Mental Health Association of Frederick County

SUPPORT AND REVENUE

Public Grants	\$ 1,702,864
Private Contracts	76,515
Program Service Revenue	214,227
United Way	47,969
Private Donations/Foundations	278,511
Special Events/Fundraising	109,282
Capital Campaign Revenue	200,352
Other Income	7,060
Investment Income	13,154

TOTAL SUPPORT AND REVENUE
\$ 2,649,934

EXPENSES

PROGRAM SERVICES

Child Care Choices	\$ 348,735
Community Support Services	584,588
Counseling Services	199,159
Family Support Services	564,317
MHA Programs	158,750

TOTAL PROGRAM SERVICES
\$ 1,855,549

SUPPORTING SERVICES

Fundraising Expenses	\$ 42,316
Capital Campaign	34,140
Management and General	264,511

TOTAL SUPPORTING SERVICES
\$ 340,968

TOTAL EXPENSES
\$ 2,196,517

We earned the
GuideStar®
Exchange Seal,
demonstrating our
commitment to
transparency.

*The financials listed above are
un-audited figures.*

27

Walk-in Clients »

(seen in first few weeks of service)

30% of Walk-in Program clients would have gone to the Emergency Department if this service had not been available



"I am so glad to have been able to talk

to someone about everything I am feeling

and have a plan about how to get through

this. I feel so much better."

-Walk-in Client

HUMANITARIAN SOCIETY
Cumulative Gifts of \$250,000+
Ausherman Family Foundation
Maryland State Legislature
The George L. Shields Foundation

William E. Cross Foundation
Nelson and Celia Zahler

LEADERSHIP SOCIETY
Cumulative Gifts of
\$100,000-\$249,999
Constellation Energy
The Nora Roberts Foundation

DOVE SOCIETY
Cumulative Gifts of \$10,000-\$24,999
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BB&T Frederick Commercial
CF Imirie Fund
Dr. Casper and Mrs. Nancy Cline
The Church of the Transfiguration
The Community Foundation of
Frederick County

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The Delaplaine Foundation, Inc.
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PNC Foundation
Randall Charitable Trust
Daryl and Paula Routzahn
Jane and Herb Stevens
United Way of Central Maryland



146

Families served by Systems Navigation »

88% of families were able to receive services from agencies Navigation referred them to

Dr. John and Madonna Vitarello
Debbie Williams
The Temple: A Paul Mitchell Partner School
The Women's Giving Circle of
Frederick County

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Rotary Club of Carroll Creek
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In Honor of SPC Ronald H. Wildrick, Jr.
Mike and Marlene Young

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FY12 Gifts of \$1 - \$999

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Center for Mind-Body Therapies
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Hope Consortium
MedPsych Health Services
Monocacy Neurodevelopmental Center
Monocacy Start Center, Inc.
Psychotherapy Services, LLC



974

Healthy Families home visits »

98% of the children from participating families are developmentally on target

2,713

Counseling sessions provided »
(50% of clients seen on a sliding scale)



83% clients report improvement in emotional well-being

88% of clients report overall improvement in daily functioning

South Mountain Counseling Services
The Mental Health Center
of Western Maryland
Trinity Pastoral Counseling Center
Villa Maria of Frederick County
Vital Sources, LLC

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2014 CATOCTIN AFFAIR

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Graphcom
The Temple - A Paul Mitchell Partner School
WLR Automotive Group

GOLD SPONSORS

Ausherman Family Foundation
Corporate Occupational Health Solutions
Comcast
Find It Frederick

25,089

Hotline Calls

7,192

2-1-1 Calls

1,726

**Suicide
Related Calls »**

96% feel better prepared to deal with their crisis after calling



“You make me feel important

and that I’m not alone.”

-Telephone Reassurance Client

Frederick County Bank
Frederick Dermatology
Frederick Magazine
Frederick Memorial Healthcare System
Grand Rental Events
Great Southern Enterprises, Inc.
Leidos Biomedical Research, Inc.
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Three Old Souls
Wegmans

2014 Annual Report lists donations received from July 1, 2013 - June 30, 2014
We have made every effort to ensure the accuracy of this list, but please notify us of any errors or omissions.



"The world is hugged by the faithful arms of volunteers."

-Terri Guillemets

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THE MENTAL HEALTH ASSOCIATION OF FREDERICK COUNTY

226 S. Jefferson Street
Frederick, MD 21701
301-663-0011
www.fcmha.org
www.facebook.com/MHAFrederick

We envision a community where children can grow and thrive without fear, where good mental health is valued, where people of all ages know when and how to seek help for emotional or family problems without shame, and where everyone will have access to mental health services without barriers.

BOARD OF DIRECTORS

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