TOGETHER
WE ARE BUILDING A STRONG FOUNDATION
of emotional wellness

Dear Friends and Supporters of MHA,

With our Capital Campaign completed, our building is ready for our expanded mission. We have a new capacity to serve many more people than we otherwise could have reached with our limited space. Together we can help to make a difference in the lives of our community members. We are looking to the future with great optimism that everyone will have access to mental health services without barriers.

Internally, we completed a two-year process of reorganization. This process included the establishment of partnerships internally and externally. Organizations such as the Frederick Rescue Mission, the Frederick County Work Force, and 21st Century Learning Centers have lead to new and continuing relationships with us. We have agreed to sponsor public classes and, together, we can help to reach out to and collaborate with our communities.

In the year 2013, the theme of this year’s Annual Report is ‘together’. We are building a strong foundation of emotional wellness in Frederick County, and together we are here to seek help for emotional or family problems. A good mental health is valued, where people of all ages know when and how to seek help for emotional or family problems. We envision a community where children can grow together.

Wing, slated for completion in winter 2014, will allow us to start construction on our Community Services Building. We completed our $3.4 million campaign, supported by the George Shields Foundation, and two additional State Bond Bills.

We are building a strong foundation of emotional wellness in Frederick County, and together we are here to seek help for emotional or family problems.

301-663-0011
Frederick, MD 21701

OF FREDERICK COUNTY
THE MENTAL HEALTH ASSOCIATION

GuideStar®
Dear Friends and Supporters of MHA,

This is the time of year when we reflect—"together we can do more"—as we look back on the past year at the Mental Health Association of Frederick County. It is a time to celebrate our successes, and to envision future progress as we continue to grow and expand as the need for more services increases. We envision a community where children can grow and thrive without fear, where people of all ages know when and how to access mental health services, and where our community partners, so that together we can help to strengthen our community.

The board and senior staff engaged in an extensive and exhausting strategic planning process, one of the results of which was the need for us to identify additional partnerships to reach out and to collaborate with our community partners, so that together we can help to strengthen our community. Our efforts along these lines have included our renewed focus on making connections with organizations such as the Frederick Rescue Mission, Family Community College, Research Ebola Work Force Services, Mental Health Foundation, United Way, and others.

Internally, we completed a two-year process of reorganization while the new capital campaign that will not only increase the quantity or quality of services we provide, but will allow us to continue to grow and expand as we need to meet the needs of our community.

With our Capital Campaign completed, our building renovation now completed, and the economic recovery, we are looking to the future with great optimism that together we can build a community where children can grow and those who face mental health issues, have good mental health in school, where people of all ages know when and how to access mental health services without barriers, and where everyone will have access to mental health services without barriers.

"What you leave behind is not what is engraved in stone monuments, but what is woven into the lives of others."

Sincerely,

Patricia & Martin

The Mental Health Association of Frederick County

301-663-0011

Frederick, MD 21701

THE MENTAL HEALTH ASSOCIATION
OF FREDERICK COUNTY

SUPPORT AND REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Grants</td>
<td>$1,479,077</td>
</tr>
<tr>
<td>Private Contracts</td>
<td>$81,750</td>
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<tr>
<td>Program Service Revenue</td>
<td>$485,457</td>
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<tr>
<td>United Way</td>
<td>$39,557</td>
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<tr>
<td>Private Donations/Foundations</td>
<td>$485,707</td>
</tr>
<tr>
<td>Special Events/Fundraising</td>
<td>$359,144</td>
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<tr>
<td>Capital Campaign Revenue</td>
<td>$546,741</td>
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<tr>
<td>Membership Dues</td>
<td>$6,290</td>
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<tr>
<td>Other Income</td>
<td>$16,884</td>
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<tr>
<td>Investment Income</td>
<td>$11,503</td>
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TOTAL SUPPORT AND REVENUE: $2,745,761

EXPENSES

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Program Services</td>
<td>$1,955,209</td>
</tr>
<tr>
<td>Child Care Choices</td>
<td>$786,384</td>
</tr>
<tr>
<td>Community Support Services</td>
<td>$583,302</td>
</tr>
<tr>
<td>Counseling Services</td>
<td>$237,071</td>
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<tr>
<td>Family Support Services</td>
<td>$645,255</td>
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<tr>
<td>21st Century Learning Centers</td>
<td>$14,925</td>
</tr>
<tr>
<td>MHA Programs</td>
<td>$85,078</td>
</tr>
<tr>
<td>Training</td>
<td>$1,915</td>
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TOTAL PROGRAM SERVICES: $1,955,209

SUPPORTING SERVICES

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fundraising Expenses</td>
<td>$16,353</td>
</tr>
<tr>
<td>Capital Campaign</td>
<td>$81,429</td>
</tr>
<tr>
<td>Building Expenses</td>
<td>$9,094</td>
</tr>
<tr>
<td>Management and General</td>
<td>$281,074</td>
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</tbody>
</table>

TOTAL SUPPORTING SERVICES: $427,869

TOTAL EXPENSES: $2,384,064

We earned the GuideStar® Exchange Seal, demonstrating our commitment to transparency.
"Thank you for all you have done for my family. It can’t be said how much we appreciated your visits and support. It meant so much to us to have our family back together. We are so grateful for all that you have done for us."

—Anonymous

"I appreciate you listening."}

"...one of the brunt of the trauma; for people like me; you are..."

—Iman Eldar

We have made every effort to ensure the accuracy of this list, but please notify us of any errors or omissions.

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**Cumulative Gifts of $25,000-$49,999**

Anonymous

**LEADERSHIP SOCIETY**

- Anonymous
- Constellation Energy
- Ausherman Family Foundation
- Humanitarian Society

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**Cumulative Gifts of $1,000-4,999**

- Dr. Gerardo Araiza
- AOPA

---

**FY12 Gifts of $1-$999**

- James and Helen Dixon
- Cork Ventures, LLC
- Carmen Hernandez
- Drs. Manuel Casiano and Faye and Robert Cannon

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**PROFESSIONAL MEMBERS**

- Vital Sources, LLC
- HOPE Consortium
- Frederick Psychology Center
- Monocacy Neurodevelopmental Center, LLC

---

**PROFESSIONAL GROUP MEMBERS**

- Knights of Columbus
- Knights of Columbus
- Knights of Columbus
- Knights of Columbus
- Knights of Columbus

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**PRESENTING SPONSOR**

- The King of Christmas

---

**CRYSTAL SPONSORS**

- Three Old Souls

---

**SILVER SPONSORS**

- Samsung Rockville
- BB&T Frederick Underwriters
- BB&T Frederick Commercial

---

**ROSE SPONSORS**

- Morgan-Keller Construction

---

**HEALTH SPONSORS**

- Comcast

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**Awards**

- National Philanthropic Trust
- Carl and Norma Miller
- Alan and Teresa Mawdsley
- Joseph and Gayle Grover
- Linda and Scott Myers
- Mid Maryland Performing Arts Center
- MedImmune
- Kathy and Larry McGee
- Richard and Paula Haney
- Joseph Berman
- Alice J. Berlin, LCWS-C
- Arthur and Julane Anderson

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**Outcomes**

<table>
<thead>
<tr>
<th>Children Served</th>
<th>Healthy Families</th>
<th>First Time Parents</th>
<th>Home Visits</th>
<th>Follow Up</th>
</tr>
</thead>
<tbody>
<tr>
<td>150</td>
<td>73</td>
<td>90</td>
<td>100</td>
<td>76</td>
</tr>
</tbody>
</table>

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**Children for Children**

- The Community Foundation of Frederick County
- Rotary Club of Frederick
- Rotary Club of Frederick
- Rotary Club of Frederick
- Rotary Club of Frederick
- Rotary Club of Frederick

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**In Loving Memory**

- In Loving Memory of Kenneth Jordan
- In Loving Memory of Kenneth Jordan

---

**For it is in giving that we receive."**

—Anonymous
You don’t know the benefit of a hug until you’ve felt the bruise at the front of the trauma. I appreciate you following.
CEO Mental Health Association of Frederick County
Patricia G. Hanberry
for emotional or family problems without shame, and where people of all ages know when and how to seek help and thrive without fear, where good mental health is valued, together we are looking to the future with great optimism that continue to grow and expand as the need for more services quantity or quality of services we provide, it will allow us to
Internally, we completed a two-year process of reorganization.
Frederick Community College, Frederick County Work Force
strengthen our community.  Our efforts along these lines

On the heels of the terrible Newtown, CT tragedy, we were

with a successful live appeal at the 2013 Catoctin Affair,

the events of this last year.

The theme of this year’s Annual Report is – how

demonstrating our commitment to wellness.  There couldn’t be a more fitting word to describe ‘together’

The financials listed above are un-audited figures.

TOTAL EXPENSES
$ 2,745,761

TOTAL SUPPORT AND REVENUE
$ 2,384,064

TOTAL PROGRAM SERVICES
$ 1,956,200

PROGRAM SERVICES
Child Care Choices    $ 430,152
MHA Programs      81,029
Family Support Services   611,255

FUNDING SOURCES
Investment Income     11,503
Other Income     16,881
Capital Campaign Revenue   518,741
United Way      50,557
Program Service Revenue   288,451
Management and General   281,074
Capital Campaign     92,413

Visitation

Shaysa Villa
Beverly Snyder
Gabbriel Scott
Amanda Ray
Lori Pettyjohn
Dorothea Ottesen
Kristy O’neal
Kerrie Ogden
Katherine O’connor
Rita Myles
Gary Moeller
Melinda Metz
Hollie Mercier
Courtney McFee
Terri Mawdsley
Kathy Martin
Wilma Kumar-Rubock
Helen Jones
Phyllis Hoyer
Susan Hamalainen
Kari Gang
Shannon Dennison
Robin Cornblatt
Tiffany Channing
Zoe Carson
Colleen Bugler
Tish Brush
Deborah Bowers
Carmen Belford
Tyonja Bathgate
Vonda Ambush
Nicole Aliev
Glenn Zior

THE MENTAL HEALTH ASSOCIATION
OF FREDERICK COUNTY
226 S. Jefferson Street
Frederick, MD 21701
www.fcmha.org
www.facebook.com/MDFred

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with Karenless, President
in the
Chairman:
Vice Chairman:
Secretary:
Treasurer:
2013 CATOCTIN AFFAIR

ADVISORS

LEADERSHIP TEAM

Finance

Legal

www.fcmha.org

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