



Building a strong foundation of emotional wellness by connecting...

People to people. People to resources. People to hope, healing and growth.

Dear Triends and Supporters,

Although things are never static at the Mental Health Association, fiscal year 2012 was one of unusual change. After four years of making plans, raising funds, donning hard hats, breaking ground and cutting ribbons, we finally moved into our (almost) brand-new facility at 226 South Jefferson Street.

As I reflect on this incredible journey, I am in awe of the partnerships that it took to get us to this place. First and foremost, over 300 individuals, businesses, foundations, government entities, MHA board members and staff members contributed over \$1.6 million to the project! That demonstration of support for the work that we do and care for the people we serve is absolutely priceless! Everyone involved in the project — Marty Bates, architect; Waynesboro Construction and their subcontractors; Blue Ridge Bank; Office Suppliers, Inc.; Ramar Moving Systems; Signs by Tomorrow; Renaissance Chef and many others too numerous to name, were so incredibly generous with their time and resources. We are grateful to you all!

The best is yet to come, however. We are in the final phases our Capital Campaign to complete the Community Services Wing — A Place of Healing and Growth. It is here where we will educate child care providers to care for children during the most vulnerable and developmentally important years of their lives; where those who have lost loved ones to suicide will finally find a permanent place to help with their healing; where children who are separated from their parents can reunite with them in a safe and comforting environment; and where children who have been abused or traumatized will find help for their recovery.

The new space that MHA occupies is so much more than a building. It is here that staff provides services which not only help turn peoples' lives around but literally help to save them on a daily basis: reaching out to isolated seniors to ensure their safety and well-being; counseling people of all ages who are desperate for someone who cares and understands; responding to people set on taking their own lives. We care for people who believe that they are not worth caring for.

And so we thank all of you, our friends and supporters, the people without whom we could not do what we do, for partnering with us in saving families and saving lives.

Patricia G. Hanberry

CEO Mental Health Association of Frederick County

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SUPPORT AND REVENUE

Public Grants	\$ 1,783,445
Private Contracts	117,017
Program Service Revenue	270,033
United Way	58,033
Private Donations/Foundations	169,987
Special Events/Fundraising	108,452
In-Kind Donated Goods and Services	116,987
Capital Campaign Revenue	329,162
Membership Dues	6,430
Other Income	8,078
Rental Income	21,600
Investment Income	(-7,821)

TOTAL SUPPORT AND REVENUE \$ 2,981,403

EXPENSES

PROGRAM SERVICES

Child Care Choices	758,318
Hotline	481,315
Counseling Services	228,737
Prevention	697,731
MHA Programs	56,517
Training	4,758

TOTAL PROGRAM SERVICES \$ 2,227,376

SUPPORTING SERVICES

Fundraising Expenses	73,185
In-Kind Goods and Services Sold	116,987
Capital Campaign	75,234
Building Expenses	79,580
Management and General	301,687

TOTAL SUPPORTING SERVICES \$ 646,673

We earned the GuideStar® Exchange Seal,

demonstrating our commitment to transparency.

TOTAL EXPENSES \$ 2,874,049

THE MENTAL HEALTH ASSOCIATION OF FREDERICK COUNTY makina connections

2,374

Hours of training in suicide awareness and prevention and Mental Health First Aid

Site visits at 50 child care programs supporting early childhood mental health

"A very big help for my family"



"For it is in giving that we receive." -Saint Francis Assisi

HUMANITARIAN SOCIETY

Cumulative Gifts of \$250,000+ Ausherman Family Foundation Maryland State Legislature

LEADERSHIP SOCIETY

Cumulative Gifts of \$100,000-\$249,999 Constellation Energy

CORNERSTONE SOCIETY

Anonymous United Way of Frederick County

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Cumulative Gifts of \$25,00 The Joseph D. Baker Fund Jim Campbell The City of Frederick Freddie Mac Foundation The G. Frank Thomas Foundation, Inc. The George L. Shields Foundation SAIC - Frederick C. Wayne Smith

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"When I called 2-1-1. they really listened to me. A week or so later, that 2-1-1 person called me back, just to check in and see how I was do-

-Dannv

2,065 Child care providers participated in training sessions

2,041

Technical inquiries by child care providers, in an attempt to provide the highest quality of care

1,056

Home visits to support and educate first time at-risk parents

Sandy Clipp Jill B. Cody, MA, LCPC John and Michele Corr Dr. Lawrence Costello Michael and Gina Cumberland John and Kate D'Amore Dayssy Davila Cathie Deadrick Sharron DeAngelo Bill and Jackie Dieterich Terry and Jesse Falkenberg Charles and Cathy Fauble Guy and Robin Fletcher Jennifer and Tim Fuss Richard and Debra Gilbert Wallace Glisson Betty Grinder Anita and Jim Gugel Cathy and Ronald Hadee Marcie Handrich Corey Hardinger-Wilt Heatherly Hodges Mary Howser Russ Hylton Clark Jones Richard and Martha Jones

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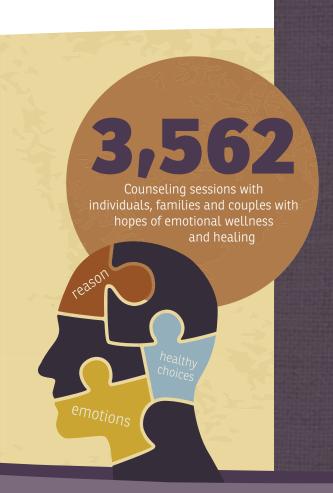
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Sally started receiving Healthy Families Frederick (HFF) services after the birth of her child. As Sally developed a relationship with her worker, she revealed that there was violence in the home. In addition, Sally scored in the area of concern on a depression screening. The worker referred Sally to domestic violence services, and HFF paid for counseling through a special grant.

Sally began to see herself more positively. She found a job and learned new skills. She was able to take a stand with her husband and the domestic violence stopped.

She found the strength to stand up for herself successfully. Sally continues to build a life for herself and her child. The change from severe depression and despondency to an independent self supporting woman is an amazing life change.

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We envision a community where children can grow and thrive without fear, where good mental health is valued, where people of all ages know when and how to seek help for emotional or family problems without shame, and where everyone will have access to mental health services without barriers.

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With sincere gratitude for more than 18,477 hours of volunteer time and talent!

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