Building a strong foundation of emotional wellness by connecting...

People to people. People to resources. People to hope, healing and growth.
Dear Friends and Supporters,

Although things are never static at the Mental Health Association, fiscal year 2012 was one of unusual change. After four years of making plans, raising funds, donning hard hats, breaking ground and cutting ribbons, we finally moved into our (almost) brand-new facility at 226 South Jefferson Street.

As I reflect on this incredible journey, I am in awe of the partnerships that it took to get us to this place. First and foremost, over 300 individuals, businesses, foundations, government entities, MHA board members and staff members contributed over $1.6 million to the project! That demonstration of support for the work that we do and care for the people we serve is absolutely priceless! Everyone involved in the project – Marty Bates, architect; Waynesboro Construction and their subcontractors; Blue Ridge Bank; Office Suppliers, Inc.; Ramar Moving Systems; Signs by Tomorrow; Renaissance Chef and many others too numerous to name, were so incredibly generous with their time and resources. We are grateful to you all!

The best is yet to come, however. We are in the final phases of our Capital Campaign to complete the Community Services Wing – A Place of Healing and Growth. It is here where we will educate child care providers to care for children during the most vulnerable and developmentally important years of their lives; where those who have lost loved ones to suicide will finally find a permanent place to help with their healing; where children who are separated from their parents can reunite with them in a safe and comforting environment; and where children who have been abused or traumatized will find help for their recovery.

The new space that MHA occupies is so much more than a building. It is here that staff provides services which not only help turn peoples’ lives around but literally help to save them on a daily basis: reaching out to isolated seniors to ensure their safety and well-being; counseling people of all ages who are desperate for someone who cares and understands; responding to people set on taking their own lives. We care for people who believe that they are not worth caring for.

And so we thank all of you, our friends and supporters, the people without whom we could not do what we do, for partnering with us in saving families and saving lives.

Patricia G. Hanberry
CEO Mental Health Association of Frederick County

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We earned the GuideStar® Exchange Seal, demonstrating our commitment to transparency.

SUPPORT AND REVENUE

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Grants</td>
<td>$1,783,445</td>
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<tr>
<td>Private Contracts</td>
<td>117,017</td>
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<tr>
<td>Program Service Revenue</td>
<td>270,033</td>
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<tr>
<td>United Way</td>
<td>58,033</td>
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<tr>
<td>Private Donations/Foundations</td>
<td>169,987</td>
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<tr>
<td>Special Events/Fundraising</td>
<td>108,452</td>
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<tr>
<td>In-Kind Donated Goods and Services</td>
<td>116,987</td>
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<tr>
<td>Capital Campaign Revenue</td>
<td>329,162</td>
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<tr>
<td>Membership Dues</td>
<td>6,430</td>
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<tr>
<td>Other Income</td>
<td>8,078</td>
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<tr>
<td>Rental Income</td>
<td>21,600</td>
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<tr>
<td>Investment Income</td>
<td>(-7,821)</td>
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TOTAL SUPPORT AND REVENUE $2,981,403

EXPENSES

<table>
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<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Child Care Choices</td>
<td>758,318</td>
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<tr>
<td>Hotline</td>
<td>481,315</td>
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<tr>
<td>Counseling Services</td>
<td>228,737</td>
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<tr>
<td>Prevention</td>
<td>697,731</td>
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<tr>
<td>MHA Programs</td>
<td>56,517</td>
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<td>Training</td>
<td>4,758</td>
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TOTAL PROGRAM SERVICES $2,227,376

<table>
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<th>Category</th>
<th>Amount</th>
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<tr>
<td>Fundraising Expenses</td>
<td>73,185</td>
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<tr>
<td>In-Kind Goods and Services Sold</td>
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<tr>
<td>Capital Campaign</td>
<td>75,234</td>
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<tr>
<td>Building Expenses</td>
<td>79,580</td>
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<tr>
<td>Management and General</td>
<td>301,687</td>
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</table>

TOTAL SUPPORTING SERVICES $646,673

TOTAL EXPENSES $2,874,049
THE MENTAL HEALTH ASSOCIATION OF FREDERICK COUNTY
making connections

2,374
Hours of training in suicide awareness and prevention and Mental Health First Aid

279
Parents and 168 children benefitted from the intensive support and advocacy of Systems Navigation, Supervised Visitation and Monitored Transfer, and Court Appointed Special Advocates.

484
Site visits at 50 child care programs supporting early childhood mental health

“A very big help for my family”
-Sylvia

“For it is in giving that we receive.”
-Saint Francis Assisi

HUMANITARIAN SOCIETY
Cumulative Gifts of $250,000+
Ausherman Family Foundation
Maryland State Legislature

LEADERSHIP SOCIETY
Cumulative Gifts of $100,000-$249,999
Constellation Energy

CORNERSTONE SOCIETY
Cumulative Gifts of $50,000-$74,999
Anonymous
United Way of Frederick County

INVESTOR SOCIETY
Cumulative Gifts of $25,000-$49,999
The Joseph D. Baker Fund
William H. Browning
Jim Campbell
The City of Frederick
John J. Fitzgerald, III
Freddie Mac Foundation
The G. Frank Thomas Foundation, Inc.
The George L. Shields Foundation
Jeffrey and Patricia Hurwitz
SAIC - Frederick
C. Wayne Smith
Nelson and Celia Zahler

DOVE SOCIETY
Cumulative Gifts of $10,000-$24,999
Richard and Sue Basford
CF Imirie Fund
Dr. Casper and Mrs. Nancy Cline
The Delaplaine Foundation, Inc.
George and Betty Delaplaine
Evangelical Reformed United Church of Christ
Frederick Business Properties Co.
Frederick Co. Association of Realtors
Frederick Mutual Insurance Co.
Jack Fritz and Adrianne Wodey
Pat and Gerry Hanberry
Mr. and Mrs. Robert G. Hooper
In Loving Memory of Kenneth Jordan
Jean M. Joyce
Chris and Lucia Kline
Dr. Henry and Mrs. Page Laughlin
Jack Leshehr
Loats Foundation
Rocky and Nancy Mackintosh
Alan and Teresa Mawdsley
Carl and Norma Miller
National Philanthropic Trust
Terry and Pam O’Malley
PNC Foundation
Randall Charitable Trust
Daryl and Paula Routzahn
Jane and Herb Stevens
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Dr. John and Madonna Vitarello
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Jane and Herb Stevens
United Way of Central Maryland
Dr. John and Madonna Vitarello
William E. Cross Foundation

TRANQUILITY SOCIETY
Cumulative Gifts of $5,000-9,999
Anonymous
Drs. Irvin and Kudiratu Clark
John F. Dallavalle
Fountain Rock Management Group
Eric and Karen Grenfell
Gail and Joyce Guyton
Norine and Ted Haas
Hunt and Joan Hendrickson
Tom and Susan Kleinhans
Marc Lessaer
The Mayernik Family
Dr. Philip McGam
MHA FY10 Staff
Plamondon Companies

PEACE OF MIND SOCIETY
Cumulative Gifts of $1,000-$4,999
Shannon and William Aleshire
Anonymous
AOPA
Justin and Lauren Ausherman
BB&T Frederick Underwrighters
Mike and Carla Bodnar
Dr. David and Ms. Gayle Bromberg
Calvary United Methodist Church
Faye and Robert Cannon
Drs. Manuel Casino and Carmen Hernandez
Cork Ventures, LLC
The Rev. Janice Daffern and Michael Bunitsky
James and Helen Dixon
Dorcus Construction
Lydon Fetterolf Corydon, P.A.
James and Helen Dixon
Equipment Development Company
Dr. Robert and Mrs. Beisy Fisher
Frederick Brick Works
Janet C. Garrett
Griff and Mary Garwood
Raymond Griffin and Ruth Nayman
Dana and Nicholas Grayson
Richard and Paula Haney
Dr. Everett T. and Mrs. Patricia Hart
Kevin and Jeannie Hessler
Brad and Virginia Horner
Hank and Christy Kehlbeek
David and Mimi Mack
Kathy and Larry McGee
Medimmune
Jennifer Moore
Keith and Patty Morison
Linda and Scott Myers
The Nora Roberts Foundation
Oak Contracting Builders
Potomac Valley Brick and Supply Company
Severn, O’Connor, & Kresslein, PA
David and Karen Thomassen
Eva Webb
In Honor of SPC Ronald H. Wildrick, Jr.
Mike and Marlene Young

HARMONY SOCIETY
FY12 Gifts of $1 - $999
Nicholas Adams
Ric and Ann Adams
Katie Aleshire
All Saints Protestant Episcopal Church
Anonymous
Mary Liz Austin, LCPC
Bank of America Foundation
Ian P. Bartman, Esquire
Phil and Linda Berkheimer
J. I. Berman
Dr. Ronald Best
Joshua and Katherine Bokee
Suzi Borg
Bridges Plus, LLC
David Burgener
Michael Bunitsky II and Ingrid Nielsen
Lashelle Cardwell
Shirron and Andy Carpel
Dorothea Christopher
Elbert and Virginia Clark

"For it is in giving that we receive.”
-Saint Francis Assisi

Parents and 168 children benefitted from the intensive support and advocacy of Systems Navigation, Supervised Visitation and Monitored Transfer, and Court Appointed Special Advocates.

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Maureen Cleveland
Sandy Clipp
Jill B. Cody, MA, LCPC
William and Joanna Coffey
John and Michele Corr
Dr. Lawrence Costello
Denzel K. Cramer
Kim and John Crouch
Michael and Gina Cumberland
John and Kate D’Amore
Dayssy Davila
Cathie Deadrick
Sharron DeAngelo
Doris Delsalto
Christine Demas
Mike and Ellen Didion
Bill and Jackie Dieterich
Greta Elbert
Terry and Jesse Falkenberg
Charles and Barbara Kaas
Wade and Nancy King
Lauren Kemper
Reverend and Mrs. Albert K. Lane, III
Ann Lucas
Peg Marose
Mary and Larry Marsh
Nichelle May
Mark and Angela Mayer
Paul and Linda McArthur
Richard and Dixie Miller
Linda Moran
Monica and Ronald Myers
Dr. Aubrie and Mr. Zoltan Nagy
Nathan Family Foundation Inc.
Ruth Nayman
Charles A. and Kathryn Z. Nicodemus
Joshua and Cydamaire Pedersen
Lin Phelps
Nicole and Shawn Pierre
Psychotherapy Services, LLC
Professional Masonry Association
The Ranneys
Ruth Reber
Dr. Gerald and Mrs. Nancy Reed
Richard Reid
Terre and Peggy Rhoderick
Patricia Rhodes
Dr. Michael Rikfin
Leo and Christine Rocca, Jr
Dean and Robin Rose
Scott Rose and Mary Liz Austin
Brian Runkles
Jeannie and Craig Russell
Steven and Beth Santa Maria
Mary Saxon-Cupper
David and Lynn Severn
Dennise Shearner
Milby Shepley
Herbert and Susan Smaha
Sharon Kaye Smith
Beverly Snyder
Lynn Sorbelo
Myra Spencer
Tina Spratt
Alaina Strasburg
Terrace Dental Group
David and Maria Vershel
Villa Maria of Frederick County - a program of Catholic Charities
Vital Sources, LLC
Jeremy and Nancy Weeks
Richard and Amy Weldon
Norman and Patricia Wetzel
Jeffrey Braun and Maria Zammichiel
Kathleen and Melvin Zimmerman

PROFESSIONAL GROUP MEMBERS
Allied Counseling Group, LLC
Associated Family Counseling, PA
Behavioral Health Partners of Frederick
Blue Ridge Behavioral Health Services
Brook Lane
Catoctin Counseling Center, Inc.
Center for Integrative Health Care
Center for Mind-Body Therapies
Counseling Services
Frederick Psychology Center
Harper & Associates
Healing Circles Wellness Center
Monocacy Counseling Center
Monocacy Neurodevelopmental Center, LLC
Psychotherapy Services, LLC
Roxbury Treatment Center
South Mountain Counseling Services
The Mental Health Center of Western Maryland
Trinity Pastoral Counseling Center
Villa Maria of Frederick County
Vital Sources, LLC

PROFESSIONAL MEMBERS
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Ann Adams L.C.S.W.-C. B.C.D.
Nicole K. Albertson Psy.D.
Amy Seid Altman L.C.S.W.-C.
Nina M. Anzalone L.C.S.W.-C, PA CMT
Elizabeth A. Ashman L.C.S.W.-C
Mary Liz Austin LCPC
Veronica Bannon LCPC, NCC, DMT-BC
Alice Berlin L.C.S.W.-C, BCD
Anta Bigger L.C.S.W.-C.
Ethan Bliss PhD
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Gayle Bromberg L.C.S.W.-C
Sky Cappuccin L.C.S.W.-C.
Jill B. Cody L.C.P.C
Lawrence Costello M.D.
Karen Custer L.C.S.W.-C.
Janie E. Daffern L.C.S.W.-C.
William Derbyshire L.C.S.W.-C
Cedonia Evans LCSW-C, RPT
John P. Farrell Ph.D
Bernadine C. Faw M.D.
Darci D. Feifer M.ED., L.C.P.C.
Steven  Feifer D.ED., NCSP, ABSNP
Jo Ann Fritz L.C.S.W.-C
Timothy A. Gibian Psy.D.
Sharon Goyotos GSW, HSW
Cynthia Green L.C.P.C.
Kristi Halman LCSW-C
Patrick T. Hammlett L.C.S.W.-C.
Jane M. Harman Psy.D.
Larry Harper L.C.S.W.-C.
Rachel Harrison LPC, NCC
Trevia Hayden M.D.
Perette Haupin LCSW-C
Teri A. Heger LCSW-C, MSW
Lee C. Henry LCSW-C

2,065
Child care providers participated in training sessions

2,041
Technical inquiries by child care providers, in an attempt to provide the highest quality of care

1,056
Home visits to support and educate first time at-risk parents

37,566
Calls for information, referral and crisis handled by specially trained MHA Call Specialists

1,300
Calls related to suicide

“When I called 2-1-1, they really listened to me. A week or so later, that 2-1-1 person called me back, just to check in and see how I was doing. They really cared!”

-Danny
3,562 Counseling sessions with individuals, families and couples with hopes of emotional wellness and healing

Sally started receiving Healthy Families Frederick (HFF) services after the birth of her child. As Sally developed a relationship with her worker, she revealed that there was violence in the home. In addition, Sally scored in the area of concern on a depression screening. The worker referred Sally to domestic violence services, and HFF paid for counseling through a special grant.

Sally began to see herself more positively. She found a job and learned new skills. She was able to take a stand with her husband and the domestic violence stopped.

She found the strength to stand up for herself successfully. Sally continues to build a life for herself and her child. The change from severe depression and despondency to an independent self supporting woman is an amazing life change.
THE MENTAL HEALTH ASSOCIATION OF FREDERICK COUNTY
226 S. Jefferson St | Frederick, MD 21701
301-663-0011 | www.fcmha.org
www.facebook.com/MHAFrederick

We envision a community where children can grow and thrive without fear, where good mental health is valued, where people of all ages know when and how to seek help for emotional or family problems without shame, and where everyone will have access to mental health services without barriers.

CASA ADVISORY COUNCIL
George Moehrle

CASA
Nancy Ahr
Nicole Aliev
Vonda Ambush
Emilie Amt
Carmen Belford
Deborah Jo Bowers
Richard Bricken
Tish Ann Brush
Colleen Buglar
Elizabeth Burroughs
Harriet Buxbaum
Janine Coon
Shannon Aleshire

SUPervised Visitation

CHILD CARE CHOICES
Kathy Ayers
Kelley Bellaire
Karen Betcher
Crystal Bowens
Judy Cody
Amy Dapsauksi
Tracy Davall
Carol Finnen
Monica Grant
Terry Gunnarsson
Christal Hanson
Cynthia Harne
Jenny Hatch
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Patty Kropua
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Pat Rosensteel
Burned Russell
Rachel Schwartz
Rahana Shio
Ginny Simoncini
Loretta Stoufer
Laura Sugiyama
Shelly Toms
Beth Undernerd
Samantha Valentine
Delaina Welch-Freas

KIDS ON THE BLOCK-SUMMERSERVE
Donnale Anne Eichler
Ashley Rose Bennett
Dan Bryant
Abigail Diaz

COMMUNITY LEARNING CENTERS

CHILDREN’S AID Volunteering

COUNSELING SERVICE INTERNS
Tia Stanker
Jennifer Reid
Alisa Gilson
Nina Dillon

COUNSELING SECONDARY VOLUNTEERS
Shannon Aleshire
Kim Anselmo
Christie Crying
Amberly Schnee

2012 CATOCTIN AFFAIR PLANNING COMMITTEE
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Lauren Ausherman, Chair
Susan Barnett
Hanna Benedick
Troy Benedick
Heather Bodnar
Nancy Clene
Erin Coyle
Reverend Janice Daffern
Susan Harding
Patti Hart
Virginia Horner
Susan Kleinhanzl
Nancy Mackintosh
Jeanne McDermott
Patty Morris
Lucinda Nolan
Heather O’Connell
Lauren Olsen
Julie Redmond
Leigh Sauter
Abby Selden
Julia Suthard
Jasmine Sneed
Event Coordinator
Niki Thrash
Madonna Vitratto
Eva Webb
Melanie Williamson

With sincere gratitude for more than 18,477 hours of volunteer time and talent!

LEADERSHIP TEAM
Patricia G. Hanberry, MA
Chief Executive Officer
Janet Garrett
Business Manager
Amy Thompson
Office Manager
Niki Thrash
Director of Development & Marketing
Shannon Aleshire
Program Director, Child Care Choices
Suzi Borg
Program Director, Hotline
Beth Santa Maria, LGSW
Program Director, Prevention Programs
Tina Spratt, MA, LCPC
Clinical Director, Counseling Services

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