"Home is not where you live, but where they understand you."
Dear Friends and Supporters of MHA,

The Mental Health Association’s 2011 Fiscal Year was one of growth, development and forward thinking. A Capital Campaign, a Building Renovation and an Organizational Assessment have been the hallmark of MHA's ongoing efforts to be an efficient, responsible and sustainable community resource.

We continued to rent out the building at 226 S. Jefferson St. that we purchased in March of 2010 while we completed all of the architectural, engineering and other pre-planning work. Construction began in August of 2011, with an anticipated move-in date of late spring 2012.

The public phase of our Capital Campaign began in October 2010, with 50% of the $3.4 million having been raised in the silent phase. The Ausherman Family Trust very generously granted us a second $200,000 matching grant, we were awarded a City Community Development Block Grant, and several supporters opened their homes to us for receptions, all of which helped to jumpstart this phase. The overwhelming support from individuals, foundations and businesses for this project has affirmed that MHA’s dream of a first stop for Mental Health in Frederick County is actually a shared community vision.

With our external renovation in full swing, it was time to take a look inward. A Capacity Building Grant from the Ausherman Family Foundation enabled MHA to conduct an organizational assessment in order to ensure that our agency’s administrative infrastructure is able to keep pace with the rapid program growth and demand in services that we’ve experienced over the last several years.

Please take the time to read through this report where you will see that, with your help, MHA continues to positively impact children, adults and families in Frederick and the surrounding region.

With sincere gratitude,

Pat Hanberry, CEO and Terry O’Malley, President and MHA Board of Directors

Empowering...

Everyone through 2-1-1 and hotline referral, support and crisis intervention 24/7

Individuals, couples, children and families with professional outpatient therapy for on a free and sliding scale

Families by providing coaching, tools and skills to build a strong foundation for a healthy future

Children to spend time with non-custodial parents in a safe and neutral location

Youth are provided with knowledge about bullying, child abuse, drug abuse, smoking, healthy eating habits, and Internet safety in a fun, interactive and challenging way

Students to shore up their academic skills, develop their burgeoning social skills and promote sound emotional health at after school programs in two county middle schools

The elderly and homebound through supportive calls from trained call specialists

Educating by providing...

A unique internship program for 2nd year graduate level counseling, psychology and social work majors from area universities including Loyola and Johns Hopkins

Professional development programs for early childhood educators

Intensive in-home case management, education and coaching for first time high risk parents

Mental Health First Aid training

Community education on mental health related topics and issues

Advocating by...

Ensuring that abused and neglected children have a voice in the court system by training and managing Court Appointed Special Assistant (CASA) in Frederick County and Voices for Children in Carroll County

Preparing Annual Guide to Mental Health and Community Support Services

MHA was recognized with the prestigious Business Ethics Award for 2011 by the Rotary Club of Carroll Creek and the Frederick News Post.

and so much more...
MISSION
TO BUILD A STRONG FOUNDATION
of emotional wellness by educating, empowering
and advocating for children, adults and families.

Why We Do It

13,643 Children, teens and educators learned about tools to help them to prevent child abuse and bullying; safely navigate the internet; manage stress and anger.

1,404 of these calls were related to suicide and 1,252 callers were considering suicide.

2,945 Hours of therapy provided to 290 adults, children and families regardless of their ability to pay.

1,404 Inquires were made by childcare providers seeking technical assistance, and information from Child Care Choices professionals.

2,453 Inquires were made by childcare providers seeking technical assistance, and information from Child Care Choices professionals.

55 Community volunteers were trained as Court Appointed Special Advocates (CASA) to act in the best interests of 85 children who have been abused or neglected.

22,239 Total number of calls for information, referral and crisis handled by specially trained MHA Call Specialists.

2011
### Financials

#### TOTAL SUPPORT AND REVENUE $2,944,710*

<table>
<thead>
<tr>
<th>Source of Revenue</th>
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<tbody>
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<td>Public Grants</td>
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<td>MHA Programs</td>
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### Donors

#### Humanitarian Society
Cumulative Gifts of $250,000+
Ausherman Family Foundation

#### Leadership Society
Cumulative Gifts of $100,000 - $249,999
Constellation Energy

#### Cornerstone Society
Cumulative Gifts of $50,000 - $74,999
Anonymous

#### Investor Society
Cumulative Gifts of $25,000 - $49,999
The G. Frank Thomas Foundation

#### Dove Society
Cumulative Gifts of $10,000 - $24,999
Richard and Sue Basford

#### Peace of Mind Society
Cumulative Gifts of $1,000 - $4,999
Shannon and William Aleshire

---

*We make a living by what we get, but we make a life by what we give.*

~Winston Churchill~

Jane and Herb Stevens
United Way of Central Maryland
Dr. John and Mrs. Madonna Vitarello
Debbie Williams
Nelson Zahler

Kari Ausherman
Eric and Karen Grenfell
Mr. Gail and Mrs. Joyce Guyton
Norine and Ted Haas
Hunt and Joan Hendrickson
Tom and Susan Kleinbanzl
Dr. Henry and Mrs. Page Laughlin
Marc Lessans
Dr. Robert and Mrs. Pat Mayernik
Dr. Philip McGann
MHA Staff, Fiscal Year 2011
Dr. Gregory and Mrs. Susan Rausch
Dr. Edward and Ms. Susan Raitt
Edward and Pam Sharigan
The Women’s Giving Circle of Frederick Co.
Brian and Amy Thompson
Waynesboro Construction
David and Melanie Williamson

**82%** of expenses are for MHA Programs and Services that benefit our community.*

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**Building Foundation Members, $5000+**

Anonymous  
Ausheram Family Foundation  
Karri Ausheram  
Joseph D. Baker Fund  
Richard and Sue Oxford  
George and Bettie Delaplaine  
Frederick Business Properties Co.  
Eric and Karen Grenfell  
Gail and Joyce Guyton  
Robert and Kathy Hooper  
Jeff and Patty Hurwitz  
Jean Joyce  
Tom and Susan Kleinhanzl  
Chris Kline  
Marc Lessons  
Dr. Michael and Christine Eisenstat  
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Dr. Paul and Mrs. Noreen McNeill  
Dr. Robert and Mrs. Pat Mayernik  
Shauna Main, LCSW-C  
Dr. John and Ms. Deborah Molesworth  
Dr. Tom and Mrs. Maureen Lapsa  
Dr. Robert and Mrs. Betty Fisher  
Dr. Mark and Mrs. Judith Coyne  
Reverend Janice Daffern  
Dr. Irvin Clark, III  
Anonymous  
Dr. Irvin Clark, III  
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Arthur and Juliene Anderson  
Anonymous  
The Gazette  
Norine and Ted Haas  
Hunt and Joan Henderson  
Patrick S. Kay  
Janet McCurdy, PA  
Peter and Betsy Pakenas  
David and Jasmine Sned  
Chuck Wade  
Warner Service Frederick, LLC  
Eva Webb  
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Dr. Gerardo Arata  
Dr. Joseph and Mrs. Karen Ashwal  
Dr. Edward and Mrs. Pat Andochick  
Dr. Scott Andochick  
Ausha Belani, MD  
Dr. Steven and Mrs. Pat Brand  
Gregory and Sherry Burgee  
Bloom & Reddy Orthodontics  
Dr. Casper and Mrs. Nancy Cline  
Dr. Mark and Mrs. Judith Coyne  
Three Old Souls  
Miles and Stockbridge  
Dr. Mark Pitts  
Ramar Moving Systems  
Reliable Recycling  
The Temple - A Paul Mitchell Partner School  
Three Old Souls  
**2011 Catoctin Affair Sponsors, Patrons, and Auction Donors**

**Platinum Sponsors**

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- BB&T Frederick Underwriters
- Cardiovascular Specialists of Frederick
- Comcast
- Corporate Occupational Health Solutions
- Dewey Jordan, Inc.
- Find IT Frederick Magazine
- Frederick Business Properties Co.
- Frederick Digital Media
- Frederick Magazine
- Frederick Memorial Healthcare System
- Great Southern Enterprises, Inc.
- In Loving Memory of Chris P. Sewell
- JB Interiors, Inc.
- “My Bank!” First United Bank & Trust
- Panasonic
- SAIC Frederick
- C. Wayne Smith
- Sunshine Management Corp.
- Text Design, Inc.
- Trout’s Supreme Seafood

**Gold Sponsors**

- Ausheram Family Foundation
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- BB&T Frederick Underwriters
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- SAIC Frederick
- C. Wayne Smith
- Sunshine Management Corp.
- Text Design, Inc.
- Trout’s Supreme Seafood

**Silver Sponsors**

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- Anonymous  
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- Chuck Wade  
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- Dr. Casper and Mrs. Nancy Cline  
- Dr. Mark and Mrs. Judith Coyne  
- Reverend Janice Daffern  
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- Jack Quinn  
- Dr. George and Mrs. Carolyn Smith  
- Dr. John and Mrs. Madonna Vitarelli  
- Joseph and Jan Welby  
- Dr. Gerald and Mrs. Renae Winnan  

*We have made every effort to ensure the accuracy of this list, but please notify us of any errors or omissions.*
“Those who can, do.
Those who can do more, volunteer.”

-Unknown

Volunteers

CASA Advisory Council
George Maehrie

CASA
Nancy Ahl
Nicole Allev
Emile Amt
Carmen Belford
Deborah Jo Bowers
Richard Bricken
Tish Ann Brush
Colleen Bugler
Elizabeth Burroughs
Harriet Bushbaum
Lynnette H. Cary
Janine Coon
Phyllis Heyer
Shirlee Kay
Georgeann Jackson
Vivian Johnkin
Helen Jones
Carrolla C. Joyner
Carolyn Judd
Chris T. Keishebeck
Wilma Kumar-Rubuck
Jacob Lambert
Krysty Lapp
Anne Leffler
Katherine Martin

Supervised Visitation
Gail Alan
John Browning
Nicole Crutchfield
Kelly Fauth
Andrew Fieschi
Lourdes Franco
Dalee Groin
Linda Hildebrand
Amanda Hudson
Sarah Morison
Jamie Richardson
Martin Stedell
Ruthann Wilson
Glenn Zier

Child Care Choices
Jennifer Clark
Amy Dapauski
Sarour Hadipour
Amanda Hudson
Amy Kimble
Cathy Nusbaum
Christal Hanson
Ginny Simonare
Laura Sugiyama
Monica Grant
Julie Rausch
Karen Rogers
Pat Rosensteel
Rachel Schwartz
Loretta Stouter

Kids on the Block/SummerServe
Muriel Bartley
Donny Braden
Nicholas Peterson
Kennedy Thompson

Counseling Services Interns
Tia Sanker
Jennifer Reil
Alida Gibson
Nina Dillenbeck

Catoctin Affair Planning Committee
Kim Axelmo
Lauren Ausherman
Nancy Cline
Janice Daftear
Helen Dixon
Kathryn Edelen
Kristle Harding
Patti Hunt
Virginia Horner
Sara Heinzel
Rita Landa
Mimi Mack
Nancy Mackintosh
Karen Madusche
Sven Madusche
Nan Mann
Patti Martinez

 Volunteers

Georgia Anne McCauley
Courtney McFee
Noreen McNeill
Melinda Metz
Margaret Anne Moos
Rita Miles
Carol Norris
Katherine "Erin" O'Connor
Kerrie Ogden
Piper Oneto
Charlotte Oswald
Lori S. Pettitjohn
Lynn H. Price
Ronald Raineri
Christine Rathod
Leesa Ruderman
Gabriel Scott
Anne Sheridan
Diane Slowen
Beverly Snyder
Julia L. Staden
Peter Vache
Elizabeth Ward
Todd Young
Glenn Zior

21st Century Community Learning Centers
Donielle Axeline
Ashley Rose Bennett
Dan Bryant
Abigail Diaz
Anna Elder
Travis Gilbert
Briana Malinda
Hillary Mallete
Heather Ruby
Molly Seel
Travis Walter

Hotline
Wendy Carr
Laura Cook

Catoctin Affair Volunteers
Shannon Aleshrie
Cindy Burdette
Lashelle Cardwell
Nicole Clayton
Eboni Clipper
Cathie Deadrick
Jackie Dieterich
Sarah Dolan
Cheryl Evans
Carlin Evans
Terry Falkenberg
Jesse Falkenberg
Pat Hanberry
Virginia Horner
Ashley Horner
Sarah Hurwitz
Melissa Kilpatrick
Chris Kline, Jr.
Karen Madusche
Sven Madusche
Peg Marose
Neel Master
Patti Morison
Keith Morison
Lin Phelps
Barry Phelps
Niki Pierre
Shawn Pierre
Beth Santa Maria
Steve Santa Maria
Mary Saxton-Clipper
Alex Suarez
Jennifer Sinevich
Jen Sinevich
David Sined
Amy Thompson
Stephanie Young

As a business owner I recognize that for my staff and students, THE TEMPLE is just one part of their lives. Students come to us with their rolling cosmetic cases containing the tools of the trade, and far too often, they also carry some heavier baggage that can become overwhelming. While I can train students in professional best practices, I don’t have all the answers when it comes to helping these young adults cope with many of the life challenges they face. That is why the Mental Health Association is such an important partner.

A student came to me seeking support. Her grief at losing a child had become overwhelming. The passion and drive she once had, seemed to have slipped away, and she struggled just to get through each day. I told her about the 2-1-1 information and referral hotline operated by the Mental Health Association of Frederick County. After about an hour on the phone with a Call Specialist who listened with a trained ear and spoke in a caring and comforting voice, her relief was visible. She was connected with a support group and resources that could help her cope with her grief and loss. She began to heal and had found the tools she needed to go on. I am happy to say that she is re-discovering love for her craft and is back on track to fulfill her dreams.

“Every business should support and have a relationship with the MHA: you never know when and how you will need their services. We are truly blessed to have them here in our community.”

Sharon Riser, Owner / Director of THE TEMPLE
A Paul Mitchell Partner School
We envision a community where children can grow and thrive without fear, where good mental health is valued, where people of all ages know when and how to seek help for emotional or family problems without shame, and where everyone will have access to mental health services without barriers.