



## Mental Health Association of Frederick County

*A private non-profit organization*

263 W. Patrick Street, Frederick, Maryland 21701

Office: (301) 663-0011 • Referrals: Call 2-1-1 • Fax: (301) 695-4747

Email: [mha@fcmha.org](mailto:mha@fcmha.org) • Website: [www.fcmha.org](http://www.fcmha.org)

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Non-Profit Organization

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## ANNUAL REPORT 2010



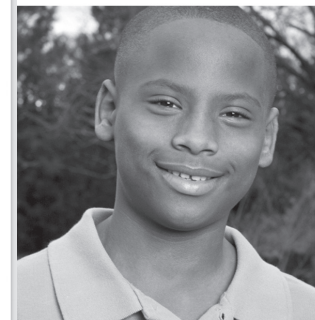
*Seniors*



*Families*



*Children*



*Youth*

*One in four Americans lives with a  
diagnosable mental condition each year.  
Who is it in your life?*



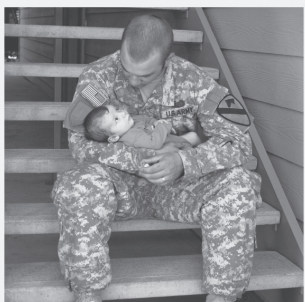
**PROVIDING PEACE OF MIND**  
through education, prevention and intervention



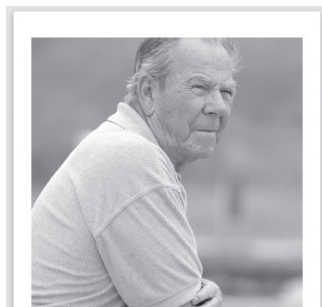
*Young Families*

## Mental Health Association of Frederick County FY 2010 Statistics:

- Served over 41,000 families, children, and individuals.
- Provided children and families with 2,660 sessions of therapy regardless of ability to pay
- Answered over 21,014 calls for support and referrals, of which 927 were suicide-related
- Conducted training for 13,550 children on personal body safety/ child abuse prevention, bullying, internet safety, and stress and anger management for teens
- Advocated for 64 foster children in the Frederick County court system
- Presented 255 classes on early education topics to 3,140 child care providers
- Made 2,340 calls to homebound seniors, offering support and checking on their well-being
- Trained 317 non-mental health professionals on skills they can use to help someone experiencing a mental health crisis.
- Distributed 2,500 copies of the *Guide to Mental Health and Community Support Services*



*Military Families*



*Seniors*



**We Save Families  
We Save Lives**

## MAKING ROOM FOR MENTAL HEALTH CAPITAL CAMPAIGN

In the last six years, the demand for MHA's mental health and wellness services has increased by 75% (16,000) people. Space restrictions prohibit MHA from providing many of our services in-house. We struggle to find space in the community to provide training opportunities, meetings for our Survivors of Suicide Support Group and group therapy sessions. Our current building does not have the spatial configuration necessary for our Supervised Visitation and Monitored Transfer services which require a child-friendly space with two separate entrances.

Our space limitations translate into a limitation on the services we provide.

In late 2008, MHA launched a silent Campaign to raise funds to purchase a building that would enable us to provide mental health and wellness services to the growing numbers of clients reaching out for assistance.

MHA purchased the building at 226 S. Jefferson St. in March 2010. The amount needed to fund the entire building project (purchase, renovations and moving costs) was estimated at \$3.4 Million. Through public funding, the Ausherman Family Foundation, MHA Board and Staff members, generous Building Foundation Members (see below), and bank financing MHA raised/financed \$1.7 Million (50%) of our goal!

The **Making Room for Mental Health Capital Campaign** to raise the remainder of the needed funds began in early 2010, with plans for MHA to move into the new facility by early 2012.

The Campaign Chairperson is Jean Joyce, VP The Hosford/Joyce Group, Morgan Stanley Smith Barney. Jean, MHA Board members and numerous volunteers are currently out in the community sharing about the building project and asking for 3-year pledges as an investment in the mental health and well-being of Frederick County.

### Building Foundation Members

*Donors who gave a \$5,000+ contribution to the Building Blitz during 2008 and 2009 which enabled MHA to purchase the new building.*

Anonymous	Marc Lessans
Ausherman Family Foundation	Alan and Terri Mawdsley
Kari Ausherman	Dr. Philip McGann
Joseph D. Baker Fund	MHA Staff FY10
Richard and Sue Basford	National Philanthropic Trust
George and Bettie Delaplaine	(Anonymous)
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Jeff and Patty Hurwitz	C. Wayne Smith
Jean Joyce	Waynesboro Construction
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Chris Kline	Nelson Zahler

### Campaign Committee

Amy Benton  
Nancy Cline  
Kate Costlow  
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Jennifer Gerlock  
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Rich Haney  
Jean Joyce, *Chair*  
Kathy McGee  
Mimi Mack  
Nancy Mackintosh  
Terry O'Malley  
Greg Powell  
Jan Sullivan Dockter  
Madonna Vitarello

For more information about the Capital Campaign, visit  
**[www.fcmha.org](http://www.fcmha.org)**

Nancy Mackintosh  
Karen Maduschke  
Sven Maduschke  
Kathy McGee  
Patty Morison  
Lucinda Noland  
Carole-anne Phillips  
Christina Renshaw  
Jasmine Sneed, *Event Coordinator*  
Madonna Vitarello  
Renae Winnan

#### **Catoctin Affair Volunteers**

Amy Adams  
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JoshuaBokee  
Cindy Burdette  
Nicole Clayton  
Eboni Clipper  
Natalie Close  
Kristy Crawford

Cathie Deadrick  
Sharron DeAngelo  
Sarah Dolan  
Cheryl Evans  
Carter Evans  
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Jesse Falkenberg  
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Melissa Kilpatrick  
Jen Kilpatrick  
Lucia Kline  
Karen Maduschke  
Peg Marose

Mary Marsh  
David McCombs  
Patty Morison  
Keith Morison  
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Meta Nash  
Terry O'Malley  
Lin Phelps  
Yvonne Reinsch  
Susan Riuli  
Matthew Robb  
Beth Santa Maria  
Alex Sinevich  
Nicole Wachter

**“in 2010 MHA served  
over 41,000 people”**

#### **Mental Health Association Programs include:**

- 2-1-1 Information and Referral
- Frederick County Hotline
- Telephone Reassurance Program
- Counseling Services
- Mental Health First Aid
- Public Information and Advocacy
- Relaciones Sanas (Healthy Relationships)
- 21st Century Community Learning Centers
- Childcare Provider training and Technical Assistance
- Locate: Child Care Service
- Partnership for Emotionally Resilient Kids (PERKS)
- Youth Empowerment Activities
- Supervised Visitation and Monitored Transfer
- Court Appointed Special Advocates (CASA)
- Kids On The Block
- Survivors of Suicide Support Group
- Child Abuse Prevention Programs
- Systems Navigation

#### **Dear Friends and Supporters of MHA,**

We are so pleased to report that, at long last, we purchased a ‘new’ building — large enough to hold our growing numbers of programs and clients in one place. The building, which went to settlement in March of 2010, is located on the corner of Jefferson Street and Catoctin Avenue. It has ample free parking, is located on or near three Transit lines, and is handicapped accessible — all things we are missing in our current location. The entire building is 11,000 square feet, with room to add 4,000 square feet for future expansion.

The purchase was made possible by hard work on the part of our board members who ably raised the funds necessary to match the second portion of the Ausherman Family Foundation’s generous grant, as well as by bank financing. Next year we will mount our public Capital Campaign, with a total goal of \$3.4 million, ½ of which has already been raised or financed. Following much-needed and extensive renovations, our plan is to move in by early 2012.

On the program front, the news has been decidedly mixed due to the terrible economic situation that has impacted everyone in all walks of life. Many of our grants were reduced, two were eliminated, and contributions from foundations and individuals were down due to the poor market performance. These reductions caused us to lay off some staff for the first time in MHA’s history, an extremely difficult thing to do.

On the bright side, we were awarded a three-year 21<sup>st</sup> Century Learning Center grant, allowing us to begin offering after school programs in Walkersville and Thurmont middle schools in the fall of 2009. These programs quickly were fully enrolled and received rave reviews from students, parents and school administrators alike. We also were awarded a new grant, Healthy Families Frederick, which provides intensive in-home case management and parent education to first-time parents with infants; Family Support Workers stay with families for up to five years, which is the most crucial time in a child’s social, emotional, intellectual and physical development. This program is slated to begin in July of 2010.

As we proceed with our plans to renovate and move into our new space, and as we work to weather the economic storm by providing services to more people with fewer resources, we are constantly reminded how indebted we are to our supporters. Frederick County is a very generous community, and we are proud to work and serve here.

With gratitude to MHA’s staff, volunteers and supporters,



*Patricia G. Hanberry*

Patricia G. Hanberry, CEO



*Kathy McGee*

Kathryn E. McGee, 2010 Board President

# MHA FY2010 Statement of Activities

## SUPPORT AND REVENUE

53.9%	Public Grants	\$1,521,560
8.9%	Public Grants - Building	\$ 250,000
5.1%	Private Contracts	\$ 142,845
9.3%	Program Service Revenue	\$ 263,517
1.9%	United Way	\$ 54,722
4.5%	Private Donations/Foundations	\$126,829
3.4%	Special Events/Fundraising	\$ 95,296
8.2%	Capital Campaign Revenue	\$230,175
1.0%	Rental Income	\$ 29,500
2.7%	In-Kind Donations	\$ 76,366
0.3%	Membership Dues	\$ 7,075
0.8%	Interest/Other Income	\$ 23,934
<b>100.0%</b>	<b>Total Support and Revenue</b>	<b>\$ 2,821,819</b>

## EXPENSES

	Program Services:	
	Child Care Choices	\$ 538,273
	Hotline	\$ 469,813
	Counseling Services	\$ 148,445
	Prevention	\$ 628,740
	Community Education	\$ 87,486
<b>80.1%</b>	<b>Total Program Service Costs</b>	<b>\$1,872,757</b>
12.0%	Support Service Costs	\$281,487 <sup>1</sup>
7.9%	Special Event/Fundraising	\$184,871 <sup>2</sup>
<b>100.0%</b>	<b>Total Expenses</b>	<b>\$2,339,115</b>
	Beginning Net Assets	\$ 681,273
	FY10 Increase in Net Assets	\$ 482,704
	Ending Net Assets	\$1,163,977

NOTE: <sup>1</sup> Includes \$16,309 building expenses.

<sup>2</sup>Includes \$23,437 capital campaign expenses and \$76,366 in-kind donations "sold" (caterers, invitations, auction items).

## VOLUNTEERS

### CASA Advisory Counsel

George Moehrle  
Christine Remsburg  
Penny Rife

### CASA

Nancy Ahr  
Nicole Aliev  
Emilie Amt  
Deborah Jo Bowers  
Richard Bricken  
Tish Ann Brush  
Colleen Bugler  
Elizabeth Burroughs  
Harriet Buxbaum  
Lynnette H. Cary  
Janine Coon  
Shannon Mary Dennison  
Dottie Engle  
Terry Falkenberg  
Lydia Flynn  
Joseph J. Ford  
Mark Goldsmith  
Susan Hamalainen  
Phyllis Hoyer  
Georgeann Pesa Jackson  
Vivian Johnkin  
Helen Jones  
Carlotta C. Joyner  
Carolyn Judd  
Christy Ann Kehlbeck  
Wilma Kumar-Rubock  
Jacob Lambert  
Anne Leffler  
Georgia Anne McCauley  
Courtney McFee  
Melinda Metz  
Margaret-Anne Moos  
Carol Norris  
Katherine "Erin" O'Connor  
Kerrie Ogden  
Piper Roberts Oneto  
Charlotte Oswald  
Lori S. Pettyjohn  
Lynne H. Price  
Ronald Raineri  
Christine Rathod  
Leesa Ruderman  
Anne Sheridan  
Beverly B. Snyder  
Julia L. Staden  
Evelyn L. Turner  
Peter Fitzwilson Vache  
Elizabeth Ward  
Todd Christian Young  
Glenn Zior



*Youth*

### Prevention

Jasmin LeBlanc

### 21st Century Community Learning Centers

Jacob Ausherman  
Donielle Axeline  
Kelsey Blackwell  
Mi'Kea Bowie  
Keenan Courtland  
Joy Ernst  
Aleece Groom  
John Handel  
Michael Kuster  
Ellen Livingston  
Caitie Madden  
Melissa Rizzolo  
Ian Sparks  
David Stanker  
Danielle Venezia  
Mollie Widdowson

### Supervised Visitation

Gail Alan  
Elise Anderson  
John Browning  
Joyce Danon  
Linda Hildebrand  
Valerie Kolick  
Sarah Morison  
Penny Rife  
Sharon Welsh  
Glenn Zior  
Andrew Fioravanti

### Hotline

Catherine Duvall  
Diane Julian

### Kids on the Block Summerserve

Muriel Bartley  
Mark Gambriel  
Justis Mershon  
Steven Santa Maria  
Kennedy Thompson

### Child Care Choices

Chris Bickle  
Victoria Clark  
Christal Hanson  
Monica Grant  
Amy Kimble  
Pat Rosensteel  
Rachel Schwartz

### Counseling Services Interns

Lorraine Kerr-Atkinson  
Elizabeth Waters  
Maurus Rimawal  
Cheryl Novak  
Ryan Logue  
Kelly Walsh

### Catoctin Affair Planning Committee

George and Bettie Delaplaine,  
*Honorary Co-Chairs*  
Nancy Cline  
Betsy Collings  
Janice Daffern, LCSW-C, M.Div.  
Helen Dixon  
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Cheryl Evans  
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Susan Kleinhanzl  
Susan Kraus  
Mimi Mack



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Elizabeth Stup

##### **Mental Health**

Alice Berlin, LCWS-C  
Dr. Dana Cable  
Janice Daffern, LCSW-C, M.Div.  
Jo Ann Fritz, LCSW-C  
Drs. Gibian and Hesley  
Barbara Lohman-Flynn, LCSW-C, BCD  
Greg Powell, Ph.D.  
Robert Shuman, LCSW-C, CAC

##### **Medical**

Dr. Jungim  
Amy Yun



## *Women*

Dr. Edward and Mrs. Pat Andochick  
Dr. Joseph and Mrs. Karen Ashwal  
Dr. Steven and Mrs. Pat Brand  
Bloom & Reddy Orthodontics  
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Capital Vein and Laser Center  
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Dr. Nils Olson, DDS  
Dr. Edward and Mrs. Susan Riuli  
George Smith, M.D.  
Terrace Dental Group  
Dr. John and Mrs. Madonna Vitarello

**MISSION:** The Mental Health Association of Frederick County builds a strong foundation of emotional wellness by educating, empowering, and advocating for children, adults and families through a wide array of services. We are always available, accessible, and responsive to the changing needs of the community.

## **LEADERSHIP**

### **Officers**

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*Frederick Memorial Hospital*

Patricia Hurwitz, Secretary  
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*Marriott Corporation*

Nancy Cline, Immediate Past President  
*Former Early Childhood Educator*

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### **MHA Advisors**

David Brown, *Telecommunications*  
Neil Fay, *Information Technology*  
Lorraine Prete, *Legal*  
Daryl Routzahn, *Development*

### **Program Services Committee Member**

Ray Rother, Ph.D.

### **MHA Senior Staff**

Patricia G. Hanberry, M.A.  
*Chief Executive Officer*

Janet Garrett  
*Business Manager*

Amy Thompson  
*Office Manager*

Jan Sullivan Dockter  
*Director of Development & Marketing*

Shannon Aleshire  
*Program Director, Child Care Choices*

Suzi Borg, M.A.  
*Program Director, Hotline*

Beth Santa Maria, LGSW  
*Program Director, Prevention Programs*

Tina Spratt, M.A., LCPC  
*Clinical Director, Counseling Services*



## *Men*

## BENEFACTORS

### Leadership Society

(Cumulative Gifts of \$100,000 - \$249,999)

Ausherman Family Foundation

### Cornerstone Society

(Cumulative Gifts of \$50,000 - \$74,999)

Anonymous

### Investor Society

(Cumulative Gifts of \$25,000 - \$49,999)

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(Cumulative Gifts of \$10,000 - \$24,999)

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Tom and Susan Kleinhanzl

Marc Lessans

Loats Foundation

Alan and Terri Mawdsley

Dr. Philip McGann

MHA Staff FY10

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Dr. Gregory and Susan Rausch

Brian and Amy Thompson

Edward and Pam Smariga

Waynesboro Construction

David and Melanie Williamson

The Women's Giving Circle of  
Frederick County

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