One in four Americans lives with a diagnosable mental condition each year. Who is it in your life?

PROVIDING PEACE OF MIND through education, prevention and intervention
Mental Health Association of Frederick County FY 2010 Statistics:

- Served over 41,000 families, children, and individuals.
- Provided children and families with 2,660 sessions of therapy regardless of ability to pay
- Answered over 21,014 calls for support and referrals, of which 927 were suicide-related
- Conducted training for 13,550 children on personal body safety/child abuse prevention, bullying, internet safety, and stress and anger management for teens
- Advocated for 64 foster children in the Frederick County court system
- Presented 255 classes on early education topics to 3,140 child care providers
- Made 2,340 calls to homebound seniors, offering support and checking on their well-being
- Trained 317 non-mental health professionals on skills they can use to help someone experiencing a mental health crisis.
- Distributed 2,500 copies of the Guide to Mental Health and Community Support Services

In the last six years, the demand for MHA's mental health and wellness services has increased by 75% (16,000) people. Space restrictions prohibit MHA from providing many of our services in-house. We struggle to find space in the community to provide training opportunities, meetings for our Survivors of Suicide Support Group and group therapy sessions. Our current building does not have the spatial configuration necessary for our Supervised Visitation and Monitored Transfer services which require a child-friendly space with two separate entrances.

Our space limitations translate into a limitation on the services we provide.

In late 2008, MHA launched a silent Campaign to raise funds to purchase a building that would enable us to provide mental health and wellness services to the growing numbers of clients reaching out for assistance.

MHA purchased the building at 226 S. Jefferson St. in March 2010. The amount needed to fund the entire building project (purchase, renovations and moving costs) was estimated at $3.4 Million. Through public funding, the Ausherman Family Foundation, MHA Board and Staff members, generous Building Foundation Members (see below), and bank financing MHA raised/financed $1.7 Million (50%) of our goal!

The Making Room for Mental Health Capital Campaign to raise the remainder of the needed funds began in early 2010, with plans for MHA to move into the new facility by early 2012.

The Campaign Chairperson is Jean Joyce, VP The Hosford/Joyce Group, Morgan Stanley Smith Barney. Jean, MHA Board members and numerous volunteers are currently out in the community sharing about the building project and asking for 3-year pledges as an investment in the mental health and well-being of Frederick County.

Building Foundation Members
Donors who gave a $5,000+ contribution to the Building Blitz during 2008 and 2009 which enabled MHA to purchase the new building.

Anonymous
Ausherman Family Foundation
Kari Ausherman
Joseph D. Baker Fund
Richard and Sue Basford
George and Betsy Delaplaine
Frederick Business Properties Co.
Eric and Karen Freinell
Gail and Joyce Guyton
Robert and Kathy Hooper
Jeff and Patty Hurwitz
Jean Joyce
Tom and Susan Kleinhanzl
Chris Kline
Marc Lessans
Alan and Terri Mawdsley
Dr. Philip McGann
MHA Staff FY10
National Philanthropic Trust (Anonymous)
Terry and Pamela O'Malley
Randall Family, LLC
Dr. Gregory and Susan Rausch
Edward and Pam Smariga
C. Wayne Smith
Waynesboro Construction
David and Melanie Williamson
Nelson Zahler

For more information about the Capital Campaign, visit www.fcmha.org
Dear Friends and Supporters of MHA,

We are so pleased to report that, at long last, we purchased a ‘new’ building — large enough to hold our growing numbers of programs and clients in one place. The building, which went to settlement in March of 2010, is located on the corner of Jefferson Street and Catoctin Avenue. It has ample free parking, is located on or near three Transit lines, and is handicapped accessible – all things we are missing in our current location. The entire building is 11,000 square feet, with room to add 4,000 square feet for future expansion.

The purchase was made possible by hard work on the part of our board members who ably raised the funds necessary to match the second portion of the Ausherman Family Foundation’s generous grant, as well as by bank financing. Next year we will mount our public Capital Campaign, with a total goal of $3.4 million, ½ of which has already been raised or financed. Following much-needed and extensive renovations, our plan is to move in by early 2012.

On the program front, the news has been decidedly mixed due to the terrible economic situation that has impacted everyone in all walks of life. Many of our grants were reduced, two were eliminated, and contributions from foundations and individuals were down due to the poor market performance. These reductions caused us to lay off some staff for the first time in MHA’s history, an extremely difficult thing to do.

On the bright side, we were awarded a three-year 21st Century Learning Center grant, allowing us to begin offering after school programs in Walkersville and Thurmont middle schools in the fall of 2009. These programs quickly were fully enrolled and received rave reviews from students, parents and school administrators alike. We also were awarded a new grant, Healthy Families Frederick, which provides intensive in-home case management and parent education to first-time parents with infants; Family Support Workers stay with families for up to five years, which is the most crucial time in a child’s social, emotional, intellectual and physical development. This program is slated to begin in July of 2010.

As we proceed with our plans to renovate and move into our new space, and as we work to weather the economic storm by providing services to more people with fewer resources, we are constantly reminded how indebted we are to our supporters. Frederick County is a very generous community, and we are proud to work and serve here.

With gratitude to MHA’s staff, volunteers and supporters,

Patricia G. Hanberry, CEO
Kathryn E. McGee, 2010 Board President

Mental Health Association Programs include:
• 2-1-1 Information and Referral
• Frederick County Hotline
• Telephone Reassurance Program
• Counseling Services
• Mental Health First Aid
• Public Information and Advocacy
• Relaciones Sanas (Healthy Relationships)
• 21st Century Community Learning Centers
• Childcare Provider training and Technical Assistance
• Locate: Child Care Service
• Partnership for Emotionally Resilient Kids (PERKS)
• Youth Empowerment Activities
• Supervised Visitation and Monitored Transfer
• Court Appointed Special Advocates (CASA)
• Kids On The Block
• Survivors of Suicide Support Group
• Child Abuse Prevention Programs
• Systems Naviation

“in 2010 MHA served over 41,000 people”

Nancy Mackintosh
Karen Maduschke
Sven Maduschke
Kathy McGee
Patty Morison
Lucinda Noland
Carole-anne Phillips
Christina Renshaw
Jasmine Sneed, Event Coordinator
Madonna Vitarello
Renae Winnan

Catoctin Affair Volunteers
Amy Adams
Shannon Aleshire
Joshua Bokee
Cindy Burdette
Nicole Clayton
Eboni Clipper
Natalie Close
Kristy Crawford

Cathie Deadrick
Sharron DeAngelo
Sarah Dolan
Cheryl Evans
Carter Evans
Terry Falkenberg
Jesse Falkenberg
Betsy Fisher
Meredith Fritz
Janet Garrett
Alida Gibson
Denise Gouin
Virginia Horner
Ashley Horner
Barbara Howard
Melissa Kilpatrick
Ken Kilpatrick
Lucia Kline
Karen Maduschke
Peg Marose

Mary Marsh
David McCombs
Patty Morison
Keith Morison
Sherry Musseleman
Aubrie Nagy
Meta Nash
Terry O’Malley
Lin Phelps
Yvonne Reinsch
Susan Riuli
Matthew Robb
Beth Santa Maria
Alex Sinevich
Nicole Wachter

Patricia G. Hanberry
Kathryn E. McGee
2010 Board President
MHA FY2010 Statement of Activities

**SUPPORT AND REVENUE**

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Grants</td>
<td>$1,521,560</td>
</tr>
<tr>
<td>Public Grants - Building</td>
<td>$250,000</td>
</tr>
<tr>
<td>Private Contracts</td>
<td>$142,845</td>
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<tr>
<td>Program Service Revenue</td>
<td>$263,517</td>
</tr>
<tr>
<td>United Way</td>
<td>$54,722</td>
</tr>
<tr>
<td>Private Donations/Foundations</td>
<td>$126,829</td>
</tr>
<tr>
<td>Special Events/Fundraising</td>
<td>$95,296</td>
</tr>
<tr>
<td>Capital Campaign Revenue</td>
<td>$230,175</td>
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<tr>
<td>Rental Income</td>
<td>$29,500</td>
</tr>
<tr>
<td>In-Kind Donations</td>
<td>$76,366</td>
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<tr>
<td>Membership Dues</td>
<td>$7,075</td>
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<tr>
<td>Interest/Other Income</td>
<td>$23,934</td>
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<tr>
<td><strong>Total Support and Revenue</strong></td>
<td><strong>$2,821,819</strong></td>
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**EXPENSES**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Program Services:</td>
<td></td>
</tr>
<tr>
<td>Child Care Choices</td>
<td>$538,273</td>
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<tr>
<td>Hotline</td>
<td>$469,813</td>
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<tr>
<td>Counseling Services</td>
<td>$148,445</td>
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<tr>
<td>Prevention</td>
<td>$628,740</td>
</tr>
<tr>
<td>Community Education</td>
<td>$87,486</td>
</tr>
<tr>
<td><strong>Total Program Service Costs</strong></td>
<td><strong>$1,872,757</strong></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Support Service Costs</td>
<td>$281,487</td>
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<tr>
<td>Special Event/Fundraising</td>
<td>$184,871</td>
</tr>
<tr>
<td><strong>Total Expenses</strong></td>
<td><strong>$2,339,115</strong></td>
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</tbody>
</table>

**NOTE:**
1. Includes $16,309 building expenses.
2. Includes $23,437 capital campaign expenses and $76,366 in-kind donations “sold” (caterers, invitations, auction items).

**VOLUNTEERS**

**CASA Advisory Counsel**
- George Moehrle
- Christine Remsburg
- Penny Rife

**CASA**
- Nancy Ahr
- Nicole Aliev
- Emilie Amt
- Deborah Jo Bowers
- Richard Bricken
- Tish Ann Brush
- Colleen Bugler
- Elizabeth Burroughs
- Harriet Buxbaum
- Lynnette H. Cary
- Janine Coon
- Shannon Mary Dennison
- Dottie Engle
- Terry Falkenberg
- Lynda Flynn
- Joseph J. Ford
- Mark Goldsmith
- Susan Hamalainen
- Phyllis Hoyer
- Georgeann Pesa Jackson
- Vivian Johnkin
- Helen Jones
- Carlotta C. Joyner
- Carolyn Judd
- Christy Ann Kehlbeck
- Wilma Kumar-Rubock
- Jacob Lambert
- Anne Leffler
- Georgia Anne McCauley
- Courtney McFee
- Melinda Metz
- Margaret-Anne Moos
- Carol Norris
- Katherine “Erin” O’Connor
- Kerrie Ogden
- Piper Roberts Oneto
- Charlotte Oswald
- Lori S. Petryjohn
- Lynne H. Price
- Ronald Raineri
- Christine Rathod
- Leesa Ruderman
- Anne Sheridan
- Beverly B. Snyder
- Julia L. Staden
- Evelyn L. Turner
- Peter Fitzwilson Vache
- Elizabeth Ward
- Todd Christian Young
- Glenn Zior

**Prevention**
- Jasmin LeBlanc

**21st Century Community Learning Centers**
- Jacob Ausherham
- Donielle Axeline
- Kelsey Blackwell
- Mi’Kea Bowie
- Keenan Courtland
- Joy Ernst
- Aleece Groom
- John Handel
- Michael Kuster
- Ellen Livingston
- Caitie Madden
- Melissa Rizzolo
- Ian Sparks
- David Stanker
- Danielle Venezia
- Mollie Widdowson

**Supervised Visitation**
- Gail Alan
- Elise Anderson
- John Browning
- Joyce Danon
- Linda Hildebrand
- Valerie Kolick
- Sarah Morison
- Penny Rife
- Sharon Welsh
- Glenn Zior
- Andrew Fioravanti

**Hotline**
- Catherine Duvall
- Diane Julian

**Kids on the Block Summerserve**
- Muriel Bartley
- Mark Gambriel
- Justis Mershon
- Steven Santa Maria
- Kennedy Thompson

**Child Care Choices**
- Chris Bickle
- Victoria Clark
- Christal Hanson
- Monica Grant
- Amy Kimble
- Pat Rosensteel
- Rachel Schwartz

**Counseling Services Interns**
- Lorraine Kerr-Akinion
- Elizabeth Waters
- Maurus Rimawal
- Cheryl Novak
- Ryan Logue
- Kelly Walsh

**Catoctin Affair Planning Committee**
- George and Bettie Delaplane, *Honorary Co-Chairs*
- Nancy Cline
- Betsy Collings
- Helen Dixon
- Susan Edmiston
- Cheryl Evans
- Patti Hart
- Susan Kleinhanzl
- Susan Kraus
- Mimi Mack
MISSION: The Mental Health Association of Frederick County builds a strong foundation of emotional wellness by educating, empowering, and advocating for children, adults and families through a wide array of services. We are always available, accessible, and responsive to the changing needs of the community.
BENEFAC'TORS

Leadership Society
(Cumulative Gifts of $100,000 - $249,999)
Ausherman Family Foundation

Cornerstone Society
(Cumulative Gifts of $50,000 - $74,999)
Anonymous

Investor Society
(Cumulative Gifts of $25,000 - $49,999)
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Dr. Gregory and Susan Rausch
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Waynesboro Construction
David and Melanie Williamson

The Women's Giving Circle of Frederick County

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Anonymous
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David Thomassen
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Eva Webb
Mike and Marlene Young

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Dr. Joseph and Mrs. Karen Ashwal
Hillary Banachowski
Susan Barnhill
Pat Beach
Harold and Helen Beard
Brenda Benia
Gerald and Mary Blessing
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Sue Carpenter
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