In 2009 the Mental Health Association served over 41,000 members of our community.

WHAT CAN WE DO FOR YOU?
- Frederick County Hotline • Telephone Reassurance Program
- Counseling Services • Child Care Choices
- Partnership for Emotionally Resilient Kids (PERKs)
- Kids On The Block Puppet Troupe • Systems Navigation
- Court Appointed Special Advocates (CASA)
- Child Care Provider Training • 2-1-1 Information and Referral
- Crisis Intervention • ParentPower • Locate Child Care Service
- Youth Education Programs • Child Abuse Prevention Programs
- Supervised Visitation and Monitored Transfer
- Mental Health First Aid • Survivors of Suicide Support Group
- Public Information and Advocacy • After School Programs Training

An annual report 2009
Dear Friends,

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Be on the lookout for more, hopefully very good news, about our new space and exciting plans for the future!
Our Vision

We envision a community where children can grow and thrive know when and how to seek help for emotional or family to mental health services without barriers.

STATEMENT OF ACTIVITIES

SUPPORT AND REVENUE

Public Grants $1,413,453
Private Contracts 177,372
Program Service Revenue 241,131
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Private Donations/Foundations 80,470
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EXPENSES

Program Services:
Child Care Choices $738,689
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Counseling Services 139,491
Child Abuse Prevention 359,749
Community Education 214,986
Total Program Service Costs $1,924,084
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Total Expenses $2,233,160

Beginning Net Assets 534,976
FY09 Increase in Net Assets 84,35
Ending Net Assets $619,327

This financial statement reflects unaudited numbers.

BENEFACTORS

Dove Society
( Cumulative Gifts of $10,000+)
Anonymous
Ausherman Family Foundation
Joseph O. Baker Fund, Inc.
Delaplaine Foundation, Inc.
Frederick County Association of Realtors
G. Frank Thomas Foundation, Inc.

Chris Kline
Nancy K. Kline
Jean Joyce
Carl and Norma Miller
Daryl and Paula Routzahn

Marian P. Halvorson
Norine and Ted Haas
Great Southern Enterprises, Inc.
Frederick Mutual Insurance Co.
Frederick Memorial Hospital
Fountain Rock Management Group

Tranquility Society (Cumulative Gifts of $5,000 - $9,999)
Dr. Henry and Mrs. Page Laughlin Loats Foundation
Women’s Giving Circle of Frederick County

Peace of Mind Society (Cumulative Gifts of $1,000 - $4,999)
Arlene Owners and Pilots Association (AOPA)
BB&T Frederick Underwriters
Bechtel Corporation
Michael and Jo Bowersox
Calvary United Methodist Church
Stacey Collins
Community Foundation of Frederick County
Michael and Cathy Delauer
Evangelical Reformed Church-U.C.C.
Fountain Rock Management Group
Frederick Memorial Hospital
Frederick Mutual Insurance Co.
Great Southern Enterprises, Inc.
Norine and Ted Haas
Marion P.Halvorson
Pat and Gerry Hanberry
William C. Hill
Tricia Johnson

Mimi and David Mack
Miles & Stockbridge Foundation, Inc.
Jennifer and Chris Moore
Pleasant’s Construction
S&C Installation Services
Smitty’s Club
State Farm Insurance Companies
Trout’s Food, Inc.

Friends of MHA
(FY09 Gifts up to $999)
Kimberly Arnold
Jason Barth
Julie Barth
Gerald and Mary Lou Blessing
Jean and Louis Carpinone
Michael Eissenstat
Janet C. Garrett
Albert K. Lane III
James Maloney
James Mark
Nichole N. May
Jennifer and Chris Moore
Irene Packer-Halsey
Shirlee W. Price
Dr. Willis and Naomi Riddick
Dr. Michael Rifkin
Alfred and Patricia Shockley
Elise G. Abromson, Psy. D.

Members of MHA
( FY09 Gifts up to $999)
Miriam Aragon, LCSW-C, PA CMT
Deborah Bowersox
Margaret Baumeister
Laura Eichhorn
Michelle Stoops
Elizabeth Stern
Kathleen Zimmermann

Professional Members
Elise G. Abromson, Psy. D.
Ann Adams, LCSW-C, BCD
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Amy Seed Altman, LCSW-C
Nina M. Aragon, LCSW-C, PA CMT
Elizabeth A. Ashman-Landry, LCSW-C
Deanna Bailey, CAC-AD
Veronica Bannon, LCPC, NCC
Alice Berlin, LCSW-C, BCD
Anita Bigger, LCSW-C
Kathleen Boggs, LCPC, CCDC
Victoria Bolton, LCSW-C
Breck Borchering, MD
Jean Brennan, LCSW-C
Gayle Bromberg, LCSW-C
Margery Brubaker, MA, LCPC
Dana G. Cable, Ph.D.
Sky Cappucci, LCSW-C

Jill B. Cody, LCPC
Lawrence Costello, MD
Martin C. Coy, MA, NCC
Karen Custer, LCSW-C
Janice E. Daflern, LCSW-C
William Derbyshire, LCSW-C
Lynn R. Dutrow, LCPC
Eileen Elliott, LCPC
Cedonia Evans, LCSW-C, RPT
Beverly Fairchild, LCPC
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Bermadine C. Faw, MD
Daro D. Feiler, M.Ed, LCPC
Jo Ann Fritz, LCSW-C
Timothy A. Gibian, Psy. D.
Sharon Goywotso, MA, LGSW
Paula Grace, LCSW-C
Cynthia Green, LCPC
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Larry Harper, LCSW-C
Rachel Harrison, LCPC, NCC
Trevia Hayen, MD
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Mary H. James, MD
Julie Kaus, LCSW-C
Jan L. Kennedy, LCSW-C
Cynthia S. Keyser, Ph.D.
Aurangzeb Khan, MD
Margaret A. Kingdon, Ph.D.
Ellie Kinland, LCSW-C
Sharon L. Kuebbing, Ph.D.
Kimberly Kuhn, LCSW-C
Kevin R. Lawlor, Psy. D.
Allen R. Lish, Psy. D.
Barbara Lohman-Flynn, LCSW-C, BCD
Eva Lucht, LCPC
Meredith McAdam, LCSW-C
Elisa Medina, LCSW-C
Kathryn B. Miller, Psychologist
Kristin L. Mink-Glasser, LCADC
Linda Moran, LCSW-C
Janice Osinnan, LCSW-C
Mary Owens, LCSW-C
Elle Kirland, LCSW-C
Sharon L. Kuebbing, Ph.D.
Kimberly Kuhn, LCSW-C
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Allen R. Lish, Psy. D.
Barbara Lohman-Flynn, LCSW-C, BCD
Eva Lucht, LCPC
Meredith McAdam, LCSW-C
Linda Moran, LCSW-C
Janice Osinnan, LCSW-C
Mary Owens, LCSW-C
Elizabeth Pollack, LCSW-C
Thomas Pollack, Psy. D.
Gregory H. Powell, Ph.D.
Linda C. Powell, LCPC, NCC
Ray Rother, LCSW-C

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Those who can, do. Those who can do more, volunteer.
~Author Unknown

**VOLUNTEER SPOTLIGHT**

Michelle & Melissa Rifkin

MHA is blessed to have an incredible family of over 100 volunteers who give their time, energy and resources to support MHA. Two of our youngest volunteers are Michelle and Melissa Rifkin, aged 18 and 14 respectively, who have been volunteering as puppeteers for our Kids on the Block (KOB) puppet troupe since they began high school.

Their parents, Dr. Michael and Diane Rifkin, are very proud of what the girls have accomplished. “What Michelle and Melissa have learned, from memorizing their lines, attending regular rehearsals and performing in public has been an invaluable life lesson. As a family, we believe in giving back and are happy to support MHA as they do so much for the community.”

Our sincere thanks to the Rifkin family and all our wonderful volunteers!

Top Photo: Michelle and Melissa Rifkin with their mother Diane (left) and MHA Youth Education Outreach Coordinator Cathie Deadrick (right)

Bottom Photo: Michelle and Melissa Rifkin performing a KOB skit

**DIRECCTORS**

Michael Bodnar  
My Bank: First United Bank & Trust  
Joshua Booke  
Comcast  
Reverend Janice Daffern, LCSW-C  
Evangelical Reformed United Church of Christ, Fredericktowne Pastoral Counseling Center  
Richard Haney  
Frederick Community College  
Patricia Hurwitz  
Colonial Jewelers  
Christopher Kline  
Kline Scott Visco Commercial Real Estate, Inc.

Nancy Mackintosh  
Special Education Teacher  
Aubrie Nagy, M.D.  
Internal Medicine Associates  
Terry O’Malley  
Frederick Memorial Hospital  
Irene Packer-Halsey  
Development Training Institute  
Matthew Robb  
Robb Communications  
Sharon K. Smith  
Hood College  
C. Wayne Smith  
Architect, Retired  
Nelson Zahler  
Sunshine Management Corp

**VOLUNTEERS**

MHA Advisors  
Neil Pay, III Information Technology  
Lorraine M.B., Prete-Family Law  
Daryl Routzahn-Fund Development  
David Brown-Telecommunications

Program Services Committee  
Community Members  
Ray Rothen, Ph.D.  
Susan Lindstrom, LCSW-C

CASA Advisory Council  
Christine Remsburg  
George Moehrl  
Mary Phillips  
Shannon Kelley

Court Appointed Special Advocates (CASA)  
Jenni Alnutt  
Emilie Amt  
Susan Barmill  
Debbie Bowers  
Richard Bricken  
Tish Bruh  
Colleen Bugler  
Beth Burroughs  
Hamiet Budaum  
Lynnette Cary  
Janine Coon  
Francine Cress  
Shannon Dennison  
Lisa Dobranzynski  
Kevin Dobbin  
Dottie Engle  
Terry Falkenberg  
Lydia Flynn  
Yorke Flynn  
Mary Ann Foltz  
Joseph Ford  
Diane Gastley  
Jo Gillesan  
Mark Goldsmith  
Catina Hall  
Susan Hamalainen  
Phyllis Hoyer  
Kathleen Hughes  
Georgann Jackson  
Vivian Johnkin  
Carlotta Joyner  
Christy Kehlbeck  
Warren Kretzschmar  
Wilma Kumar-Rubock  
Jacob Lambert  
Anne Leффer  
Tobin Lehman  
Bill Maguire  
Reg Marose  
Rebecca McClay  
Gabriela McCourtney  
Melinda Metz  
Patty Nolan  
Carol Norris  
Piper Oneto  
Lori Petryjohn

Lynne Price  
Ron Raineri  
Christine Rathod  
Penny Rifle  
Anne Sheridan  
Stephen Slater  
Beverly Snyder  
Jula Staden  
Kelley Turnbull  
Peter Vaché  
Elizabeth Ward  
Todd Young  
Glen Zior

Catoctin Affair Planning Committee  
Heather Bodnar  
Pat Brand  
Nancy Cline  
Jan Daffern  
Helen Dixon  
Joe Grover  
Patty Hurwitz  
Stephanie Jordan  
Karyls Kline  
Lucia Kline  
Maureen Lapas  
Nancy Mackintosh  
Sven Maduchske  
Karen Maducheske  
Nan Mann  
Kathy McGee  
Lucinda Noland  
Daryl Routzahn  
Paula Routzahn  
Katie Ryan  
C.Wayne Smith  
Madonna Vitarello  
Jan Welty  
Rena Winnan  
Stephanie Young

Catoctin Affair  
Will Aleshire  
Cindy Burdette  
Matthew Burdette  
Natalie Close  
Sarah Dolan  
Carter Evans  
Jesse Falkenberg  
Katie Gordon  
Denise Gotthardt  
Nicholas Grayson  
Gerry Hanberry  
Angie Hylton  
Melissa Kilpatrick  
Laura Leberher  
Keith Morison  
Megan Morison  
Steve Santa Maria  
Alex Sinevich  
Stacy Springer  
Brian Thompson  
Trisha Zarafoss

Child Care Choices Advisory Council  
Barbara Brittan  
Amy Dapaukalski  
Monica Grant  
Crhistal Henson  
Carolyn Joyner  
Amy Kimber  
Pat Rosensteel  
Rachel Schwartz  
Ginny Simenon  
Laura Sugiyama  
Delaine Welch-Freas

Child Care Choices  
Shannon Ahearn  
Alex Arianna  
Judy Bradley  
Mary Dowd-Martinez  
Anna Morison  
Spring Song  
Comine Wilson  
Tamara Luthers  
Christina Luthers  
Dionne Pellows  
Melissa Waclher  
Jed Wachler  
Danielle Duggan  
Lorrain Joao

Counseling Services Interns  
Kara Crandall  
Holly Frampont  
Laura Hamilton  
Robyn Harrison-Taft  
Wanda Hartley  
Diane Julian  
Courtney Mack  
Amy Niedeker  
Keith Petrie  
Katie Vanderburg

Hotline  
Ayelet Baruch  
Josué Cardona  
Robyn Harrison-Taft  
Wanda Hartley  
Diane Julian  
Courtney Mack  
Amy Niedeker  
Keith Petrie  
Katie Vanderburg

Kids on the Block  
Jennifer Brown  
Lisa Dempsey  
Bonnie Elgin  
Katie Glaser-LeClere  
Christy Kehlbeck  
Karín Lytle  
Michelle Rifkin  
Diane Rifkin  
Lindia Showalter  
Shani Weber  
Lisa Kelly  
Donna Zukus  
Julia Zukus

Supervised Visitation/MT  
Gail Allen  
Lou Carpinone  
Sheba Ambush  
Nicolea Ambush  
Natalie Close  
Isaiah Eruie  
Penney Rifle  
Lori Pettyjohn  
Anna Kline  
Cara Antle  
Allison Budzinski  
Lucy Cameron  
Diane Day  
Mary DeLong  
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Sherry Mcclure  
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Karen Petie  
Katie Vanderburg  
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BOARD OF DIRECTORS

OFFICERS

President, Nancy Cline  
Former Early Childhood Educator  
Nancy Cline  
Mackintosh, Inc. Realtors  
Secretary, Griff Garwood  
Federal Reserve Board, Retired  
Treasurer, Cathy Hadee, CPA  
Marriott Corporation  
Immediate Past President, Jean Joyce  
CitiGroup Smith Barney  
Nancy Mackintosh  
Special Education Teacher  
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MHA Volunteers

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Lorraine M.B. Prete-Family Law
Daryll Routzahn-Fund Development
David Brown-Telecommunications

Program Services Committee
Community Members
Ray Rotter, Ph.D.
Susan Lindstrom, LCSW-C

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George Moehrfle
Mary Phillips
Shannon Kelley

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Hamiett Buobdum
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Janine Coon
Francine Cress
Shannon Dennison
Lisa Dobrzynsky
Kevin Dobbin
Dottie Engle
Terry Falkenberg
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Yorke Flynn
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Phyllis Hoyer
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Carlotta Joyner
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Warren Kretzschmar
Wilma Kumar-Rubock
Jacob Lambert
Anne Legoff
Tobin Lehman
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Reg Marose
Rebecca McClay
Gabriela McCourteny
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Patty Nolan
Carol Norris
Mike Oneto
Reg Petittjohn

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Susan Lindstrom, LCSW-C
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## STATEMENT OF ACTIVITIES

### SUPPORT AND REVENUE

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<th>Source</th>
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FY09 Increase in Net Assets: 84,35

Ending Net Assets: $619,327

**Support Service Costs 11%**

**Public Grants 63%**

**Special Events/Fundraising 9%**

**Membership Dues 3%**

**United Way 4%**

**Program Service Revenue 11%**

**Private Donations/Foundations 4%**

**Private Contracts 8%**

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Dear Friends,

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Be on the lookout for more, hopefully very good news, about our new space and exciting plans for the future!

Patricia Hanberry, CEO
Nancy Cline, President, Board of Directors

Mary Ann Russo, LCPC
Jane E. Sachs, Ph. D.
Barbara Schiffer, LCSW-C
Sue A. Shaffer, LCSW-C
Robert J. Shuman, LCSW-C, CAC
Lynda R. Sovwel, LCSW-C, BCD
Richard Stanzione, LCSW-C
Michael Stern, Ph. D.
Christine L. Tanner, Ph. D.
Linda T. Ullom, LCSW-C
Lauretha Vargas, LCPC
Sangeeta Verma, MD
Corinne Webster, LCPC
Leslie Weitzel-Nicol, LCSW-C
Cynthia Wilcox, Ph. D.
Gale M. Wihlde, LCPC, NCC
Mary Lynn Willard, MS, NCC, LCPC
David C. Williams, Ph. D.
Scott Winget, Psy. D.
Zoe A. Worrell, LCSW-C

Professional Group Members
Allied Counseling Group, LLC
Associated Family Counseling, PA
Autism Consultation and Treatment Center
Behavioral Health Partners of Frederick
Blue Ridge Behavioral Health Services
Jean Brennan, LCSW-C, LLC
Caroll Counseling Centers, LLC.
and Attention and Learning Disorders Clinic
Catoctin Counseling Center, Inc.
Center for Mind-Body Therapies
Counseling Services
Delta Holistic Therapy Center
Frederick Psychology Center
Guidelines Counseling Program
Harper and Associates
Healing Circles Wellness Center
Monocacy Counseling Center, LLC
Monocacy Neurodevelopmental Center
Pastoral Counseling Services of Maryland
Psychotherapy Services, LLC
South Mountain Counseling Services
Trinity Pastoral Counseling Center
Villa Maria of Frederick County
Vital Sources, LLC

Mary Lynn Willard, MS, NCC, LCPC
Tina Spratt, M.A., LCPC

2009 Catoctin Affair Sponsors
- Gold Sponsors
Comcast
Miller Family Foundation
- Silver Sponsors
Ausherman Family Foundation, Inc.
BB&T Frederick Underwriters
Ben Lewis Plumbing/Sunshine Management Corp.
Cardiovascular Specialists of Frederick
Corporate Occupational Health Solutions
D&D Drilling, Inc.
Find It Frederick
Frederick Business Properties
Frederick Memorial Healthcare Systems
MacRo Ltd., McPherson & Associates, Inc.
Morgan Keller, Inc.
“My Bank” First United Bank and Trust
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without fear, where good mental health is valued, where people problems without shame, and where everyone will have access.
In 2009 the Mental Health Association served over 41,000 members of our community.

WHAT CAN WE DO FOR YOU?

Frederick County Hotline • Telephone Reassurance Program
Counseling Services • Child Care Choices
Partnership For Emotionally Resilient Kids (PERKS)
Kids On The Block Puppet Troupe • Systems Navigation
Court Appointed Special Advocates (CASA)
Child Care Provider Training • 2-1-1 Information and Referral
Crisis Intervention • ParentPower • Locate Child Care Service
Youth Education Programs • Child Abuse Prevention Programs
Supervised Visitation and Monitored Transfer
Mental Health First Aid • Survivors of Suicide Support Group
Public Information and Advocacy • After School Programs Training