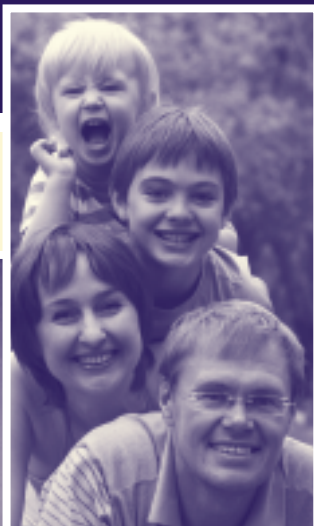




PROVIDING PEACE OF MIND
through education, prevention and intervention



**ANNUAL
REPORT
2009**





Dear Friends,

MHA has experienced exponential growth in the recent years. The addition of several new programs and the growth of existing ones have resulted in a 64% increase in the number of people MHA served from FY02 to FY08. From FY00 to FY08 the number of clients MHA served on site grew by 129%, for an average annual growth in services of 16.1%; however, during this same period, our physical space grew from 5,100 square feet to 7,100 square feet, an annual average growth rate of only 4.9%, clearly not keeping pace with the programmatic and client growth.

We have been using locations in the community to offer our Supervised Visitation/ Monitored Exchange program, parenting classes and much of our child care provider training. We have not been able to offer group therapy due to space limitations, and our Survivors of Suicide Support Group has moved four times in as many years. Our current buildings lack parking and are not handicapped accessible.

Clearly the need for our services is great and continues to grow, especially in this economic climate. The Board, therefore, began a search for new premises that could accommodate all of MHA's programs and services under one roof with easy accessibility for our clients. In the fall of 2008, and after viewing many properties, we gained site control of an 11,000 square foot building, ripe for renovation (it needs some TLC – well, a lot of TLC!), with easy access, plenty of parking and 4,000 square feet available for future expansion.

Obviously, we face a challenging task to raise the necessary funds to purchase and renovate the new building, but the support we have received thus far is very encouraging. We are very grateful to the Ausherman Family Foundation, who awarded MHA a very generous challenge grant, half of which our board matched within three months. We also have received a \$250,000 bond bill from the State and \$50,000 in City Community Development Block Grant Funds.

Our hope is to have sufficient funding in place to proceed with a capital campaign in the fall of 2009. We have faith that at that time our very generous community will continue to be supportive of our efforts to provide the best educational, preventive and primary mental health care and family support services in Frederick. In the meantime, please accept our sincere thanks for all you have done to help MHA serve our community – we couldn't do it without you.

Be on the lookout for more, hopefully very good, news about our new space and exciting plans for the future!

Patricia G. Hanberry
Pat Hanberry, CEO

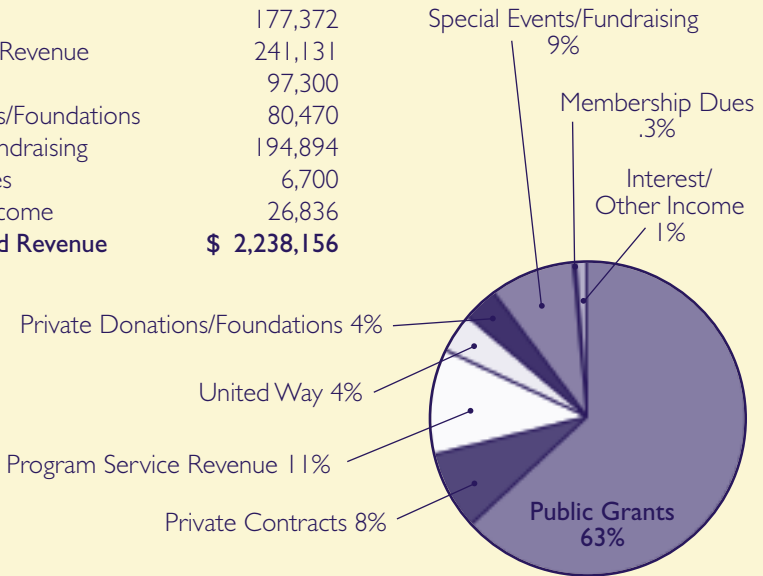
Nancy Cline
Nancy Cline, President, Board of Directors

STATEMENT OF ACTIVITIES



SUPPORT AND REVENUE

Public Grants	\$ 1,413,453
Private Contracts	177,372
Program Service Revenue	241,131
United Way	97,300
Private Donations/Foundations	80,470
Special Events/Fundraising	194,894
Membership Dues	6,700
Interest/Other Income	26,836
Total Support and Revenue	\$ 2,238,156



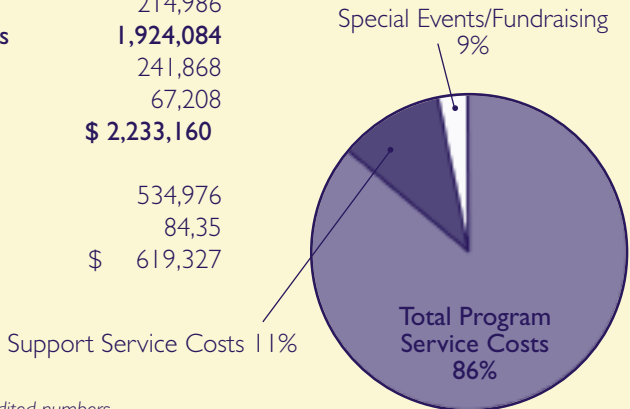
EXPENSES

Program Services:

Child Care Choices	\$ 738,689
Frederick County Hotline	471,169
Counseling Services	139,491
Child Abuse Prevention	359,749
Community Education	214,986
Total Program Service Costs	1,924,084
Support Service Costs	241,868
Special Event/Fundraising	67,208

Total Expenses \$ 2,233,160

Beginning Net Assets	534,976
FY09 Increase in Net Assets	84,35
Ending Net Assets	\$ 619,327



This financial statement reflects unaudited numbers.

Those who can, do. Those who can do more, volunteer.

~Author Unknown



VOLUNTEER SPOTLIGHT

Michelle & Melissa Rifki

MHA is blessed to have an incredible family of over 100 volunteers who give their time, energy and resources to support MHA. Two of our youngest volunteers are Michelle and Melissa Rifkin, aged 18 and 14 respectively, who have been volunteering as puppeteers for our Kids on the Block (KOB) puppet troupe since they began high school.

Their parents, Dr. Michael and Diane Rifkin, are very proud of what the girls have accomplished: "What Michelle and Melissa have learned, from memorizing their lines, attending regular rehearsals and performing in public has been an invaluable life lesson. As a family, we believe in giving back and are happy to support MHA as they do so much for the community."

Our sincere thanks to the Rifkin family and all our wonderful volunteers!

Top Photo Michelle and Melissa Rifkin with their mother Diane (left) and MHA Youth Education Outreach Coordinator Cathie Deadrick (right)
Bottom Photo Michelle and Melissa Rifkin performing a KOB skit



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Daryl Routzahn-*Fund Development*
David Brown-*Telecommunications*

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Bonnie Elgin
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Christy Kehlbeck
Karin Lytle
Michelle Rifkin
Melissa Rifkin
Diane Rifkin
Leesa Ruderman
Linda Showalter
Shani Weber
Lisa Kelly
Donna Zukus
Julia Zukus

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Sheba Ambush
Nicolea Ambush
Natalie Close
Isaiah Eurie
Penny Rife



Our Vision

We envision a community where children can grow and thrive know when and how to seek help for emotional or family to mental health services without barriers.

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Dove Society

(Cumulative Gifts of \$10,000+)

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Daryl and Paula Routzahn
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Debbie Williams
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Tranquility Society *(Cumulative Gifts of \$5,000 - \$9,999)*

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Peace of Mind Society *(Cumulative Gifts of \$1,000 - \$4,999)*

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Target Foundation
Trout's Food, Inc.
United Way

Friends of MHA *(FY09 Gifts up to \$999)*

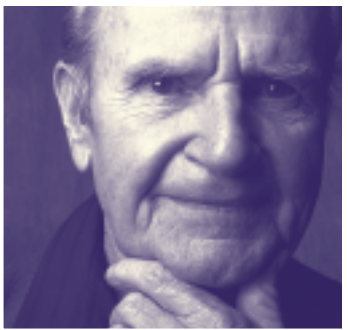
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without fear; where good mental health is valued, where people
problems without shame, and where everyone will have access



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A private non-profit organization

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served over 41,000 members of our
community....**

WHAT CAN WE DO FOR YOU?

Frederick County Hotline • Telephone Reassurance Program
Counseling Services • Child Care Choices
Partnership For Emotionally Resilient Kids (PERKS)
Kids On The Block Puppet Troupe • Systems Navigation
Court Appointed Special Advocates (CASA)
Child Care Provider Training • 2-1-1 Information and Referral
Crisis Intervention • ParentPower • Locate: Child Care Service
Youth Education Programs • Child Abuse Prevention Programs
Supervised Visitation and Monitored Transfer
Mental Health First Aid • Survivors of Suicide Support Group
Public Information and Advocacy • After School Programs Training

