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Mental Health Association of Frederick County
263 W Patrick Street, Frederick, MD 21701
Call 2-1-1 or 301.663.0011
www.fcmha.org

United Way
United Way of Frederick County

The Mental Health Association of Frederick County

served 37,300 people in 2007

We have a lot of people counting on us every day.

2007 Annual Report

Impact on Our Future

At the Mental Health Association of Frederick County we focus on services with the greatest long-term impact on our community.

Our Five Core Areas of Focus:

1. 24/7 phone support, referrals and suicide/crisis intervention.
2. Prevention of child abuse through education and family support.
3. Provision of professional therapy services regardless of inability to pay.
4. Creation of quality childcare environments ensuring young children receive adequate. nurturing and emotional development during their most formative years.
5. Education and advocacy regarding mental illness and the promotion of good mental health.

Programs of the Mental Health Association

Frederick County Hotline/ 2-1-1: Maryland Youth Crisis Hotline, Parent Stress Line, Phone Friend, National Suicide Prevention Lifeline, Survivors of Suicide Support Group, Telephone Reassurance Program.
Child Abuse Prevention Programs: Court Appointed Special Advocates (CASA), Kids on the Block, ParentPower, Systems Navigation, Supervised Visitation/Monitored Transfer, Youth Education Programs.
Child Care Choices: Child Care Provider Training, Locate Referral Service, Partnership for Emotionally Resilient Kids (PERKS).
Counseling Services: Professional therapy services for all ages.

A Message for Our Friends

Fiscal Year 2007 was a banner year for **Growth**, **Change** and **Collaboration** for the Mental Health Association. We are thrilled to share some of the highlights with you:

After a couple of very lean years, our Child Care Choices program experienced tremendous **Growth** by capitalizing on the availability of funding for early childhood development and education. We added School Readiness activities in Carroll County, early childhood mental health services in both Frederick and Carroll counties, and greatly increased the training we provide to child care providers - arguably the most important people in children's lives next to their parents and close relatives.

A partnership with the Office for Children and Families allowed us to become Western Maryland's Single Point of Access for high risk families, as well as the Systems Navigator for Frederick County, helping these families to navigate the complex systems of care. Our Court Appointed Special Advocates program was able to expand its staff, and therefore the number of volunteers and children we serve, through a national expansion grant, as well.

All of this growth meant a great deal of **Change**, of course. The addition of so many programs and associated staff required additional space, which we were fortunate to find right next door, for Child Care Choices.

We had been working since 2000 to bring 2-1-1, the number to call for information and referral to health and human services, to Maryland; in October 2006 it finally became operational! While we think of it as an easy way to get to the services we have always provided through the Frederick County Hotline, it has required new systems, equipment, training, and a tremendous amount of community outreach!

While the Mental Health Association has always worked in cooperation with its community partners, FY07 found us in even closer **Collaboration** with other agencies. Mobile Crisis services, a collaborative venture with the Way Station, became operational; MHA assesses callers' situations over the phone, and Way Station dispatches a Mobile Crisis team when necessary. We have partnered with the Alzheimer's Association to provide joint, on-going training to the staff of assisted living facilities about dementia. We have also partnered with Volunteer Frederick and their Summer Serve program to add a new program, Up in Smoke, to our Kids on the Block repertoire. Our collaboration with Families Plus! and the Centro Hispano has allowed us to take our parenting education to Latino families at the quarterly Family Fiestas.

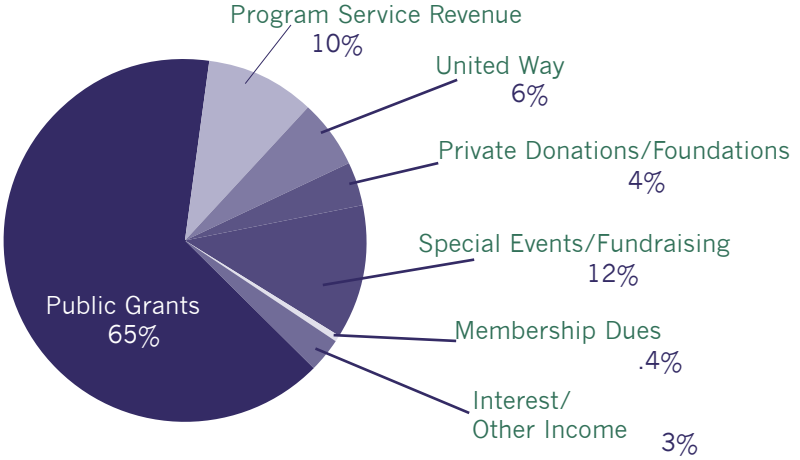
The year was tremendously challenging and exhilarating, and we are proud that it allowed us to meet the ever-expanding needs of the community we serve.

Patricia G. Hanberry
Chief Executive Officer

Jean M. Joyce
President, Board of Directors

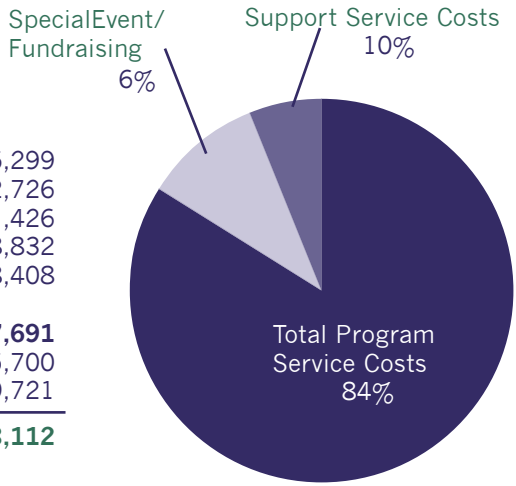
2007 Statement of Activities

Support and Revenue



Public Grants	$1,129,544
Program Service Revenue	174,532
United Way	100,000
Private Donations/Donations	78,547
Special Events/Fundraising	208,420
Membership Dues	6,750
Interest/Other Income	49,000
Total Support and Revenue	**$1,746,793**

Expenses



Program Services:	
Child Care Choices	$506,299
Frederick County Hotline	372,726
Counseling Services	131,426
Child Abuse Prevention	228,832
Community Education	98,408
Total Program Service Costs	**$1,337,691**
Support Service Costs	$165,700
Special Event/Fundraising	$89,721
Total Expenses	**$1,593,112**

Beginning Net Assets	$329,170
FY07 Increase in Net Assets	$153,681
Ending Net Assets	$482,851

This financial statement reflects unaudited numbers.

Our Volunteers

CASA Advisory Council
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We are grateful to each of you for your endless compassion. Thank you.

* Denotes MHA Board Member

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