Mental Health Association of Frederick County

Providing Peace of Mind through Education, Prevention and Intervention
Our Vision

In last year’s Annual Report, we indicated that our goals for this year called us to "establish a support group for suicide survivors, increase our outreach to the African American community, and to practice what we preach, by ensuring family-friendly business practices at MHA." How very gratifying it is to read this and know that we either accomplished, or at least made head-way, in all of these areas and more.

In late winter we did, indeed, start up our Survivors of Suicide Support Group, for those who have lost loved ones to suicide. The group is facilitated by two of our staff, who received specialized training in guiding this unique group. We believe that the group responds to a real need in this community by providing much-needed support to people who have experienced this tragedy in their lives.

We have made progress in helping people to overcome cultural barriers to mental wellness, one of our five over-arching goals, by creating a new Cultural Diversity Committee of the Board. This committee, consisting of two Board members and 13 community members, is in the process of identifying "centers of influence" in the Latino and African American communities to serve as focus groups to help us to better understand why minority groups are underrepresented in receiving mental health treatment and how we can help improve access for them. In addition, we incorporated the "Guide to Basic Social Services", written in Spanish, into our annual "Guide to Mental Health and Community Support Services".

We are particularly proud of our progress in the third area, that of being a model of a family-friendly business. MHA applied for, and was awarded, one of 10 Family-Friendly Business awards offered by the Office for Children and Families. In addition, we surveyed the staff to determine what other family-friendly policies they would like to see in place and are working in instituting some of the suggestions.

We've been working hard on another of our five over-arching goals, that of improving people's awareness and understanding of the Mental Health Association of Frederick County. We began by changing our name, moving "Frederick County" to the end, so that people would be less likely to confuse us with a government agency. We also totally re-vamped our brochures so that all of our programs now look like they belong to the same organization!

Although often difficult to measure, all of us at MHA firmly believe that our efforts of the past year have indeed brought increased peace of mind through education, prevention and intervention to the thousands of people whose lives we've touched.

Patricia G. Hanberry, CEO
David Diehl, President, Board of Directors
2004
Board of Directors

Officers
President, David Diehl
Hood College
Vice President, Jean Joyce
Legg Mason Wood Walker
Secretary, Nancy Cline
Retired School Teacher
Treasurer, Mike Bodnar
Sandy Spring Bank

Directors
Michael Delauter
Miles & Stockbridge
Kaushal Gundavda
Business Management Services Group
Cathy Hadee, CPA
Kevin R. Hessler
Linton, Shafer & Company
Darby Jones
BB&T
Debralee McClellan
Frederick Community College
Kathy McGee
Mackintosh, Inc., Realtors
Thomas Pollack, Psy.D.
Blue Ridge Behavioral Health Services
Ellen Prete
CitiMortgage
Sherri Wade
State Farm Insurance Company
Nelson Zahler
Sunshine Management Corp.

MHA’s Mission Statement
To promote an emotionally healthy Frederick County by advocating for people with mental health needs; educating the community; and empowering individuals, children, and families.

MHA Support Services Staff:
Janet Garrett, Business Manager
Dawn Monroe, Office Manager
Cindy Burdette, Director, Development and Marketing
Gina Burgoon, Marketing Coordinator
Stress, divorce, depression, abuse,
anxiety, illness, loneliness, death,
grief, war, terrorism...

the list goes on and on. Let’s face it; no one can escape the ups and downs of life. It is an absolute certainty that you or someone you know will need help coping with the inevitable struggles of life. As we have been for the past 39 years, MHA is here for everyone, regardless of their ability to pay. Our programs are incredibly diverse because the need in our community is so great.

Our staff and volunteers are tightly linked by those we are fortunate to serve. The courageous stories represented throughout this report are a source of great pride to all of us at MHA. We admit, not all of these stories have perfect endings, but in each case reaching out for support gave hope and a more positive life to each person. We get goose bumps every time we hear them and hope you will too.

On behalf of all those whom MHA has been able to help through seemingly insurmountable hardships in their lives, we thank you for your continued encouragement and support.

A FAMILY TORN APART ~
A single father is court-ordered to attend the ParentPower program after losing custody of his two teenaged daughters. He didn’t know what else to do - they had gotten out of control, and he finally slaps his daughter - causing her removal from the home. During the 7-week program he takes a hard look at himself and his behaviors as a parent. Upon completion, he changes his views of himself and his ability to be a strong but loving father for his children. With encouragement and support, he sets boundaries and enforces them, communicates positively with his children, and enlists the aid of teachers and school administrators to surround them with accountability and consequences. Regaining custody of his children one month after attending ParentPower, family relationships are now stronger, the children are under control and making positive changes of their own, and he is secure in his role as a single parent.
The friend of a young mother calls Counseling Services distressed about her friend’s severe depression and recent suicide threats. She shares that her friend is quite poor and speaks very little English. Arrangements for an interpreter and service based on a sliding scale are made so therapy can begin immediately. The mother, a victim of physical and sexual abuse, has a life story filled with poverty and abandonment. Due to vicious abuse, she is forced to leave her young children in the small Central American country where she had been born. She is racked with guilt and fear, and desperate to create a better life for her children. Working hard with her Therapist, she is making great progress. The young mother knows her recovery will take time, but feels hopeful she will now be able to make a better life for herself and one day for her children as well.
A PARENT'S DESPERATION ~

A mother of two calls the Child Care Choices LOCATE line frantic for child care. As the Counselor completes the intake, the parent reveals that she works in the service industry; her terminally-ill husband is unable to work, and due to state budget cuts her co-pay for their current subsidized child care is now beyond her means.

The mother desperately confides to the Counselor that she may need to put her two young children up for adoption if she can’t find affordable child care. Without any support system or family to help carry the burden, she is out of options. Knowing that there are child care providers who offer service on a sliding scale or scholarships, the Counselor gives the parent many referrals she never even knew existed. The mother follows up to report she found a caring provider who makes her children happy and is affordable. She is at peace knowing that her family is safe once again.
Year Started: 1988  
Parents and Children Served in FY04: 2,307  
Child Care Providers Trained in FY04: 2,083  
Number of Provider Classes Offered in FY04: 152  
Child Care Providers Receiving Technical Assistance in FY04: 1,161  
Number of Child Care Advocacy Groups Staff Served on in FY04: 18

Services Offered: Central resource that assists parents looking for regulated child care, aids child care professionals with training and technical assistance. Provides consultation to businesses regarding family friendly practices, and advocates for Frederick County’s child care concerns.

Program Director: Shannon Aleshire

Staff: Sue Carpenter, Lisa Garbowski, Barbara Howard, Patty Morison, Sherry Musselman, Judy Williams, Amber Riley

FREQUENTLY REQUESTED CHILD CARE INFORMATION
Source: Maryland Child Care Resource Network

Average Weekly Cost of Full-Time Child Care in Frederick County

<table>
<thead>
<tr>
<th>Family Child Care Programs</th>
<th>0-23 months</th>
<th>$137</th>
<th>2-5 years</th>
<th>$118</th>
<th>School age</th>
<th>$105</th>
</tr>
</thead>
<tbody>
<tr>
<td>Child Care Centers</td>
<td>0-23 months</td>
<td>$198</td>
<td>2-5 years</td>
<td>$126</td>
<td>School age</td>
<td>$119</td>
</tr>
</tbody>
</table>

Top 5 Factors Important to Parents Who Found Child Care in Frederick County

1. Quality of care  
2. Proximity to home  
3. Only program with a vacancy  
4. Family setting  
5. Hours of operation
A CHILD OF ABUSE ~

A few years ago we gave a Kids on the Block Puppet show on Child Abuse at an elementary school in Emmitsburg. Following the production, a small third grade child timidly went to her teacher and said, "I think that there's something going on in my neighborhood that you should know about." It turns out that a man whom everyone called the "Neighborhood Dad" had been serially sexually abusing children in the neighborhood entrusted to his care.

As a result of the puppet show, and one young girl's brave disclosure, Gene Howard Huff was convicted of 141 counts of child abuse and is in jail for over 300 years, and there is a neighborhood of children in northern Frederick County who will no longer suffer abuse. At the end of the trial, the eldest victim, having suffered abuse for 29 straight months, gave the judge a hand-written letter: "I feel very sick and mad. I think what he did was very wrong. He is stupid and dumb. I think you should just feed him bugs because he deserves it. I think he should get the rest of his life in jail." We are so happy that she got her wish.
**CASA (Court Appointed Special Advocates)**

*Year Started:* 2001 • *Children Served in FY04:* 44  
*Volunteers Trained to Serve as CASAs:* 28  
*Minimum Length of Service for CASA Volunteer:* 1 year  
*Average Annual Hours Served per CASA Volunteer:* 80  

**Services Offered:** Trained community volunteers advocate for the best interest of abused and/or neglected children in the foster care system.  
**Staff:** Jennifer Fuss, CASA Program Coordinator

---

**KIDS ON THE BLOCK PUPPET TROUPE**

*Year Started:* 1989 • *Children Served in FY04:* 4,063  

**Services Offered:** Educational puppet program addressing social issues children face in today's society. Topics include child abuse prevention, drug abuse prevention, adjusting to divorce, bullies & school safety, and mental health. Presentations conducted at Frederick County Public Schools, religious organizations, Frederick YMCA, and local child care centers.  
**Puppeteers:** Jenni Allnutt, Cassandra Redding, Ellen Cole

---

**“PARENTPOWER” – Parent Education Classes**

*Year Started:* 2000 • *Parents Served in FY04:* 310  
*Total Classes Held in FY04:* 195  

**Services Offered:** Trained staff provides educational courses for parents. Topics include stress management, anger management, positive discipline strategies, and early childhood developmental milestones. Specialty classes target at-risk families dealing with mental illness, ADHD, step parenting, and out of control teenagers.  
**Staff:** Kim Gore, Parent Power Program Coordinator

---

**SUPERVISED VISITATION & MONITORED EXCHANGE**

*Year Started:* 2001 • *Children Served in FY04:* 54  
*Total Supervised Hours Provided in FY04:* 206  
*Total Monitored Exchanges Provided in FY04:* 117  

**Services Offered:** Trained staff and volunteers provide a safe environment for children and their non-custodial parents to develop or re-establish an ongoing familial relationship.  
**Staff:** Thomas Hamm, Supervised Visitation Program Coordinator

---

**YOUTH EDUCATION OUTREACH**

*Year Started:* 1991 • *Children Served in FY04:* 1,970  

**Services Offered:** Custom youth education programs for schools and community groups. Topics include Kids in Self Care, Solving Conflicts, Bullying, and Stress and Anger Management for teens.  
**Program Staff:** Cathie Deadrick, Youth Educator
A LIFE OF REGRETS ~

Her life had been a tough one filled with difficult choices and regrets. An elderly woman, the sole caregiver for a disabled family member for the past 30 years, is depressed, socially isolated, and experiencing physical ailments. She signs up for the Telephone Reassurance Program because she is completely housebound and uncomfortable talking with family about her fears and problems. She receives a call from her reassurance counselor, every day for almost three years. They talk for at least 15 minutes each day and she comes to rely on the reassurance counselor as the only person she can be open and honest with. Eventually she passes away due to illness, hopefully at peace knowing that she always had someone who would listen and care.
FREDERICK COUNTY HOTLINE

Year Started: launched part-time in 1985, moved to 24-hour operation in 1990
Total Hotline Calls in FY04: 10,207 • Suicide-Related Calls in FY04: 723
Support Hotlines Answered: 1-800-SUICIDE, AIDS Hotline, Maryland Youth Crisis Hotline, Phone Friend, Frederick County Hotline
Services Offered: Trained staff and volunteers provide information and referral, support, and crisis intervention 24 hours a day, 7 days a week.
Program Director: Suzi Borg
Volunteers: 24 wonderful and caring listeners – names protected due to the confidential nature of their role
Staff: Robyn Harrison, Program Coordinator; Dana Norris, Program Assistant; 16 part-time staff members - names protected due to the confidential nature of their role

TELEPHONE REASSURANCE PROGRAM

Year Started: 1997 • Clients Served in FY04: 20
Total Outbound Calls Made in FY04: 3,284
Client Safety Intervention Calls Made in FY04: 38
Services Offered: Trained staff and volunteers make daily scheduled calls to elderly, homebound clients offering support and referrals as needed.
Program Director: Suzi Borg
Staff: Linda Myers, Telephone Reassurance Program Coordinator

TOP 10 REASONS
Clients called Hotline in FY04:

1. Personal or Social Relationships
2. Depression
3. Thoughts of Suicide
4. Physical Health Issues
5. Loneliness
6. Mental Health Issues
7. General Family Issues
8. Financial Stress or Crisis
9. Alcohol or Drug Issues
10. Parenting Issues
**SUPPORT AND REVENUE**

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Public Grants (State/County/City)</td>
<td>$ 782,757</td>
</tr>
<tr>
<td>Program Service Revenue</td>
<td>$ 131,703</td>
</tr>
<tr>
<td>United Way</td>
<td>$ 99,000</td>
</tr>
<tr>
<td>Fundraising/Special Events</td>
<td>$ 37,878</td>
</tr>
<tr>
<td>Private Foundation Grants/Donations</td>
<td>$ 47,127</td>
</tr>
<tr>
<td>Membership Dues</td>
<td>$ 5,600</td>
</tr>
<tr>
<td>Interest and Other Income</td>
<td>$ 57,735</td>
</tr>
<tr>
<td><strong>TOTAL SUPPORT AND REVENUE</strong></td>
<td><strong>$ 1,161,800</strong></td>
</tr>
</tbody>
</table>

**EXPENSES**

<table>
<thead>
<tr>
<th>Service</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Community Education, Advocacy &amp; Publications</td>
<td>$ 77,441</td>
</tr>
<tr>
<td>Frederick County Hotline</td>
<td>$ 245,416</td>
</tr>
<tr>
<td>Child Care Choices</td>
<td>$ 395,054</td>
</tr>
<tr>
<td>Counseling Services</td>
<td>$ 103,725</td>
</tr>
<tr>
<td>Child Abuse Prevention Program</td>
<td>$ 153,795</td>
</tr>
<tr>
<td><strong>Total Program Service Costs</strong></td>
<td><strong>$ 975,431</strong></td>
</tr>
<tr>
<td>Support Services Costs</td>
<td>$ 136,106</td>
</tr>
<tr>
<td>Special Event &amp; Fundraising Costs</td>
<td>$ 31,113</td>
</tr>
<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>$ 1,142,650</strong></td>
</tr>
</tbody>
</table>

MHA's financial audit report is available upon request. Contact Janet Garrett at 301-663-9096.

*These numbers represent unaudited figures.*
SINCERE GRATITUDE TO ALL OF OUR VOLUNTEERS

**Fund Development and Marketing Committee**

Emily Benedict  
Nancy Cline*  
David Diehl*  
Darby Jones*  
Debralee McClellan*  
Kathy McGee*  
Ellen Prete*  
Heather Whittington

**Program Services Committee**

Nancy Cline*  
Janice Daffern  
Debralee McClellan*  
Dr. Tom Pollack*  
Sally Shelton  
Dr. Karol Bedyk Strang

**Public Policy Committee**

Dr. Breck Borcherding  
Spencer Gear  
Dr. Greg Powell  
Ellen Prete*  
Dr. Tom Pollack*  
Dr. Al Powell

**Child Care Choices Advisory Council**

Barbara Brittain  
Marty Cifrese  
Amy Dapsauski  
Dorothy Egbert  
Monica Grant  
Amy Kimble  
Pat Rosensteel  
Rachel Schwartz  
Ginny Simoneau  
Suzanne Tresselt  
Delaine Welch-Freas

**CASA Advisory Council**

Sarah Bigham  
Valerie Birdsell  
Julie Diehl  
Shannon Kelley  
Monica Kinderknecht  
Lois Mannes (adjunct)  
Rebecca Matthews  
Kristin Milne-Glasser  
George Moehrle  
Ron Raineri  
Tom Slater (adjunct)

**Cultural Diversity Committee**

Sila Alegret-Bartel  
Kiran Chadda  
Nancy Dukes  
Fran Freire  
Alida Gibson  
Mark Goldsmith  
Kaushal Gundavda*  
Karmin Jenkins  
Gurpreet Kaur  
Janice Simms  
Alan VenDouern  
Iva Wright

**Volunteers**

Jenni Allnutt  
Nicolea Ambush  
Emilie Amt  
Julie Ballenger  
June Bean  
Michelle Bier  
Natalie Bowers  
Nancy Boyd  
Lisa Boyle  
Jo Brewer  
Richard Bricken  
Barbara Brittain  
Jacque Butts  
Nicole Clayton  
Jenny Cline  
Ellen Doane  
Dorothy Egbert  
Dorothy Engle  
Terry Falkenberg  
Barbara Foster  
Tim Fuss  
Marcy Galliker  
Alida Gibson  
Jo Gilelen  
Bob Gutjak  
Michele Henning  
Christal Henson  
April House  
Phyllis Hoyer  
Vivian Johnkin  
Victoria Kunkoski  
George Laugelli  
Kendall Markey  
Melinda Metz  
Dorothy Moler  
Nicholas Moore  
Annie Morison  
Keith Morison  
Margaret Nusbaum  
Michael O’Leary  
Chris Patterson  
Ron Raineri  
Rosemarie Richards  
Penny Rife  
Dru Riley  
Kathy Ryan  
Sheila Saccone-Terbush  
Trina Schrimsher  
Keith Scott  
Doris Shepherd  
Ginny Simoneau  
Marla Schwartz  
Joyce Tolley  
Suzanne Tresselt  
Todd Walker  
Elizabeth Ward  
Linda Weaver  
Charlotte Whittington  
Heather Whittington  
Stephanie Young

**Special Thanks to our MHA Partner Reception Hosts**

Colleen & Ken Rice  
Betsy & David Diehl  
Carla & Mike Bodnar  
Karlys Kline  
Darby Jones  
Nancy & Casper Cline  
Jean Joyce & John Garre  
Barbara & Bob Marmet  
Debbie McClellan

* Denotes MHA Board Member
### MHA SUPPORTERS

**$5,000+**
- Ausherman Development Corporation
- G. Frank Thomas Foundation
- Freddie Mac Foundation
- Frederick County Association of Realtors

**$2,500 - 3,999**
- Boscov’s
- CitiMortgage
- Robert Deery
- Frederick Memorial Hospital
- Loats Foundation
- Sandy Spring Bank

**$1,000 - 2,499**
- AOPA
- Evangelical Reformed Church-U.C.C.
- Great Southern Enterprises, Inc.
- William C. Hill
- Kline Scott Visco
- Henry P. & Paige Laughlin Worthy Causes Trust Fund
- Miles & Stockbridge Foundation
- Dr. & Mrs. Gregory & Susan Rausch
- Partho Raysircar
- Colleen & Ken Rice
- Spring Ridge Chiropractic Center
- State Farm Insurance Companies
- The Community Foundation of Frederick County
- Celia & Nelson Zahler

**$500 - 999**
- Calvary United Methodist Church
- Mr. & Mrs. David Diehl
- The Frederick News Post
- Hagerstown Trust Company
- Guelda Campbell Imirie
- Laurie & Marc Lessans
- Linda & Scott Myers
- Potomac Tile & Carpet, Inc.
- C. Wayne Smith

**$250 - 499**
- Shannon S. Aleshire
- Genia D. Bohrer
- Phil Boyer
- Wallace Glisson
- Norine & Ted Haas
- Melvin Hamm
- Kevin Hessler
- George Matesa
- Pleasant’s Construction
- Ramona C. Remsburg
- Sue Shaffer

**$100 - 299**
- Dr. Gerardo Araiza
- Scott Burall
- Mei-Yean Chen
- Nancy & Casper Cline
- Gail Davis
- Kathy & Michael Delauter
- Debbie Fredericks
- Glade United Church of Christ
- Charles Gomez
- Pat & Gerry Hanberry
- Dr. John J. Harper
- Mr. & Mrs. Robert Hooper
- Warren L. Huffer
- Jeffrey Giangrande Corporation
- Jean Joyce
- Karlys Kline
- Kathi Kopacz
- Diane & John Laughlin
- Lee Delauter & Sons
- Yi Lin
- Thomas E. Lynch, III
- James Mackey
- Evelyn & Karl Manwiller
- Dr. & Mrs. Robert Mayernik
- Debbie McClellan
- Richard McKenna
- Melinda Metz
- Patricia S. Morison
- Dr. Frank G. Nisenfeld
- Addie B. Null
- Gerald Princler
- Jack Pumphefrey
- Louise Rasher
- Diana Roberts
- Terra Schaden-Ireland
- Howard S. Scher
- Kelly Scott
- St. Anthony Shrine Parish
- Drs. Karol & Bill Strang
- The Lube Center
- Thomas Trott Sr.
- Laszlo von Lazar
- Judy Williams
- Jeffrey Wilson
- Katherine W. Wood
- Bethany Yost-Mann
- Tina Young

**$50 - $99**
- Curtis Behunin
- Brenda Benna
- Suzi Borg
- Diane & Bill Breen
- Nancy & Gene Burdette
- Gina Burgoon
- Margaret Burton
- Sue Carpenter
- Joan Cecchetti
- Anne B. Effland
- Dr. Michael Eissenstat
- Lisa Garbowski
- Anita & Jim Gugel
- Lester Haney
- Robyn Harrison
- Peggy & Chipper Hoff
- Tracy Howard
- Paula Husted
- Darby Jones
- Anita Jose
- Angela King
- Lauren Koogle
- Joan E. Montoya
- Michael Morris
- Veronica Noah
- Amy Pereschuk
- Kaye E. Ramsburg
- Dr. Edward H. Rau
- Kathy Rossen
- Sue Sheffler
- Vicki Sowers
- Robert & Shirley Stull
- Shirley & Trego Zimmerman

**$1 - 49**
- Karen & Joseph Ashwal
- Mary Kay August
- Jeanmarie Bartlett
- Pat Beach
- Jo Ann & Robert Brewer
- Gayle Bromberg
- Frances & Donald Cecil
- Barbara Cramer
- Angela Dredden
- Vladimir Dupre
- Amy Fisher
- Miguel Flores
- Nancy C. Gieler
- Shelly Greiner
- Jeffrey S. Hoblitzell (In Memory of Mrs. Bonnie Cunningham)
- Pamela J. Hughes (In Memory of Mrs. Bonnie Cunningham)
- Marguerite T. Isman
- Dr. & Mrs. Peter Kremers
- C. Elizabeth McCaffrey
- Kitty M. Reed
- Rhoda Sibanda
- Dorles Sylvain
- Mr. & Mrs. R.W. Warner Sr.
- Francy & Randy Williams

### OTHER FUNDING SOURCES

- Administrative Office of the Court
- City of Frederick
- Foster Care Court Improvement Project
- Frederick County Government
- Frederick County Office for Children and Families
- Maryland Committee for Children
- Maryland Children’s Trust Fund
- Maryland Department of Human Resources
- Maryland State Department of Education
- Mental Health Association of Maryland
- Mental Health Management Agency of Frederick County
- National CASA Association
- United Way of Frederick County

*We have made every effort to recognize all contributions. We apologize for any errors or omissions.*
PROFESSIONAL MEMBERS


PROFESSIONAL GROUP MEMBERS

Allied Counseling Group, LLC • Associated Family Counseling  Behavioral Health Partners of Frederick • Blue Ridge Behavioral Health Services  Catoctin Counseling Center • Center for Integrative Health Care • Center for Mind-Body Therapies  Centrepoint Counseling Services and Ministries • Crossroads Centers • Frederick Psychology Center  Harper & Associates • Life Directions • Monocacy Counseling Center  Monocacy Neurodevelopmental Center, LLC • Psychotherapy Services, LLC  Trinity Pastoral Counseling Center • Westview Psychological Services, LLC

MHA’S 2004 CATOCTIN AFFAIR SPONSORS

Major Event Sponsors

Colonial Jewelers • Shockley Honda • CitiMortgage  Pfizer • Legg Mason Wood Walker • Natelli Communities • Routzahn’s  Grapevine Magazine • Classic Entertainment • VaLogic/SriSai, LLC

Catoctin Affair Supporters

Pleasant’s Construction • Sandy Spring Bank • Sean & Tina Brink - Real Estate Teams  Owen & Owen • Kathy McGee - Mackintosh, Inc., Realtors • New Windsor State Bank

Catoctin Affair Contributing Restaurants

The General Braddock Inn • Catering Impressions, LLC • The Black Truffle Bistro  Firestone’s • FCC Culinary Arts Program • The Coffee Express • Venuti’s  Emma, An American Bistro • Clustered Spires Pastry Shop
Providing Peace of Mind Through Education, Prevention, and Intervention

“Peace of Mind”

**Peace** (pes) > n. 1. Freedom from quarrels and disagreement; harmony. 2. Serenity: peace of mind. **peaceful** adj., **peacefulness** n.

**Mind** (mind) > n. 1. The human consciousness that originates in the brain and is manifested esp. in thought, perception, emotion, will, memory, and imagination.

**Ed•u•cate** (ej’e-kat’>) > v. 1. To provide with formal knowledge or training. 2. To provide with information. **educated** adj., **education** n.

**Pre•vent** (pri-vent’) > v. 1. To keep (something bad) from happening. 2. To keep someone from doing something; impede. **prevent’able** adj., **prevention** n.

**In•ter•vene** (in’ter-ven’) > v. 1. To come in or between so as to hinder or alter an action; or improve a situation. 2. To come or occur between two things, events, or points in time. **intervention** n.