

Child Care Primer

September-December 2021

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Inside This Issue

Evening Resource Room Hours are Back!

In person classes as well as virtual

LOCATE Complaint Policy

MCCRN Complaint Policy

New Staff

and more...



Find Us!

Find us on **Facebook**

Remember to share this newsletter and training calendar with other early education professionals!

♪ Ch Ch Ch Changes... ♪

Come on, you know you sang the next line: "Turn and face the strange". Those of you, like me, of a certain age, will surely recognize this David Bowie song. We know, all too well, how things have changed in the past 18 months and how we have had to face the really strange! Child Care Choices continues to adapt to these changes to ensure that we are meeting your needs to the very best of our ability while adhering to CDC and local Health Department guidelines. With that said, things change often!

We have presented classes virtually, in person, on-site as well as a hybrid variation. Based on instructor and participant feedback, we will offer both in person and virtual trainings in this calendar to meet the preferences and needs of all providers. We may try hybrid trainings again in the future but, for now, your choices will be in person or virtual. Due to changing health protocols, we may also need to change an in person class to virtual.

We will continue to offer technical assistance sessions by Zoom, but you may also make an appointment to meet with one of our specialists at our offices. It is important to note that our staff work a varied schedule of telework and in office, so it is imperative that you **make an appointment** so you do not waste a trip to the office.

You may now make an appointment to use our resource room equipment during our business hours. We are also continuing curbside services for those who prefer. It's EASY! First call us to discuss what services you need, then make an appointment to drop off what you need laminated or copied. You may also call and/or email your materials. A staff member will let you know a pick up time, according to the services you are requesting, and take payment over the phone. Please allow up to five business days for completion of services. Do you need it faster? Just call and make an appointment to come into the resource room to DIY!

We will also offer evening resource room hours, by appointment, in both Carroll and Frederick counties. See the box above for days and times. We want to serve you and keep everyone safe, so wear a mask!

Like and follow us on Facebook for the most up-to-date information!

Evening Resource Room Hours

Westminster

4th Monday from 6-8pm

410-751-2917

Frederick

2nd and 4th Wednesday until

7pm.

301-662-4549

You MUST make an appointment!

Curbside services are also still available.

Just give us a call!



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WELCOME DEVYN MOORE!



It is such an honor to be a part of Child Care Choices Early Childhood Specialist Team! I am looking forward to working out in the community with local providers, students, and their families with the different services that we offer at Child Care Choices! I started my career in early childhood as a preschool teacher, eventually transitioning into an administrative position. I worked directly in a child

care center for six years. Throughout this time I earned my Associates Degree in Sociology from Frederick Community College, my Bachelors Degree in Social Work from Salisbury University and I am currently working towards my Masters in this field!

I have always enjoyed working with young children and I enjoy walking children through the problem solving process as it is such an important tool to have! I am looking forward to utilizing my social work knowledge ,in combination with my background in Early Childhood Education ,in my current position at Child Care Choices. I live in Washington County with my fiancé, our one year old daughter, and our pup Koda! In my free time I enjoy the outdoors, specifically the beach, and photography!-Devyn

Need to update your fees or vacancy information in LOCATE?

Promote your business through LOCATE: Child Care by making sure that your information is complete and accurate. Complete a questionnaire online at www.marylandfamilynetwork.org or Leave a message at 1-866-752-1614

CCC Office Hours

Child Care Choices locations in Frederick and Carroll are both open **by appointment only** at this time. Our staff is available to assist you, just call our office and we will schedule an appointment.

Phone coverage hours are listed below. You can also reach us through email and virtual Zoom meetings. If you are looking for a specific type of technical assistance, you can find out the correct staff member to contact on the next page or email us at childcarechoices@fcmha.org.

Frederick County: 301-662-4549

Monday through Thursday 8:30am-4:30pm

Evening hours until 7pm on the 2nd and 4th Wednesday of the month by appointment only

Carroll County: 410-751-2917

Monday through Thursday from 9:00am- 3:30pm

Evening hours available on the 4th Monday of the month from 6pm-8pm by appointment only

Child Care Choices Contacts

Child Care Choices staff are happy to assist with your questions. If your issue requires specialized attention, send the appropriate staff member an email.

Frederick County Office

(301) 662-4549 - Inclement Weather ext. 170

Patty Morison x111 pmorison@fcmha.org
Program Director

Sarah Martin x117 smartin@fcmha.org
Early Childhood Specialist
(PERKS, Head Start)

Stephanie Portillo x165 sportillo@fcmha.org
Early Childhood Specialist
(MD EXCELS, Accreditation, Environment)

Samantha Carter x327 scarter@fcmha.org
Training Coordinator

Devyn Moore x112 dmoore@fcmha.org
Early Childhood Specialist
(PERKS)

Carroll County Office

(410) 751-2917

Nancy Barry nbarry@fcmha.org
Carroll County Coordinator

Resource Center Closings

The Offices and Resource Rooms in both Frederick and Carroll Counties will be closed on the following days:

September 6 : Labor Day

November 25 and 26: Thanksgiving

December 24: Christmas Eve

December 31: New Year's Eve

Resource Phone Numbers

General

| | |
|---------------------------------|------------------------------|
| Child Care Choices in Frederick | 301-662-4549 |
| Child Care Choices Carroll | 410-751-2917 |
| MD Medical Assistance Program | 800-456-8900 |
| Project ACT | 301-695-9505 410-828-7700 |
| 2-1-1 Information and Referral | 2-1-1 |
| Poison Control | 800-222-1222 |

Carroll County

| | |
|--|--------------|
| MSDE Office of Child Care | 410-549-6489 |
| Child Protective Services | 410-386-3434 |
| Child Safety Seat Hotline | 410-876-4448 |
| Family Child Care Association Patti Jo Green, President | 410-848-6686 |
| Child Care Subsidy Program | 866-243-8796 |
| WIC | 410-876-4898 |
| Infants and Toddlers/Child Find | 410-876-4437 |

Frederick County

| | |
|---|--------------|
| MSDE Office of Child Care | 301-696-9766 |
| Child and Adult Care Food Program | 301-600-6263 |
| Child Protective Services | 301-600-2464 |
| Child Safety Seat Hotline | 301-600-7328 |
| Family Child Care Association Maria Vionet | 240-409-4687 |
| Northern Frederick County Early Childhood Educators Heather Fitzgerald, President | 301-748-8798 |
| Child Care Subsidy Program | 866-243-8796 |
| Infants and Toddlers | 301-600-1612 |
| Child Find | 301-644-5292 |
| WIC | 301-600-2507 |



Training Calendar

Workshop Registration Policies



New Webinars and Workshops

Active Bodies, Active Minds

Activities for the Culturally
Diverse Classroom

Customizing your Contract

But It's Mine! Redirecting
Toddlers

Imagine After School Spaces
that Work

Jumping into Social-
Emotional Development

Supporting Young English
Learners

Open-Ended Art for the
Preschool Child

Online registration is
now available!

Go to

www.childcarechoices.info

and register today.

- Pre-registration and pre-payment are required for all trainings. Returned check fee is \$20.
- Registration fees are non-refundable unless a class is cancelled by Child Care Choices. You must notify us **one business day in advance** in order to substitute another person, transfer to another workshop or receive credit towards future workshops. **After hours leave a message on extension 170.**
- A class **may be cancelled** if it does not have eight or more participants registered **one week prior** to the starting date.
- You must be present and active in the class for an **entire workshop** to receive a certificate for the credit hours. **Participants signing in or arriving late will not receive a certificate, credit, or refund.**
- Webinar participants **must use a computer or a tablet**, a phone is not acceptable.
- You **will not receive credit hours** if you have already taken a Child Care Choices training session of the same title or content with the same instructor.
- Workshops are **designed for adults**—children are not permitted during a webinar or in-person training. Please note if children are present, you may be asked to sign out/leave without a refund or credit.
- **Professional conduct and participation** are expected from all training participants.
- **Certificates will be sent at the conclusion of each workshop.** Training certificates will be mailed within five business days of the conclusion of the class (Monday-Thursday). All of our classes include an assessment component to allow participants to **earn** Core of Knowledge hours. Assessments must be turned in (via google form for webinars) to ensure that the attendee has met the class objectives and gained the knowledge necessary to receive a Core of Knowledge certificate. CCC will offer further assistance to participants who do not meet or exceed the outlined objectives.
- For **inclement weather cancellation** information or to leave a training related voice mail after hours, please call Child Care Choices at 301-662-4549 when the automated system answers, dial 170.

Call **301-662-4549** or **410-751-2917**
Monday through Thursday 8:30am-4:30pm

Online at www.childcarechoices.info

Registrations may be mailed to:
Child Care Choices, 226 S. Jefferson Street,
Frederick, MD 21701 or fax to 301-695-4826



Three Ways to
Register!

Child Care Choices training workshops provide MSDE Office of Child Care approved training credits for early education providers. Workshops are also open to parents, teachers, and others who share an interest in children's growth and development. MSDE Office of Child Care Approval Number CKO-156225, expires 01/01/2022.

NEW!

Supporting Young English Learners

The best time for a child to learn a new language is in the early years of life. While children learn language naturally, there are specific strategies that should be employed to help the child learn English in the preschool classroom. This session gives educators the skills needed to help support the young English language learners in their care.

1 CD/1 COMM/1 CUR

Fee: \$5.00

Clock Hours: 3 hours

Day/Time: Wed. Sept. 15, 6:00 PM-9:00 PM

Location: Child Care Choices Frederick

Instructor: Emily Tex

NEW!

Active Bodies, Active Minds

Early childhood professionals have a unique opportunity to identify and support children with active learning styles early in their education career. Learning styles are identified and participants will be able to identify the characteristics of a child with an active learning style, and learn strategies for incorporating teaching strategies for active learners in the daily routine and lesson plan.

2 CD/1 CURR

Fee: \$5.00

Clock Hours: 3 hours

Day/Time: Thurs. Sept. 16, 6:00 PM-9:00 PM

Location: Child Care Choices Carroll

Instructor: Aurora Sanchez

Introduction to the Pyramid Model

This training provides an introductory overview to those who have little to no knowledge of the Pyramid Model or SEFEL. The workshop will take participants through an introduction and focused look at each tier of the Pyramid Model. Participants will explore experiential activities that will help them think about and develop concrete ideas about the Pyramid Model, and the benefit to them as an early childhood caregiver/educator and to the children in their programs.

Fee: \$5.00

Clock Hours: 3 hours

Day/Time: Wed., Sept. 22, 6:00 PM-9:00 PM

Location: Child Care Choices Frederick

Instructor: Margie Powell

NEW!

But It's Mine! Redirecting Toddlers (Developing Social Emotional Competencies)

Caregivers intentionally teaching social emotional skills throughout the daily routines, produces many positive outcomes for children. This workshop will present a definition of social emotional skills and presents benefits of promoting social emotional skills. Participants will be introduced to teaching strategies and engage in a "teaching laboratory" to develop tools to use and an action plan for how they will use their tools and strategies.

1.5 CD/ 1.5 CURR

Fee: \$5.00

Clock Hours: 3 hours

Day/Time: Wed., Oct. 13, 6:00 PM-9:00 PM

Location: Child Care Choices Frederick

Instructor: Emily Tex

Masks are required in our resource rooms and training rooms!



Working with Mixed Age Groups

Working with a group of children who are different ages presents child care providers with unique challenges and opportunities. Learn strategies to overcome challenges, create daily schedules and meet the needs of each child.

2 CD/ 1 CURR

Fee: \$5.00

Clock Hours: 3 hours

Day/Time: Tues., Oct. 19, 6:00 PM-9:00 PM

Location: Child Care Choices Frederick

Instructor: Bunny Egerton

Need some help with your youngest children?

Call our Infant and Toddler Specialists! They can help you make the most of your environment and give you resources for developmentally appropriate activities!

Call Today:

Frederick: 301-662-4549

Carroll: 410-751-2917

NEW!

Activities for the Culturally Diverse Classroom

This training will teach participants important implications for early childhood education and how they should develop clear objectives/goals for their instruction in order to select the best activities for children from culturally diverse backgrounds. This training will also teach participants how they can embrace the philosophy of lifelong learning regarding different cultures in order to improve their ethos in the support for diversity.

1 CD/ 2 CURR

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Wed., Oct. 20, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Nicole Pierre

Maryland Child Care Resource Network Complaint Policy

Every member agency of the Maryland Child Care Resource Network strives to provide high quality service to the child care programs and families in their jurisdiction and throughout Maryland. It is our mission to ensure that every interaction with staff at the Child Care Resource Centers is positive and professional.

If you have concerns about an incident or some aspect of service at a Child Care Resource Center, please contact the director/manager directly. Contact information for these individuals [can be found here](#).

If you are not satisfied with the way your concern is handled by the director/manager at the Child Care Resource Center, please contact Maryland Family Network at 410-659-7701 or [email us](#).

As the Statewide Coordinating Entity of the Maryland Child Care Resource Network, MFN will investigate the complaint or concern regarding services and take appropriate action.

The Maryland Child Care Resource Network, a program of Maryland Family Network, is a public/private partnership designed to expand and improve child care delivery in Maryland. Maryland Family Network manages the Network and operates as its Statewide Coordinating Entity and receives funding from the Maryland State Department of Education.

Webinar

What's In Their Backpack: Impact of Trauma

This engaging workshop discusses the effects and impact that trauma can have on the brain. It not only affects children in the moment, but throughout life if gone untreated. By understanding the effects of trauma on the brain, we can gain insight into children's behavior.

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Tues., Nov. 9, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Emily Tex

Webinar

Scribbles Count! Emergent Writing

It is an important aspect of the early childhood environment that caregivers understand that from the moment children have grasped a finger or a rattle, they have taken the first step in becoming a writer. Caregivers can encourage the development of writing skills by providing opportunities in a variety of settings and experiences. In this training participants will learn how to define emergent writing in the early childhood setting; they will become familiar with the developmental stages of writing; and, will come to know how to create a developmentally appropriate print rich environment.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Wed., Dec. 1, 6:30 PM-8:30 PM
Location: Webinar
Instructor: Aurora Sanchez

Webinar

Character Development in Preschool

Find out who said, "Character is like a tree and reputation like its shadow." The shadow is what we think of it; the tree is the real thing. Explore effective practices and activities that help to develop positive character traits - honesty, empathy, citizenship - in preschool-aged children.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Thurs., Dec. 2, 6:30 PM-8:30 PM
Location: Webinar
Instructor: Sarah Martin and Samantha Carter



Find Us!

Webinar

How to Develop Critical Thinking Skills in Children

In this workshop, participants will learn about early brain development and why the most important time to develop critical thinking skills is in preschool. Participants will learn what early childhood educators and care providers need to do to help students flourish academically.

1.5 CD / 1.5 CURR

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Tues., Dec. 7, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Emily Tex

Webinar

Bottoms Up! Tummy Time Fun

Tummy time is easy to implement in any child care setting and is critically important to supporting healthy infant development and preventing a number of infant disorders. Knowing about the importance of tummy time and how it can be implemented throughout the day, teachers can incorporate prone positioning in their classrooms and conversations with parents which in turn will help with the growth and development of infants.

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Thurs., Dec. 9, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Michele Stottlemeyer

Community

Teaching Parents About School Readiness

This training will teach techniques to actively create meaningful family engagement in the school readiness process. The information will allow early care professionals to help families be more familiar with all areas of school readiness including self-help skills, gross motor skills, language and speech skills, thinking skills, as well as social/emotional skills.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Wed., Sept. 29, 6:30 PM-8:30 PM
Location: Child Care Choices Carroll
Instructor: Emily Tex

Social Studies All Around Me

During this training, providers will recognize that Social Studies concepts and activities are all around them for use in daily learning. Participants will learn how to teach civics, history, geography, and economics on the preschool and school age levels in a developmentally appropriate way.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Tues., Sept. 21, 6:30 PM-8:30 PM
Location: Child Care Choices Carroll
Instructor: Emily Tex

Professional Development Onsite Trainings Virtual or at Your Center!

Are you looking for an easier way to ensure your center staff are receiving their training hours?

Child Care Choices trainers are available to teach your staff professional development training days **virtually or at your location!**

Daytime, evening and certain holiday trainings are available for your convenience.

For more information please contact
Phone: 301.662.4549
Email: childcarechoices@fcmha.org

Get your professional development days on the books early!

Remember to stay home if you are ill or have any symptoms. Contact us at 301-662-4549 x170 so that we may transfer you to another class!
We want everyone to stay healthy!

Exploring the Great Outdoors in Autumn

The connections we make as children to the nature of the world around us impacts our ability to become attentive, self-confident, respectful, responsible people. Come explore how to incorporate the great outdoors into your program in a meaningful and fun way!

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Tues., Oct. 5, 6:00 PM-9:00 PM
Location: Child Care Choices Carroll
Instructor: Emily Tex

Infant and Toddler STEM

From birth children are inquisitive. You can nurture early science, technology, engineering and math (STEM) concepts and skills through daily routines and play and exploration activities that you provide for the babies and children in your program. By talking, reading, singing, playing, signing, or using other ways to communicate – whatever works best for your infants and toddlers – you can help them purposefully develop STEM skills.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Wed., Oct. 27, 6:30 PM-8:30 PM
Location: Child Care Choices Carroll
Instructor: Emily Tex

NEW!

Jumping into Social-Emotional Development

Children’s social and emotional health affects their overall development and learning. Participants will explore the importance of developing social-emotional skills in young children and how they can support those skills with simple materials. Participants will experience using the social-emotional materials and will create materials to utilize in their own program.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Thurs., Oct. 28, 6:30 PM-8:30 PM
Location: Child Care Choices Frederick
Instructor: Michele Stottlemeyer



Health and Safety Protocols for In-person Trainings

MHA follows CDC Guidelines. At the time of publication, masks are required in our buildings. Please pay attention to signage as guidelines change frequently.

Discover STEM

STEM focuses on student's engagement and skills from the earliest grades in science, math and technology to help foster interest for their later school years and careers. The ultimate goal is to grow the proficiency level of students in sciences and mathematics. This workshop introduces participants to STEM and its importance as well as relevance in early childhood programs.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Tues., Nov. 2, 6:30 PM-8:30 PM
Location: Child Care Choices Frederick
Instructor: Emily Tex

NEW!

Imagine After School Spaces that Work

In school-age settings, children develop a sense of belonging when they feel accepted and can establish and maintain relationships. The environment can play a major role in this development. This workshop will look at the impact the environment has on quality school-age care and fostering healthy relationships in children.

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Wed., Nov. 3, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Nicole Pierre

Online Self-Paced Trainings for Maryland Providers

Child Care Choices is proud to offer online options for providers in a relaxed, at your own pace, format. We provide affordable and practical courses in a variety of engaging topics. All classes meet requirements for Core of Knowledge training through the MSDE.

We have a large number of individual core of knowledge courses in all Core of Knowledge areas. We also offer bundle packages available including:

- 90 Hour Pre-service Training
 - 9-Hour Communication Course
 - Child Development Associate (CDA)
- Sign up at www.childcarechoices.info and go to our Professional Development page.

Call us at 301-662-4549, if you have any questions!

Curriculum

Webinar

Chatting with Children: Interactions that Go Places

Chatting with children is a very basic way to share information as children go about their play. Sitting and talking about what is going on both teacher and child can learn. A teacher can make observations that lead to lesson planning; and the child can gain new vocabulary, synthesize information, and talk about their project which gives them new insight and leads to knowledge building.

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Tues., Nov. 16, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Aurora Sanchez

NEW!

Open-Ended Art for the Preschool Child

Art engages children's hands, minds, emotions and helps develop valuable cognitive, socio-emotional and multisensory skills. This course is designed for teachers to learn to identify the many developmental skills children can master through open-ended art activities, and how self-directed art fosters brain development, creativity and self-esteem- inclusive for all early art learners

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Tues., Nov. 30, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Emily Tex

Health, Safety, Nutrition

Basic Health and Safety with Breastfeeding in Child Care

This workshop provides an overview of basic health and safety topics including the prevention and control of infectious diseases, SIDS, shaken baby syndrome and others. **This workshop will satisfy the COMAR required training per federal CCDBG/CCDF guidelines as indicated by MSDE**

Fee: \$30.00 **Clock Hours:** 3 hours
Day/Time: Wed., Sept. 29, 6:00 PM-9:00 PM
Location: Child Care Choices Frederick
Instructor: Bunny Egerton

Health, Safety, Nutrition

Webinar

SIDS, SUID and Other Sleep-Related Infant Deaths

As infant and toddler caregivers, it is important to understand SIDS and sleep-related deaths, including the many strategies which can be implemented to reduce the risk of sleep-related death. Participants will review what is SIDS and sleep-related death, review recent research and statistics, gain greater understanding of the role child care plays in keeping infants safe, and the recommendations and strategies for keeping children safe.

Fee: \$20.00 **Clock Hours:** 2 hours
Day/Time: Wed., Oct. 6, 6:30PM-8:30 PM
Location: Webinar
Instructor: Aurora Sanchez

Emergency and Disaster Preparedness

This six hour workshop meets the OCC requirements for Emergency Preparedness training. Participants will complete an approved emergency preparedness plan in the workshop. **Please bring a bag lunch.** (30 minute break for lunch)

Fee: \$45.00 **Clock Hours:** 6 hours
Day/Time: Sat., Oct. 9, 9:00 AM-3:30 PM
Location: Child Care Choices Frederick
Instructor: Michele Stottlemeyer

Participants in the 6-hour Medication Administration workshop **must pass** a five question math and five question reading test that will be given at the beginning of the workshop.

Participants must also pass a 20 question test at the end of the workshop to receive their certificate.

Please contact us if you have questions!

Medication Administration

This MSDE OCC approved workshop teaches child care providers to safely administer medications, properly store them and accurately complete record keeping. **Please bring a bag lunch.**

Fee: \$60.00 **Clock Hours:** 6 hours
Day/Time: Sat., Oct. 30, 9:00 AM-4:00 PM
Location: Child Care Choices in Frederick
Instructor: Health Link, LLC

Basic Health and Safety with Breastfeeding in Child Care

This workshop provides an overview of basic health and safety topics including the prevention and control of infectious diseases, SIDS, shaken baby syndrome and others. **This workshop will satisfy the COMAR required training per federal CCDBG/CCDF guidelines as indicated by MSDE**

Fee: \$30.00 **Clock Hours:** 3 hours
Day/Time: Thurs., Nov. 4, 6:00 PM-9:00 PM
Location: Child Care Choices Carroll
Instructor: Bunny Egerton

Medication Administration

See Previous Description

Fee: \$60.00 **Clock Hours:** 6 hours
Day/Time: Sat., Dec. 4, 9:00 AM-4:00 PM
Location: Child Care Choices in Carroll
Instructor: Health Link, LLC

Inclement Weather Policy

For inclement weather cancellation information, call Child Care Choices at 301-662-4549.
If voice mail answers, dial extension 170.

Webinar → SIDS, SUID and Other Sleep-Related Infant Deaths

See Previous Description

Fee: \$20.00 **Clock Hours:** 2 hours
Day/Time: Wed., Dec. 8, 6:30PM-8:30 PM
Location: Webinar
Instructor: Aurora Sanchez

Professional Development Assistance Needed?

Help is available by [phone](#), [email](#) or [virtual Zoom meeting](#) with Child Care Choices staff to help you with your professional development needs such as training, quality initiatives and more.

For more information:

Frederick - 301-662-4549 / Carroll - 410-751-2917
email childcarechoices@fcmha.org

Webinar →

Achieving Quality Standards in Early Education

All caregivers have the opportunity to contribute and commit to a common goal that all children should experience the best care and learning experiences. Childcare providers working towards high quality care and learning through their professional development guarantees young children and their families will have the best experiences. This workshop introduces various professional development programs that can help childcare providers achieve high quality.

Fee: \$5.00 **Clock Hours:** 2 hours
Day/Time: Tues., Oct. 12, 6:00 PM-8:00 PM
Location: Webinar
Instructor: Christie Berkey

NEW!

Customizing Your Contract

The workshop session provides discussion and activities that help participants reflect on contract evaluation, updating and revisions. The key idea for participants to take away is that customizing their program contracts can be an easy process that will best reflect their programs' goals and objectives, while also meeting the needs of the families they serve.

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Thurs., Oct. 14, 6:00 PM-9:00 PM
Location: Child Care Choices Carroll
Instructor: Nicole Pierre

Webinar →

Center Aide Orientation

This workshop satisfies the regulatory requirement for child care center aides. Participants will review professionalism, the basis of supervisions, and interacting with families.

Fee: \$5.00 **Clock Hours:** 3 hours
Day/Time: Tues., Oct. 26, 6:00 PM-9:00 PM
Location: Webinar
Instructor: Nicole Pierre



Find Us!

Including All Children and the Americans with Disabilities Act (ADA)

Workshop will cover information, strategies and resources on how to develop and implement an early childhood environment that is inclusive to all children and their families. The fundamental principles of the Americans with Disabilities Act will be covered using best practices standards to create policies and procedures that reflect the ADA and strategies for inclusion. This will meet the licensing requirement for the Including All Children and the ADA Training.

Fee: \$30.00 **Clock Hours:** 3 hours
Day/Time: Thurs., Sept. 30, 6:00 PM-9:00 PM
Location: Child Care Choices Frederick
Instructor: Michele Stottlemeyer

Including All Children and the Americans with Disabilities Act (ADA)

See previous description.

Fee: \$30.00 **Clock Hours:** 3 hours
Day/Time: Thurs., Nov. 18, 6:00 PM-9:00 PM
Location: Child Care Choices Carroll
Instructor: Bunny Egerton

Partnerships for Emotionally Resilient Kids (PERKS)

Child Care Choices can also support you with the social and emotional needs of children in your program. PERKS staff are available to help you if you are struggling with children in your program who have some challenging behaviors.

Give us a call today!

Frederick County: 301-662-4549

Carroll County: 410-751-2917

EMS Safety Infant/Child/Adult CPR Certification

This program includes Adult, Infant, Child CPR, and choking procedures. This course satisfies all state requirements and course completion cards will be emailed within 48 hours.

Fee: \$50.00
Day/Time: Sat., Sept. 11, 9:00 AM-12:00 PM
Location: Child Care Choices in Frederick
Instructor: Crystal Burnett

EMS Safety Basic First Aid

This course is appropriate for all child care providers who need to learn or review basic first aid. Course completion cards will be emailed within 48 hours and satisfy all child care requirements.

Fee: \$50.00
Day/Time: Sat., Sept. 11, 12:30 PM-3:30 PM
Location: Child Care Choices in Frederick
Instructor: Crystal Burnett

PLEASE NOTE

CPR will be held first on these Saturdays, with First Aid beginning after lunch. This is a change from previous calendars!

EMS Safety Infant/Child/Adult CPR Certification

See Previous Description.

Fee: \$50.00
Day/Time: Sat., Nov. 6, 9:00 AM-12:00 PM
Location: Child Care Choices in Carroll
Instructor: Crystal Burnett

EMS Safety Basic First Aid

See Previous Description.

Fee: \$50.00
Day/Time: Sat., Nov. 6, 12:30 PM-3:30 PM
Location: Child Care Choices in Carroll
Instructor: Crystal Burnett

Workshop Index

| Date | Title | Time | Location | Pg# |
|------------------|--|----------|----------|-----|
| Sat., Sept. 11 | EMS Safety Infant/Child/Adult CPR Certification | 9:00 am | CCC FR | 11 |
| Sat., Sept. 11 | EMS Safety Basic First Aid | 12:30 pm | CCC FR | 11 |
| Wed., Sept 15 | Supporting Young English Learners | 6:00 pm | CCC FR | 5 |
| Thurs., Sept. 16 | Active Bodies, Active Minds | 6:00 pm | CCC CA | 5 |
| Tues., Sept. 21 | Social Studies All Around Me | 6:30 pm | CCC CA | 7 |
| Wed., Sept. 22 | Introduction to the Pyramid Model | 6:00 pm | CCC FR | 5 |
| Wed., Sept. 29 | Teaching Parents About School Readiness | 6:30 pm | CCC CA | 7 |
| Wed., Sept. 29 | Basic Health and Safety with Breastfeeding in Child Care | 6:00 pm | CCC FR | 9 |
| Thurs., Sept. 30 | Including All Children and the Americans with Disabilities Act (ADA) | 6:00 pm | CCC FR | 11 |
| Tues., October 5 | Exploring the Great Outdoors in Autumn | 6:00 pm | CCC CA | 8 |
| Wed., October 6 | SIDS, SUID and Other Sleep-Related Infant Deaths | 6:30 pm | Webinar | 9 |
| Sat., October 9 | Emergency and Disaster Preparedness | 9:00 am | CCC FR | 9 |
| Tues., Oct. 12 | Achieving Quality Standards in Early Education | 6:00 pm | Webinar | 10 |
| Wed., Oct. 13 | But It's Mine! Redirecting Toddlers | 6:00 pm | CCC FR | 5 |
| Thurs., Oct. 14 | Customizing Your Contract | 6:00 pm | CCC CA | 10 |
| Tues., Oct. 19 | Working with Mixed Age Groups | 6:00 pm | CCC FR | 5 |
| Wed. Oct. 20 | Activities for the Culturally Diverse Classroom | 6:00 pm | Webinar | 6 |
| Tues. Oct. 26 | Center Aide Orientation | 6:00 pm | Webinar | 10 |
| Wed., Oct. 27 | Infant Toddler STEM | 6:30 pm | CCC CA | 8 |
| Thurs., Oct. 28 | Jumping into Social-Emotional Development | 6:30 pm | CCC FR | 8 |
| Sat., Oct. 30 | Medication Administration | 9:00 am | CCC FR | 9 |
| Tues., Nov. 2 | Discover STEM | 6:30 pm | CCC FR | 8 |
| Wed. Nov. 3 | Imagine After School Spaces that Work | 6:00 pm | Webinar | 8 |
| Thurs., Nov. 4 | Basic Health and Safety with Breastfeeding in Child Care | 6:00 pm | CCC CA | 10 |
| Sat., Nov. 6 | EMS Safety Infant/Child/Adult CPR Certification | 9:00 am | CCC CA | 11 |
| Sat., Nov. 6 | EMS Safety Basic First Aid | 12:30 pm | CCC CA | 11 |
| Tues., Nov. 9 | What's in Their Backpack: Impact of Trauma | 6:00 pm | Webinar | 6 |
| Tues., Nov. 16 | Chatting with Children: Interactions that Go Places | 6:00 pm | Webinar | 9 |

LOCATION KEY: CCC FR – Child Care Choices in Frederick
 226 South Jefferson St., Frederick
 Please enter through the George L. Shields
 Community Services Wing

CCC CA – Child Care Choices in Carroll
 255 Clifton Blvd., Suite 319, Westminster

Webinar – Computer with webcam, microphone and speakers as well as email access
 required

Workshop Index

| Date | Title | Time | Location | Pg# |
|-----------------|--|---------|----------|-----|
| Thurs., Nov. 18 | Including All Children and the Americans with Disabilities Act (ADA) | 6:00 pm | CCC CA | 11 |
| Tues., Nov. 30 | Open-Ended Art for the Preschool Child | 6:00 pm | Webinar | 9 |
| Wed., Dec. 1 | Scribbles Count! Emergent Writing | 6:30 pm | Webinar | 6 |
| Thurs., Dec. 2 | Character Development in Preschool | 6:30 pm | Webinar | 6 |
| Sat., Dec. 4 | Medication Administration | 9:00 am | CCC CA | 10 |
| Tues., Dec. 7 | How to Develop Critical Thinking Skills in Children | 6:00 pm | Webinar | 7 |
| Wed., Dec. 8 | SIDS, SUID and Other Sleep-Related Infant Deaths | 6:30 pm | Webinar | 10 |
| Thurs., Dec. 9 | Bottoms Up! Tummy Time Fun | 6:00 pm | Webinar | 7 |

LOCATE: Child Care Complaint Policy

Through the LOCATE service, parents share feedback with the LOCATE staff on the programs in the files: licensed child care centers, registered family child care providers and accredited preschools and camps. While this feedback is at times positive, it sometimes concerns complaints parents have about child caregivers. Of course, LOCATE and the Maryland Child Care Resource Network want to use this information in a way that is fair to providers and parents, while protecting children, as well.

Therefore, the LOCATE Complaint Policy was developed and has been in effect since its approval by the Maryland Committee for Children Board in November, 1983. According to this policy, all complaints made to LOCATE about child care providers/facilities are recorded. The type of complaint is then determined:

- Less Serious Complaint - No Violation: complaints which do not involve violations of child care regulations; complaints about situations which do not pose a threat to the safety, health or welfare of a child.
- Less Serious Complaint Involving Violation: complaints of any violation of Office of Child Care (OCC), Maryland State Department of Education (MSDE) regulations, and/or the Health Department which do not pose a threat to the health, safety or welfare of a child.
- Serious Complaint: any threat to the immediate health, safety, or welfare of a child.

When a parent calls LOCATE with a complaint, the referral specialist advises him/her to register the complaint directly with the appropriate regulatory agency and/or Protective Services. Names and telephone numbers of the person with whom the parent should speak are provided.

When a Serious Complaint is received concerning one of the providers of facilities in the LOCATE system, no referrals are made by the referral specialists to that provider/facility. The LOCATE Director also communicates with the appropriate regulatory agency personnel about the complaint, and maintains the "hold" on the provider/facility until the agency's disposition of the complaint is known. Should the investigation result in no action, the "hold" status is removed from that provider's/facility's records. Should the license or registration be revoked, the record is removed from the LOCATE files. Providers are advised of LOCATE's actions in writing.

A provider may appeal the LOCATE Director's decision to cease referrals. Appeals are first addressed to the LOCATE Advisory Committee. Final appeals may be made to the board of the Maryland Family Network. It is the position of LOCATE and MFN that the Complaint Policy is both fair and workable. Safeguards and due process are afforded to the care givers in the files, and parents' and children's rights to safety are addressed, as well. Any questions on this policy should be addressed to FloJean Speck, LOCATE: Child Care at Maryland Family Network, 410-659-7701 x259 or fspeck@marylandfamilynetwork.org.

Child Care Choices Offers Tools for Success

Child Care Choices is a program providing comprehensive solutions for new and existing early childhood professionals provided at low or no cost. Resources include an extensive lending library, laminator, die cutter, and our caring staff. Support services including coaching and technical assistance are provided **free of charge**.

Program Support

- Achieve accreditation including MSDE, NAEYC, NECPA and NAFCC
- Participate in state initiatives including Maryland EXCELS and the Child Care Credential
- Implement new teaching strategies
- Develop or improve your curriculum, daily schedules and transitions

Professional Development

- Gain knowledge through online and in person training opportunities including classes customized to your unique needs offered at our site or yours
- Identify local, state and federal resources to save on education costs
- Map out plans to meet long-term professional goals including higher education

Business Solutions

- Learn how to open a child care program and effectively recruit, retain and coach staff
- Identify measures to help maintain licensing compliance
- Create program related contracts, policies and handbooks
- Develop cost effective marketing strategies



Child Care Choices

226 S. Jefferson St
Frederick, MD 21701
Phone: 301-662-4549

255 Clifton Blvd. Suite 319
Westminster, MD 21157
Phone: 410-751-2917

www.childcarechoices.info

childcarechoices@fcmha.org



MARYLAND
FAMILY
NETWORK
*Leading Maryland's
Child Care Resource Centers*



MARYLAND CHILD CARE
RESOURCE NETWORK

Child Care Choices is a member of the Maryland Child Care Resource Network with funding from the Maryland State Department of Education through Maryland Family Network.

CHILD CARE CHOICES WORKSHOP REGISTRATION FORM

226 S. Jefferson Street • Frederick, MD 21701 301-662-4549 • 410-751-2917

Participant's Name: _____
(Please Print)

I am a:
 Center/ Preschool Director Center/ Preschool Staff Center Name _____
 Family Child Care Provider Potential Family Provider Other _____

Home Address _____

City _____ State _____ Zip Code _____ County _____

Work/ Program Address _____
(if different from above)

Home/ Evening Phone _____ Work/ Daytime Phone _____
Alternate/ Cell Phone _____ Email Address _____

WORKSHOP POLICIES

CCC's Registration Policies are outlined on page 4. By signing below, you are acknowledging that you have read and agree to abide by all of our registration policies.

Signature _____ Date _____

| Workshop Title | Date(s) | Fee |
|----------------|---------|-----|
| | | |
| | | |
| | | |
| | | |
| TOTAL | | |

WORKSHOP REGISTRATION PROCEDURES

Complete the enclosed registration form and return with a check, money order, or credit card information to:



Child Care Choices
226 South Jefferson Street
Frederick, MD 21701

Make checks payable to Child Care Choices/MHA.
Returned check fee is \$20; fees must then be repaid with cash, money order, or credit card.
With a credit card you can register by phone at: 301-662-4549 or 410-751-2917; by fax 301-695-4826; or online at www.childcarechoices.info.

PAYMENT INFORMATION

Payment By: Check/Money Order (enclosed): _____ (Make checks payable to Child Care Choices/MHA)
 Credit Card (Visa or Master Card ONLY) _____ - _____ - _____ - _____ Exp. Date: ____/____/____
Card Identification Number _____ (Last 3 digits on back of card)
Payer Name _____
Billing Address (if different from above) _____
Signature _____
(Credit Card statements will indicate **Frederick County Mental Health** as the merchant.)



Child Care Choices
 226 S. Jefferson St.
 Frederick, MD 21701



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**MARYLAND
 FAMILY
 NETWORK**
*Leading Maryland's
 Child Care Resource Centers*



**MARYLAND CHILD CARE
 RESOURCE NETWORK**

Frederick Office

226 S. Jefferson Street, Frederick, MD 21701 Phone: 301-662-4549
 TDD: 301-695-7225 Fax: 301-695-4826

Carroll Office

255 Clifton Blvd., Suite 319, Westminster, MD 21157 Phone: 410-751-2917 Fax: 410-751-6094
childcarechoices@fcmha.org
www.childcarechoices.info

“Child Care Choices is committed to promoting quality early care and education experiences for our children by providing a supporting link between parents, providers and the community.”

The Child Care Primer is a publication of Child Care Choices, a program of the Mental Health Association of Frederick County. Child Care Choices is a member of the Maryland Child Care Resource Network with funding from the Maryland State Department of Education through Maryland Family Network.